# FAST 2025 FOOD ALLERGY TREATMENT SURVEY

Friday, May 02, 2025

#### 144

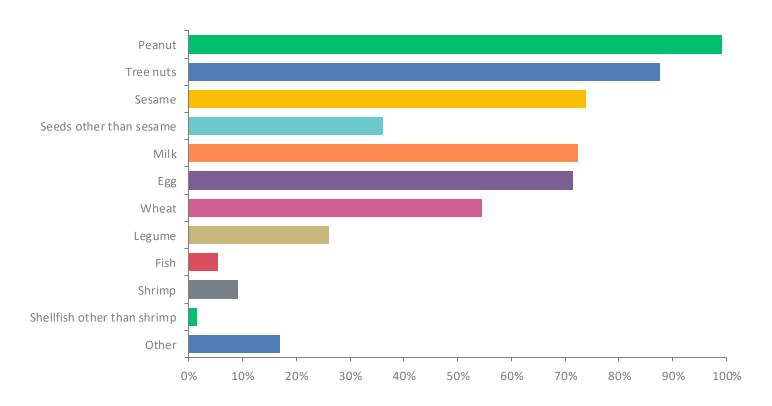
Total Responses

Date Created: Sunday, February 16, 2025

Complete Responses: 144

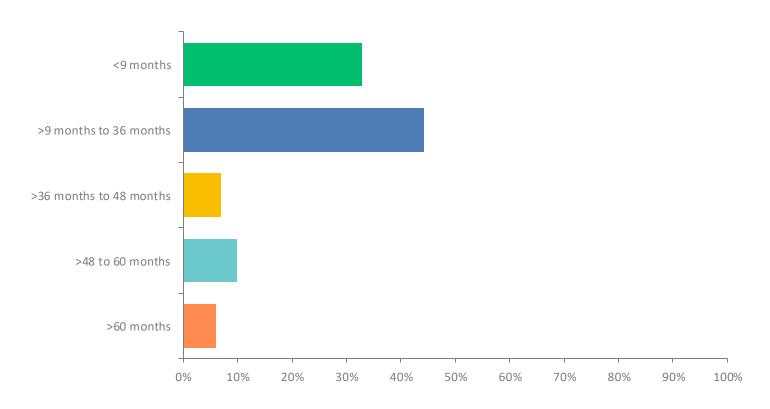
#### List all of the food allergens that you have used for OIT.

Answered: 130 Skipped: 14



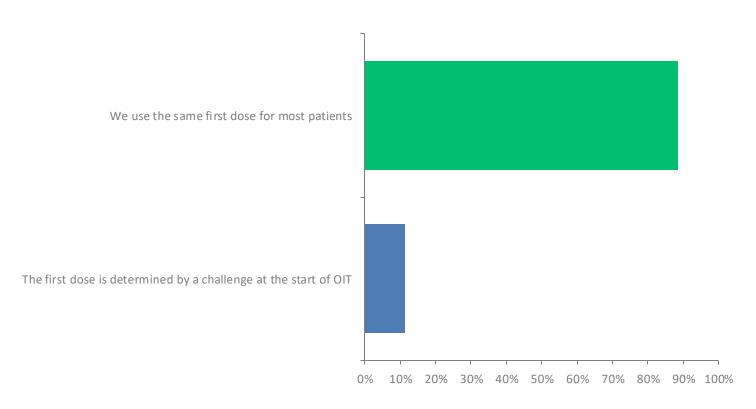
#### OIT Starting age - the youngest age that you routinely accept for OIT.

Answered: 131 Skipped: 13



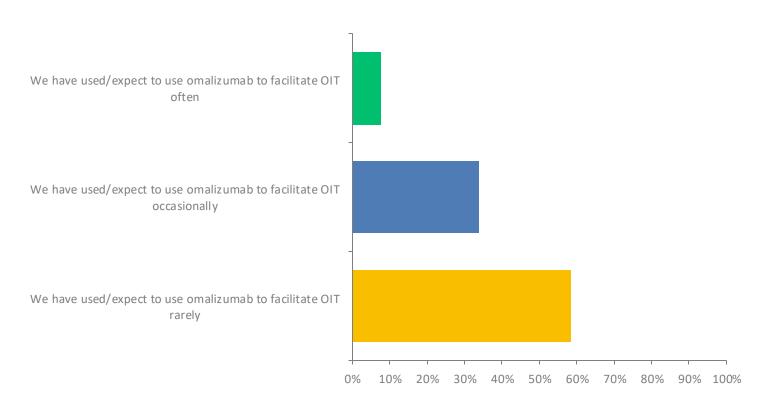
#### **OIT** starting dose

Answered: 131 Skipped: 13



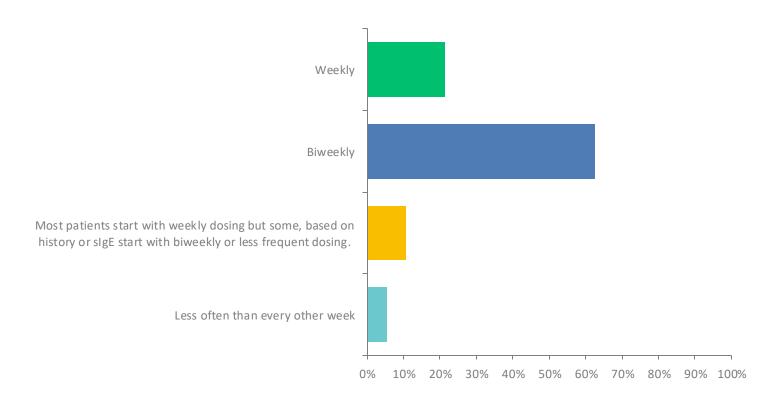
#### **Omalizumab facilitated OIT**

Answered: 130 Skipped: 14



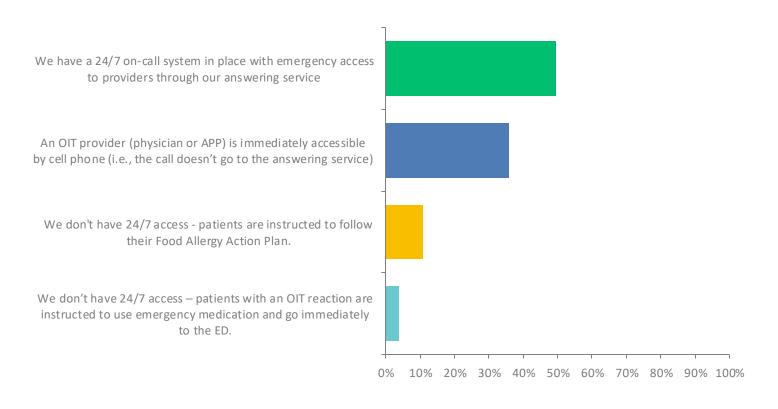
#### Dose escalation frequency (the frequency used most commonly)

Answered: 131 Skipped: 13



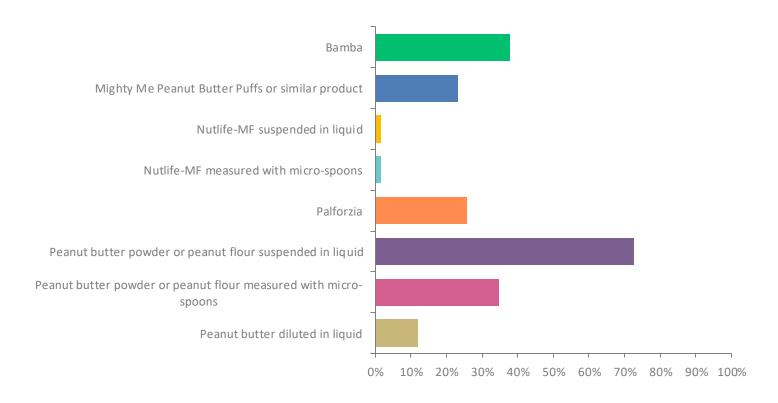
# How are patients with OIT reactions that are more than mild instructed to proceed outside of office hours?

Answered: 131 Skipped: 13



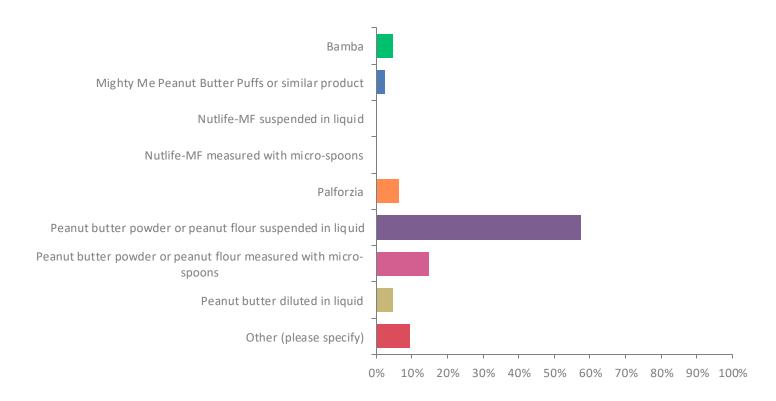
# What foods have you used or plan to use in the next 6 months to start peanut OIT dose escalation?

Answered: 124 Skipped: 20



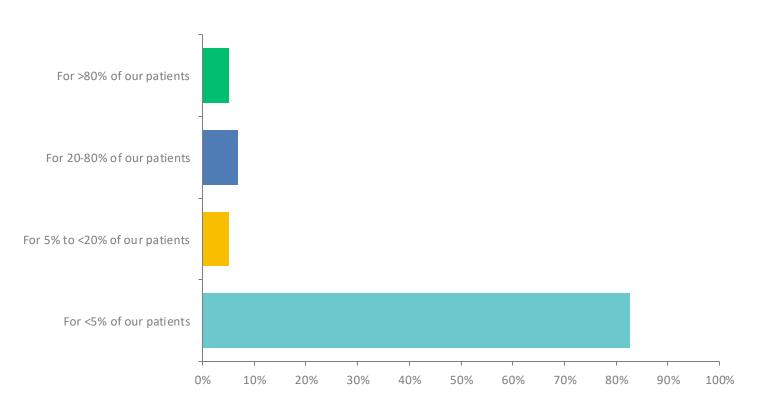
#### Which food do you use most often for starting peanut OIT dose escalation?

Answered: 127 Skipped: 17



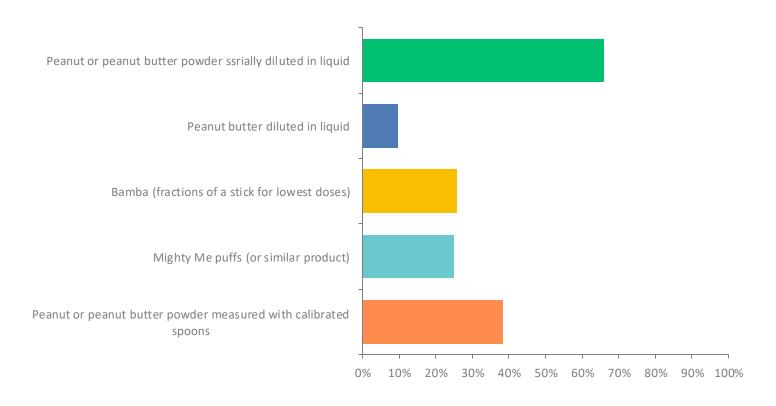
#### We start with Palforzia

Answered: 116 Skipped: 28



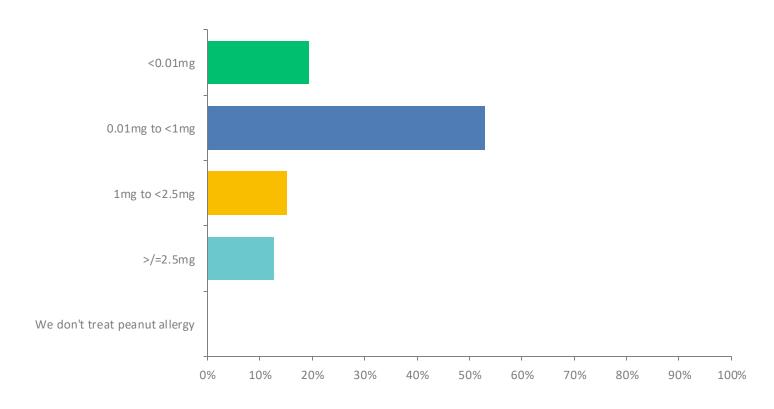
#### Foods used (or plan to use within the next 6 months) to start peanut OIT

Answered: 112 Skipped: 32



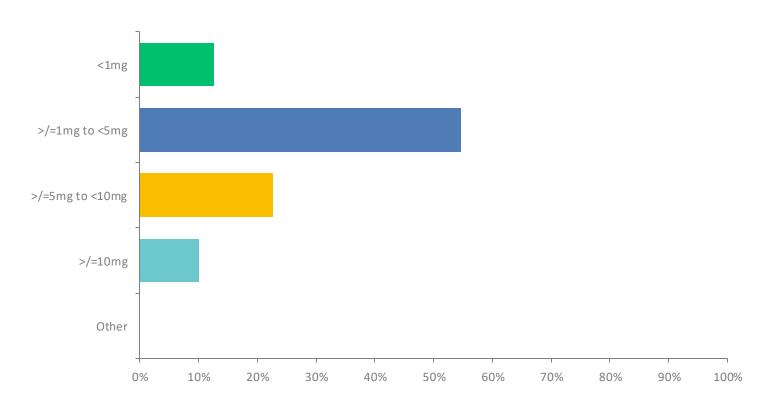
## **Day One Peanut Starting Dose**

Answered: 119 Skipped: 25



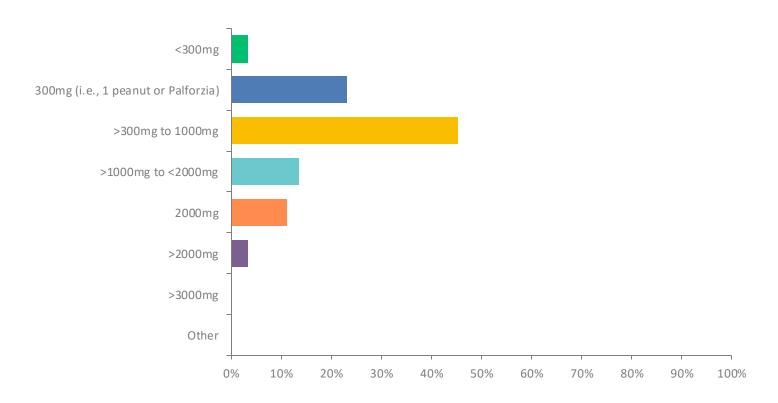
#### Day One Peanut Planned Final Dose in mg of protein

Answered: 119 Skipped: 25



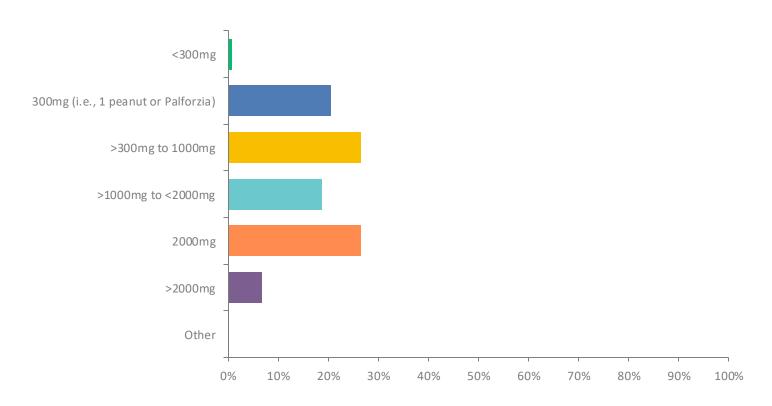
#### Maintenance Dose for Peanut for patients <4 years of age

Answered: 117 Skipped: 27



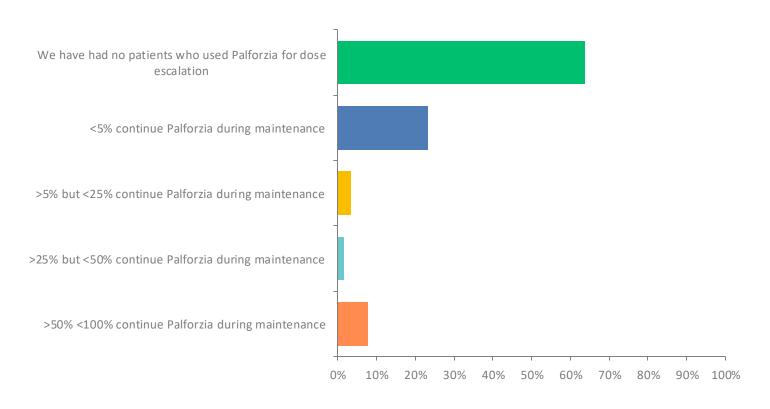
#### Maintenance Dose for Peanut for patients >4 years of age

Answered: 117 Skipped: 27



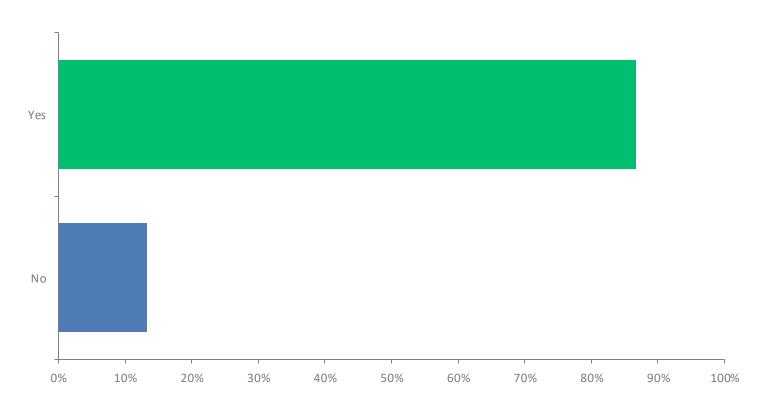
# Maintenance Palforzia use who have used Palforzia for dose escalation in our practice, in another practice who we have inherited, or who have exited a clinical trial

Answered: 116 Skipped: 28



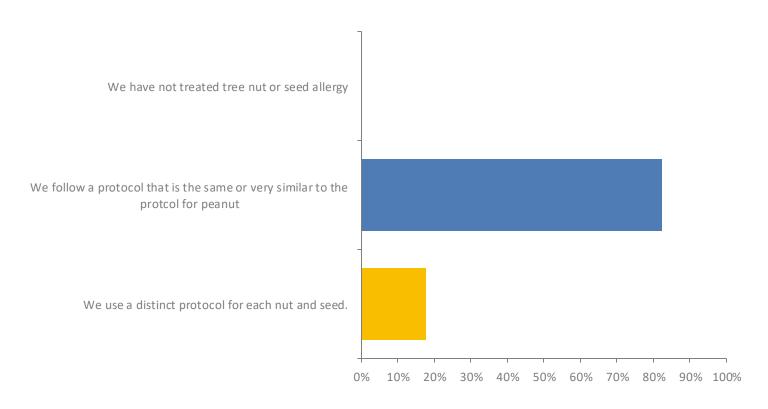
# We treat tree nut or seed allergy with OIT

Answered: 120 Skipped: 24



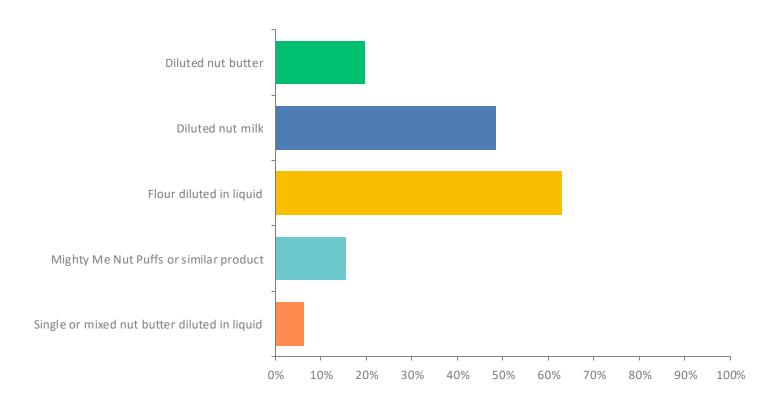
#### Tree nut and seed procedures

Answered: 113 Skipped: 31



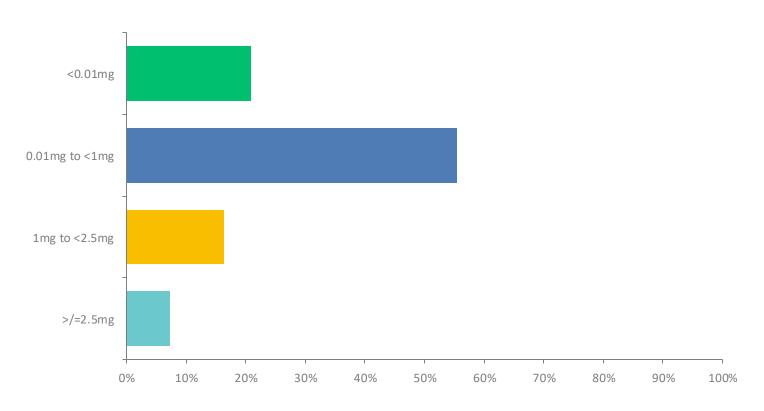
#### Foods used for starting tree nut/seed OIT escalation

Answered: 97 Skipped: 47



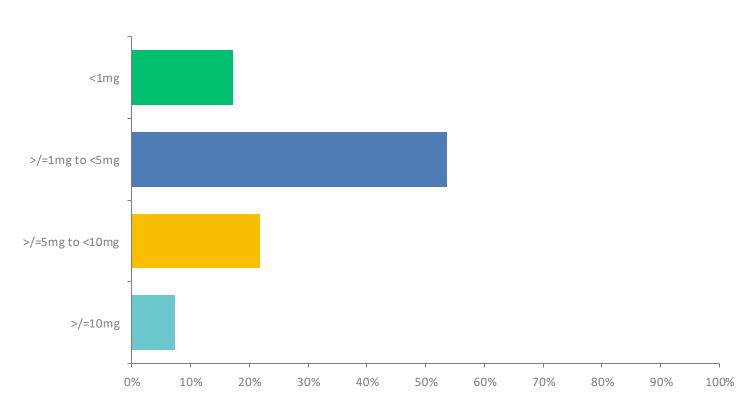
#### Day One Tree nut/Seed Starting Dose in mg of nut protein

Answered: 110 Skipped: 34



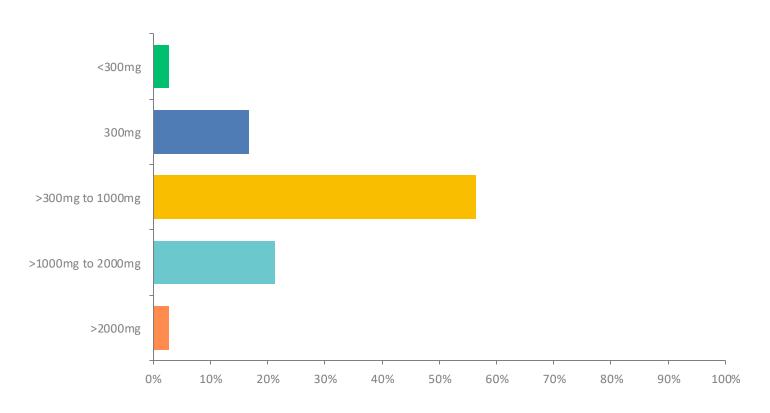
#### Day One Tree nut/Seed final dose in mg of protein

Answered: 110 Skipped: 34



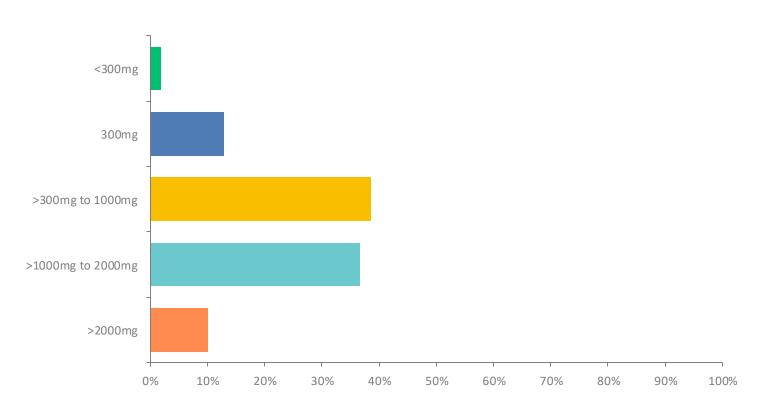
#### Maintenance Dose for Tree nuts/Seeds (mg of protein) for patients <4 years of age

Answered: 108 Skipped: 36



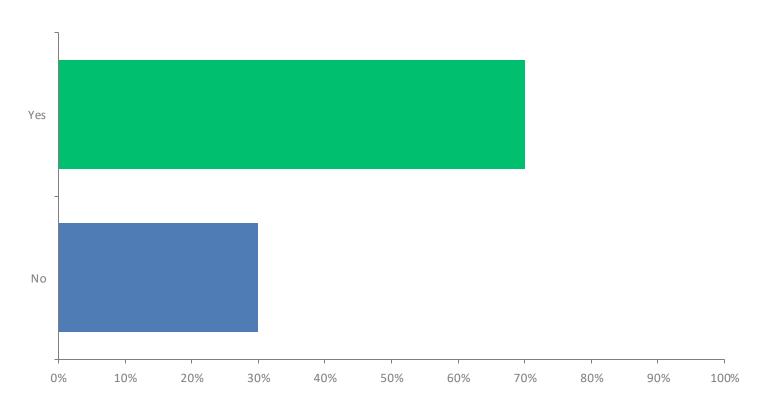
#### Maintenance Dose for Tree nuts/Seeds (mg of protein) for patients >4 years of age

Answered: 109 Skipped: 35



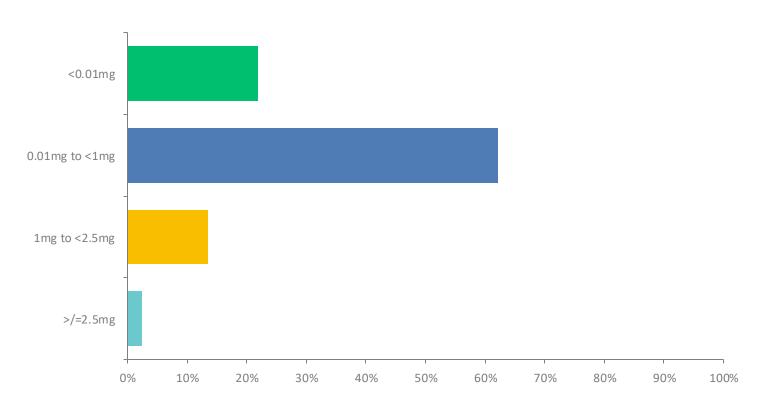
# We have treated milk allergy with OIT

Answered: 120 Skipped: 24



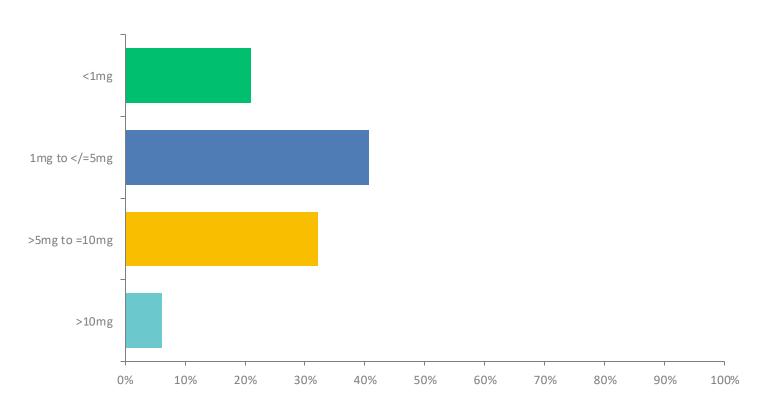
## Day One MIlk Starting Dose in mg of protein

Answered: 82 Skipped: 62



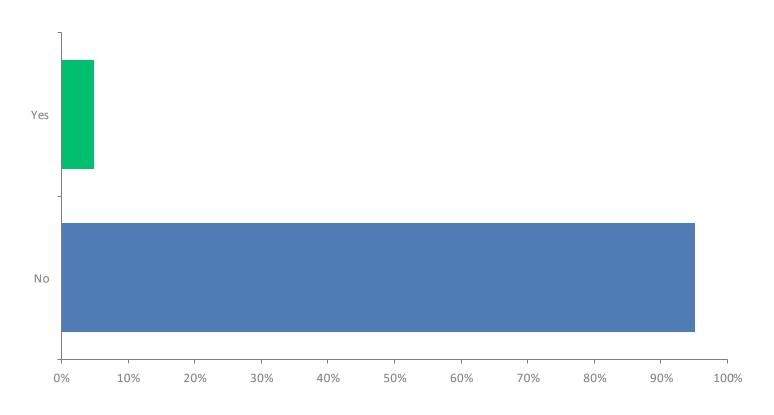
## Day One Milk Final Dose in mg of protein

Answered: 81 Skipped: 63



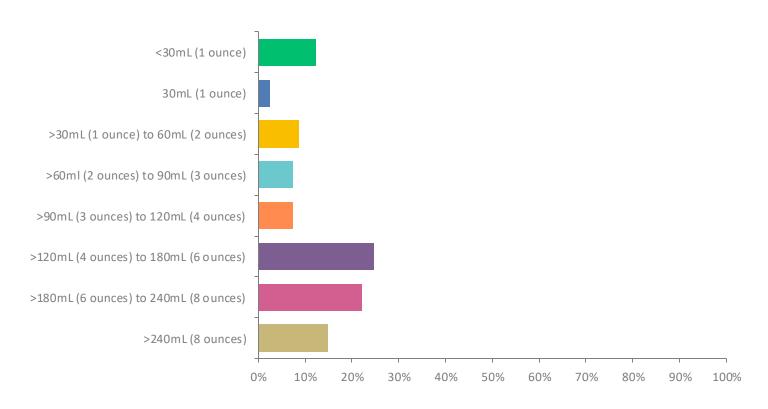
# Do you commonly permit baked milk, partially cooked milk, or partially degraded milk (yogurt or cheese) to be used for milk updosing?

Answered: 82 Skipped: 62



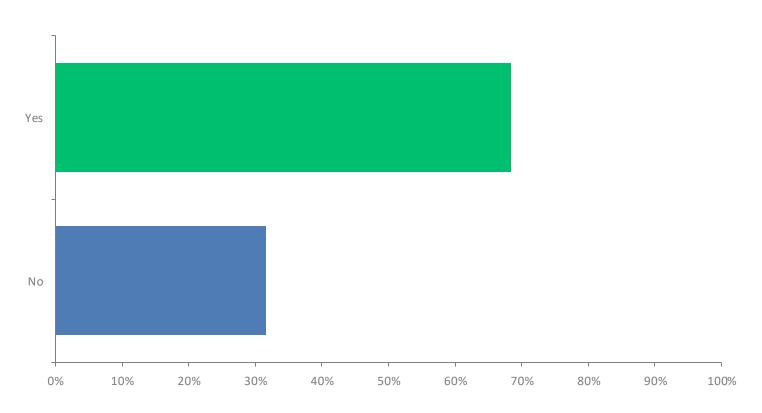
#### Maintenance Dose for Milk (mL of milk) for patients >4 years of age

Answered: 81 Skipped: 63



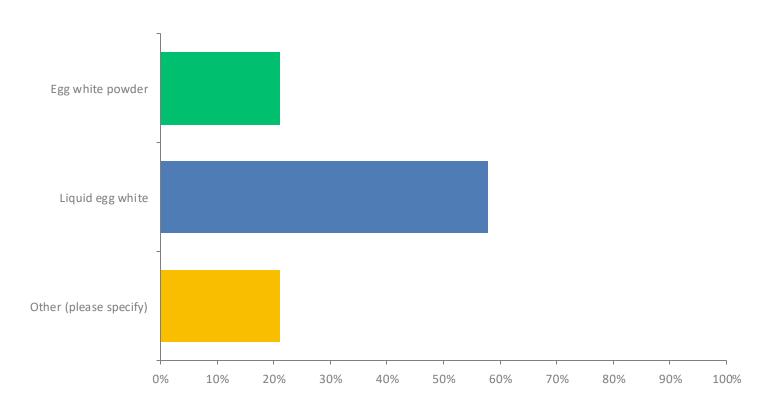
## We have treated egg allergy with OIT

Answered: 117 Skipped: 27



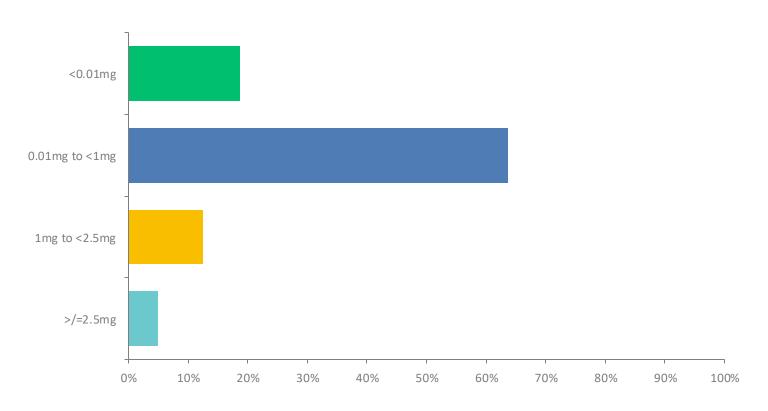
## Food form used most often for egg OIT

Answered: 95 Skipped: 49



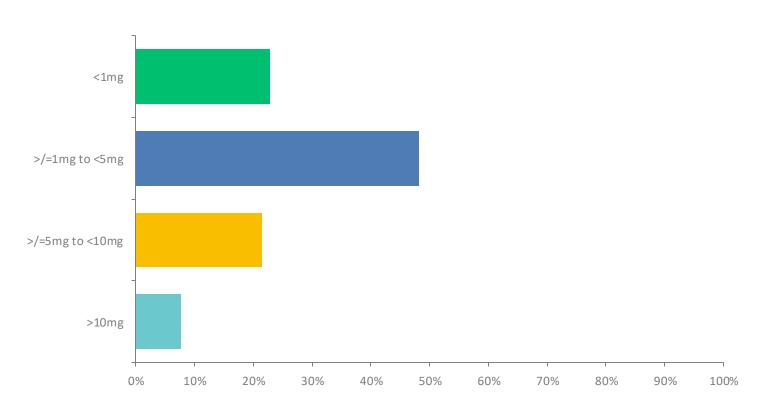
## Day One Egg Starting Dose in mg of protein

Answered: 80 Skipped: 64



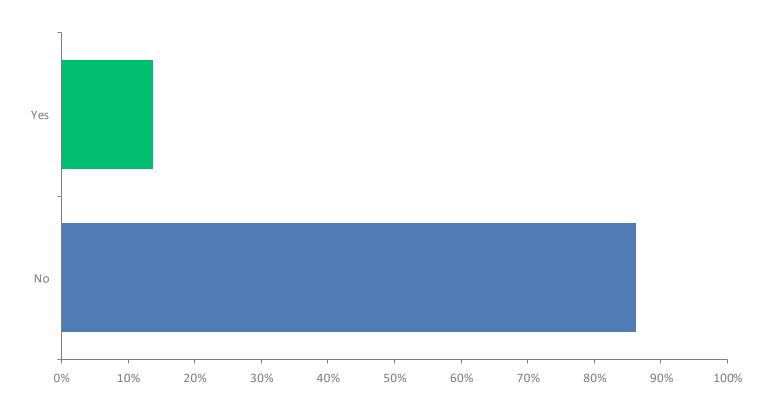
## Day One Egg Final Dose in mg of protein

Answered: 79 Skipped: 65



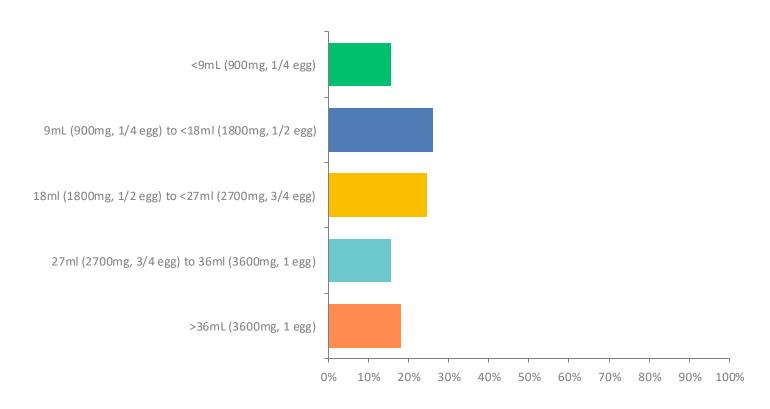
#### Do you commonly permit baked or partially cooked egg to be used for updosing?

Answered: 80 Skipped: 64



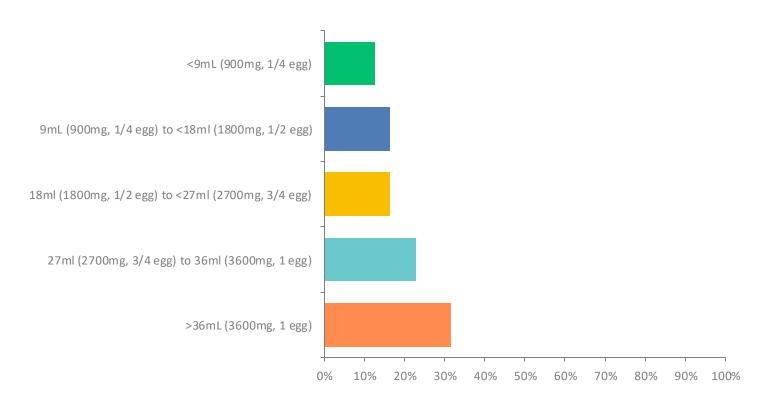
#### Maintenance Dose for Egg for patients <4 years of age

Answered: 77 Skipped: 67



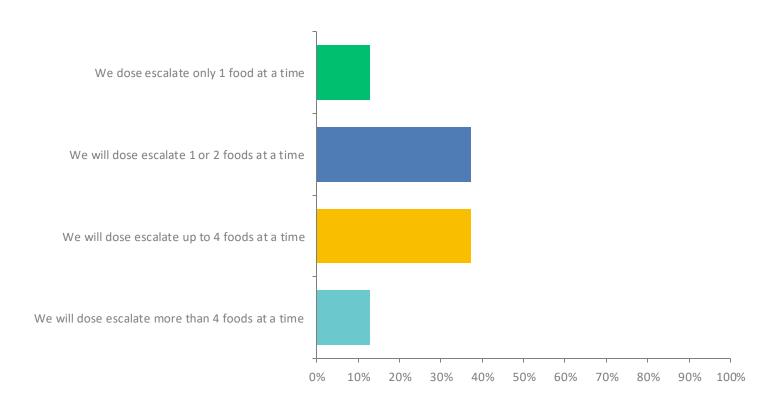
#### Maintenance Dose for Egg for patients >4 years of age

Answered: 79 Skipped: 65



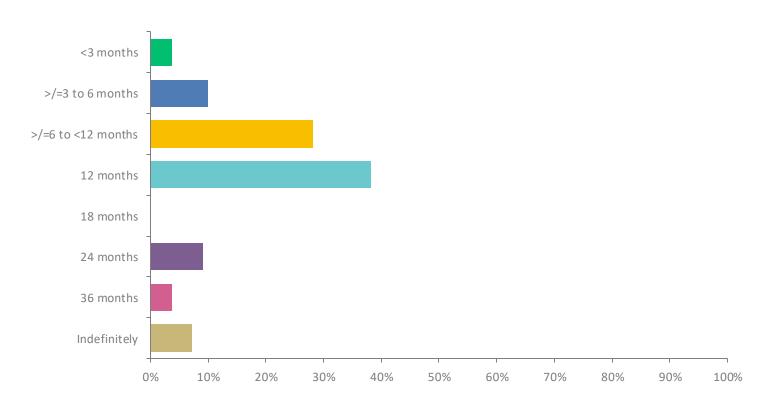
### **Multi-food OIT**

Answered: 78 Skipped: 66



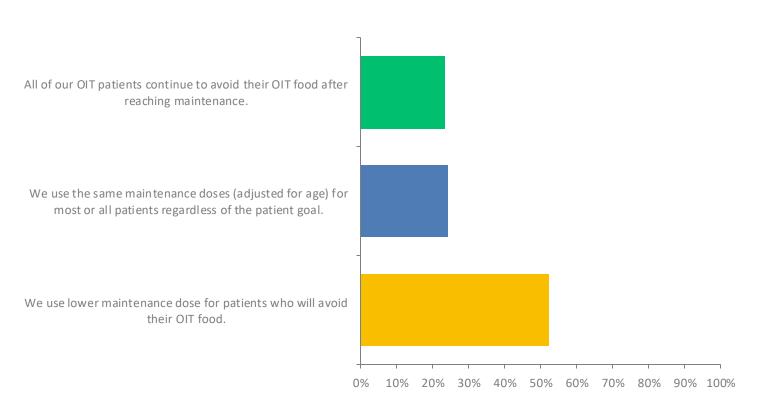
## Maintenance Duration: i.e., the minimum time taking the post-escalation dose before consideration of less frequent than daily dosing.

Answered: 110 Skipped: 34



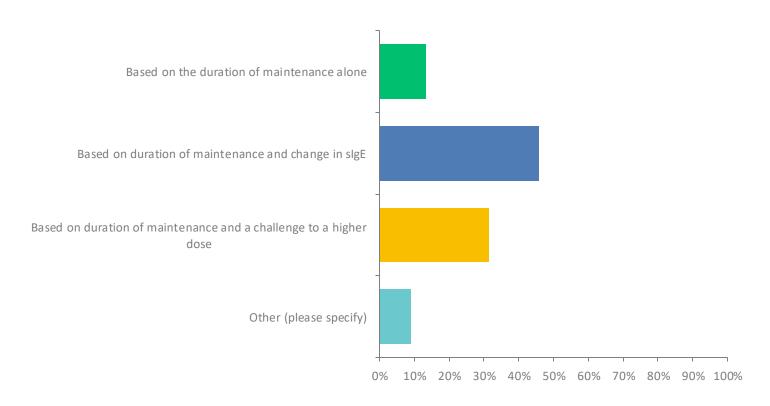
#### Maintenance dose variation between "avoiders" and "free eaters"

Answered: 111 Skipped: 33



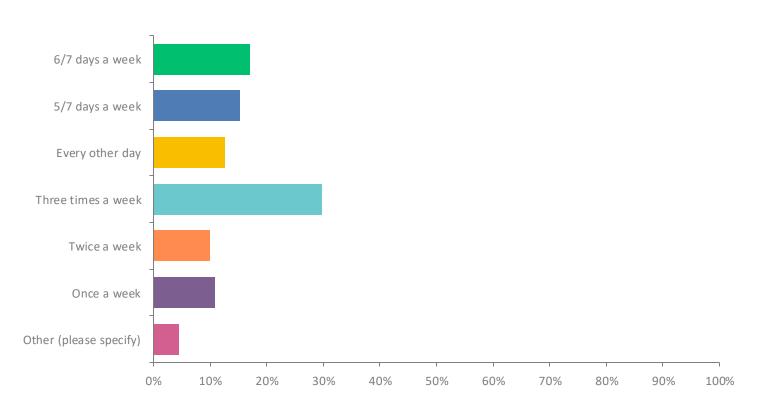
### Dose frequency modifications are made

Answered: 111 Skipped: 33



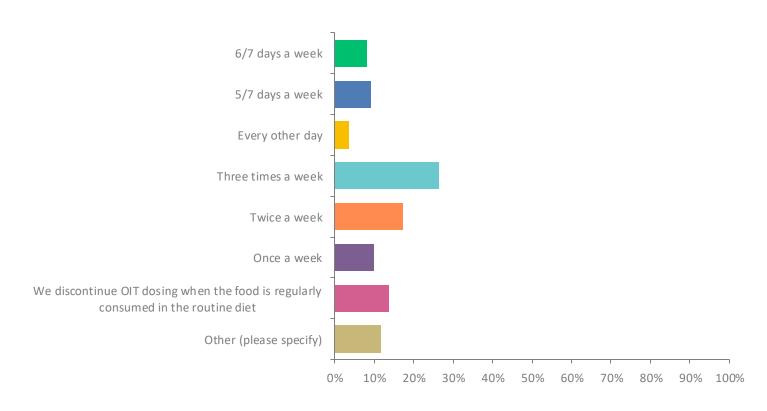
# Minimum Maintenance Dosing Frequency for patients who are not regularly free eating their OIT food

Answered: 111 Skipped: 33



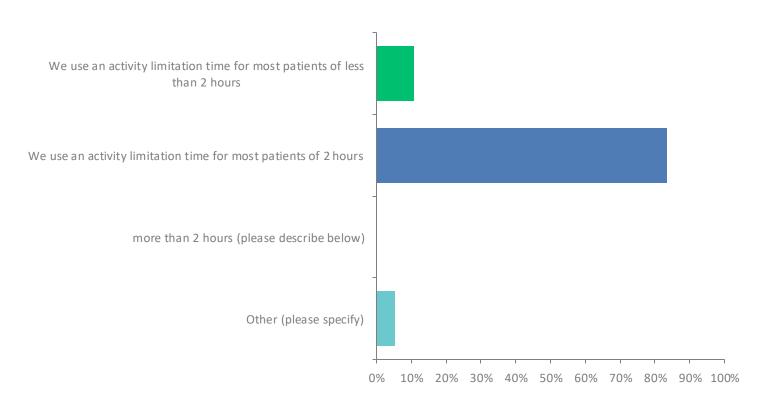
## Minimum Maintenance Dosing Frequency patients who are regularly free eating their OIT food (after some period of more frequent dosing)

Answered: 110 Skipped: 34



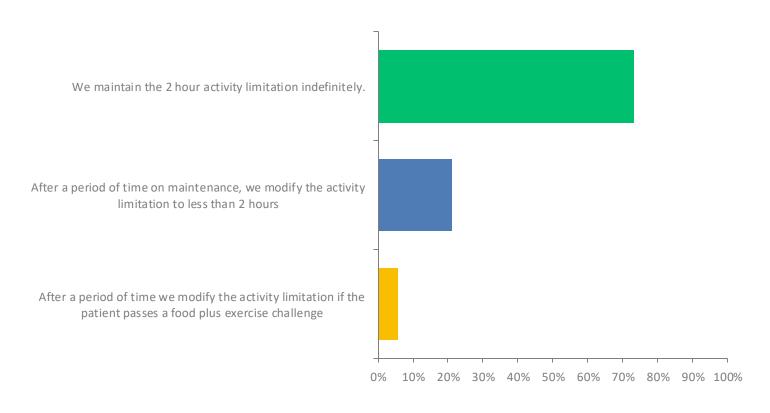
### Post-dose activity limitation for most maintenance OIT patients

Answered: 110 Skipped: 34



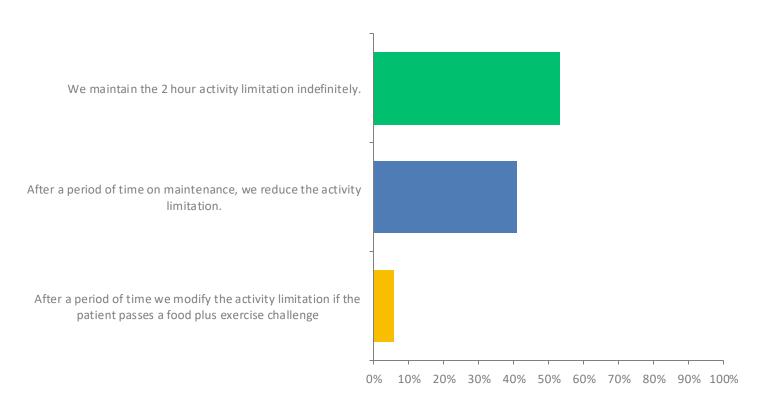
## For maintenance patients who are avoiding their food allergen, we modify the 2 hour activity limitation after OIT dosing

Answered: 108 Skipped: 36



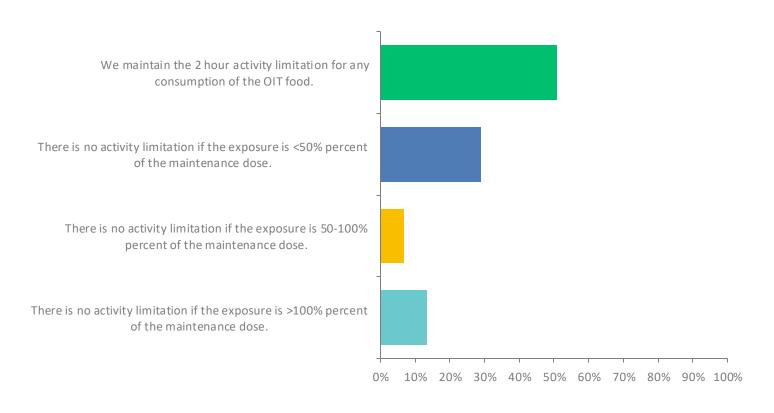
## For maintenance patients who are "free eating" their allergenic food, we modify the 2 hour activity limitation after OIT dosing as follows:

Answered: 105 Skipped: 39



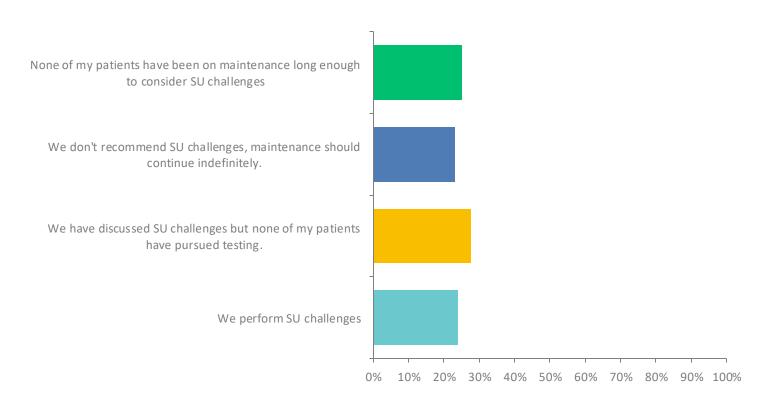
## For maintenance patients who are "free eating" their allergenic food, we modify the 2 hour activity limitation after consuming the food as part of the regular diet:

Answered: 104 Skipped: 40



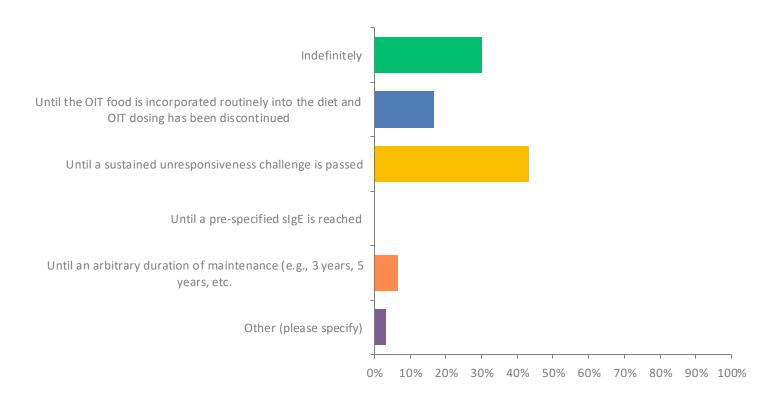
## Sustained Unresponsiveness (SU)

Answered: 112 Skipped: 32



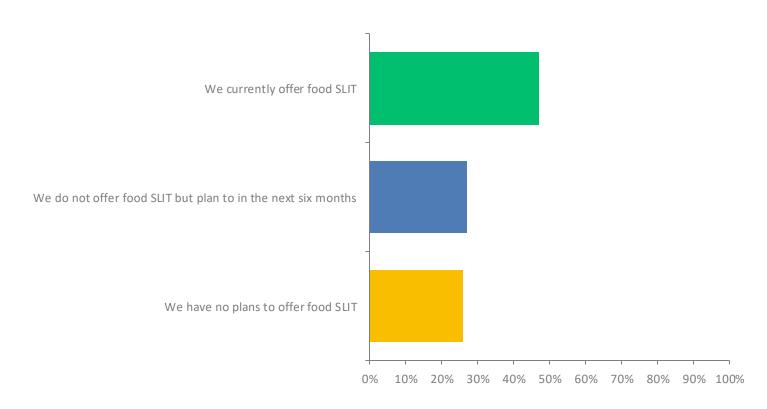
### **OIT** patients should carry epinephrine

Answered: 30 Skipped: 114



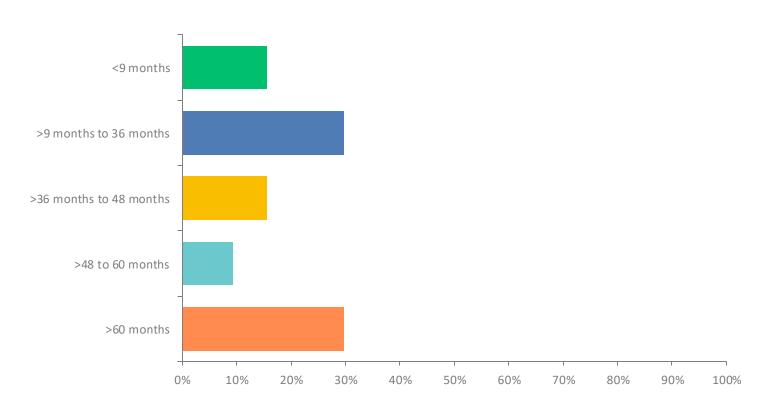
### **Food SLIT**

Answered: 115 Skipped: 29



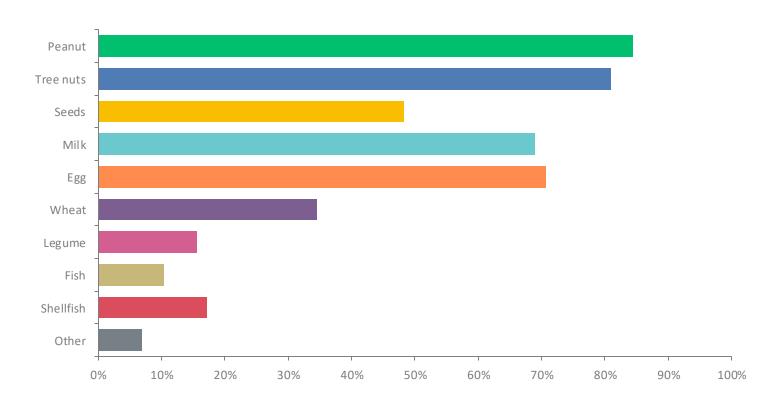
## The youngest age that you routinely accept for SLIT

Answered: 64 Skipped: 80



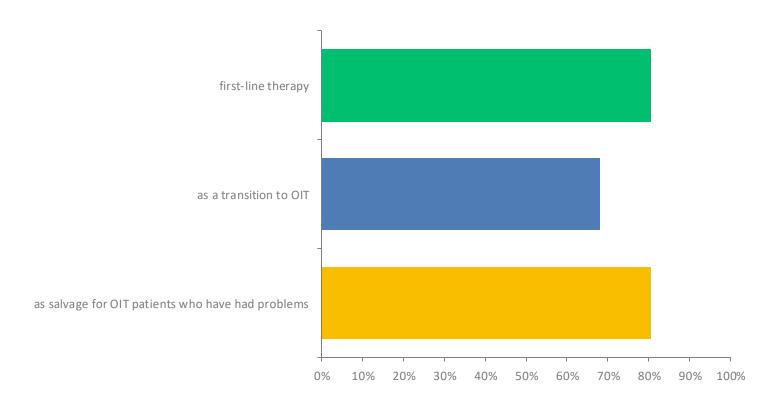
## List all of the food allergens that you have used for SLIT

Answered: 58 Skipped: 86



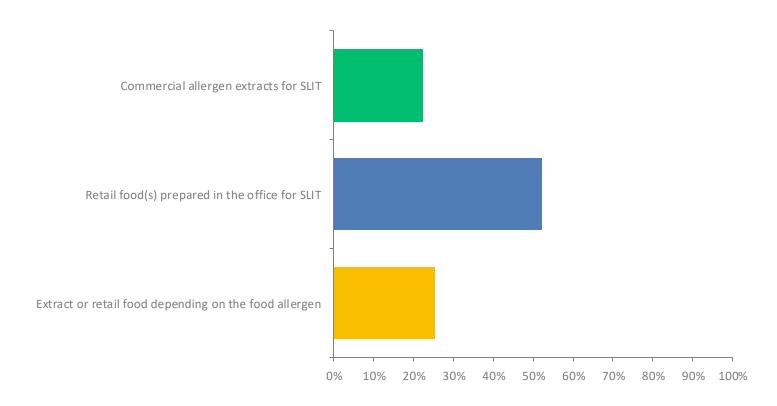
### How is food SLIT use?

Answered: 72 Skipped: 72



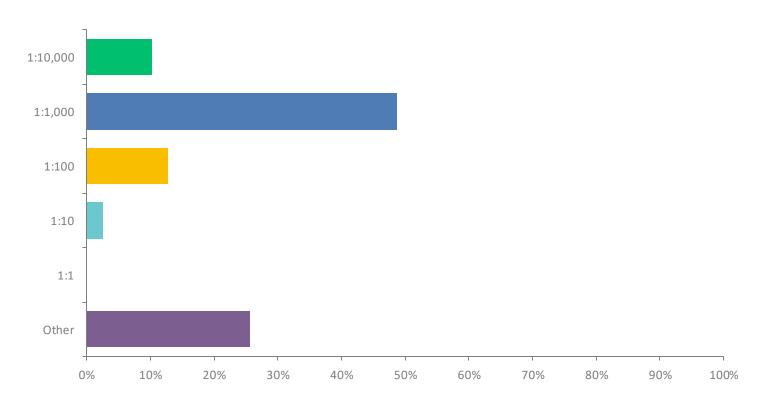
#### **Foods Products Used for SLIT**

Answered: 67 Skipped: 77



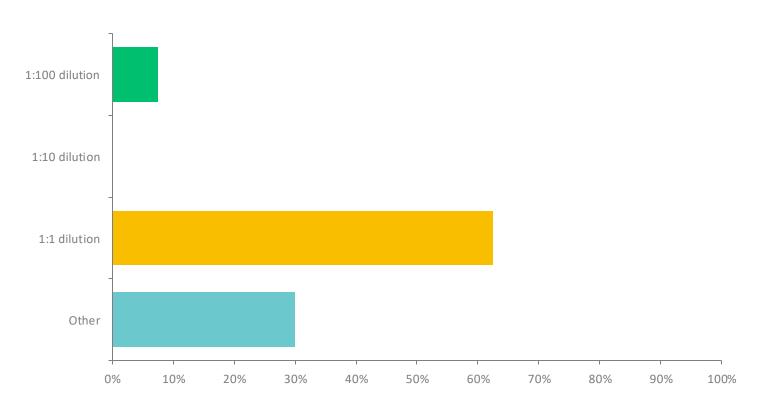
# If you use commercial allergen extracts, what dilution do you use for your SLIT starting dose

Answered: 39 Skipped: 105



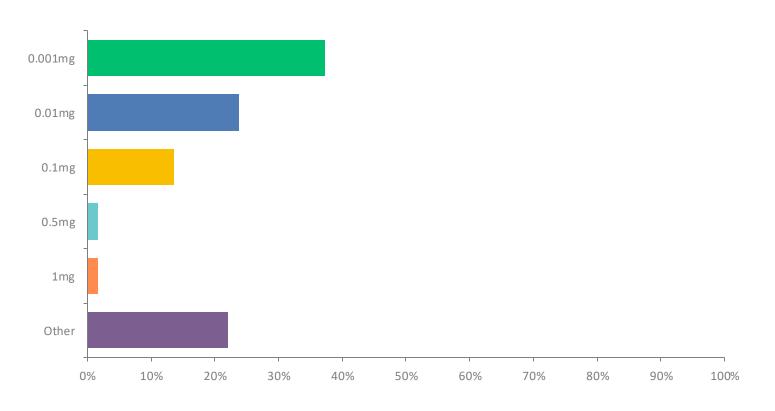
## If you use commercial allergen extracts, what dilution do you use for your SLIT maintenance dose

Answered: 40 Skipped: 104



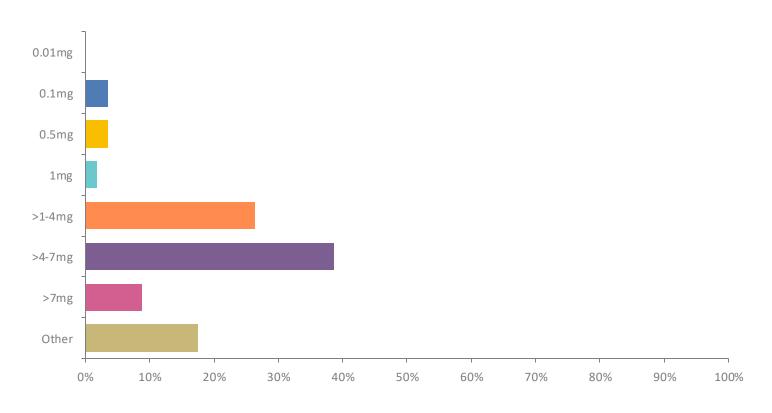
## If you use retail food for SLIT, what is your starting dose in mg of protein

Answered: 59 Skipped: 85



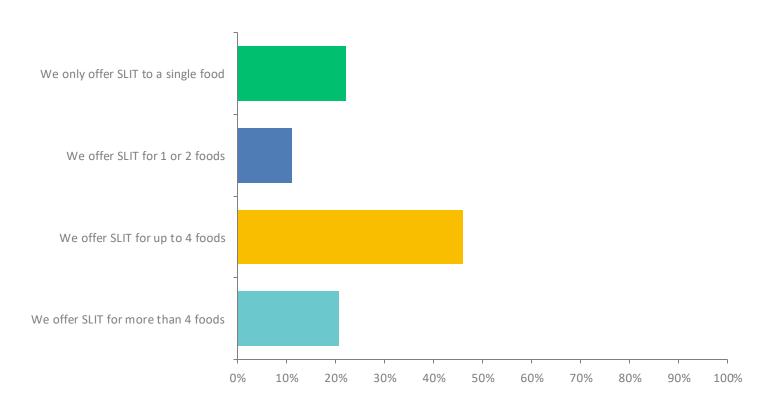
### If you use retail food for SLIT, what is your maintenance dose in mg of protein

Answered: 57 Skipped: 87



### **Multi-food SLIT**

Answered: 63 Skipped: 81



## What is the exercise limitation post-SLIT dose

Answered: 65 Skipped: 79

