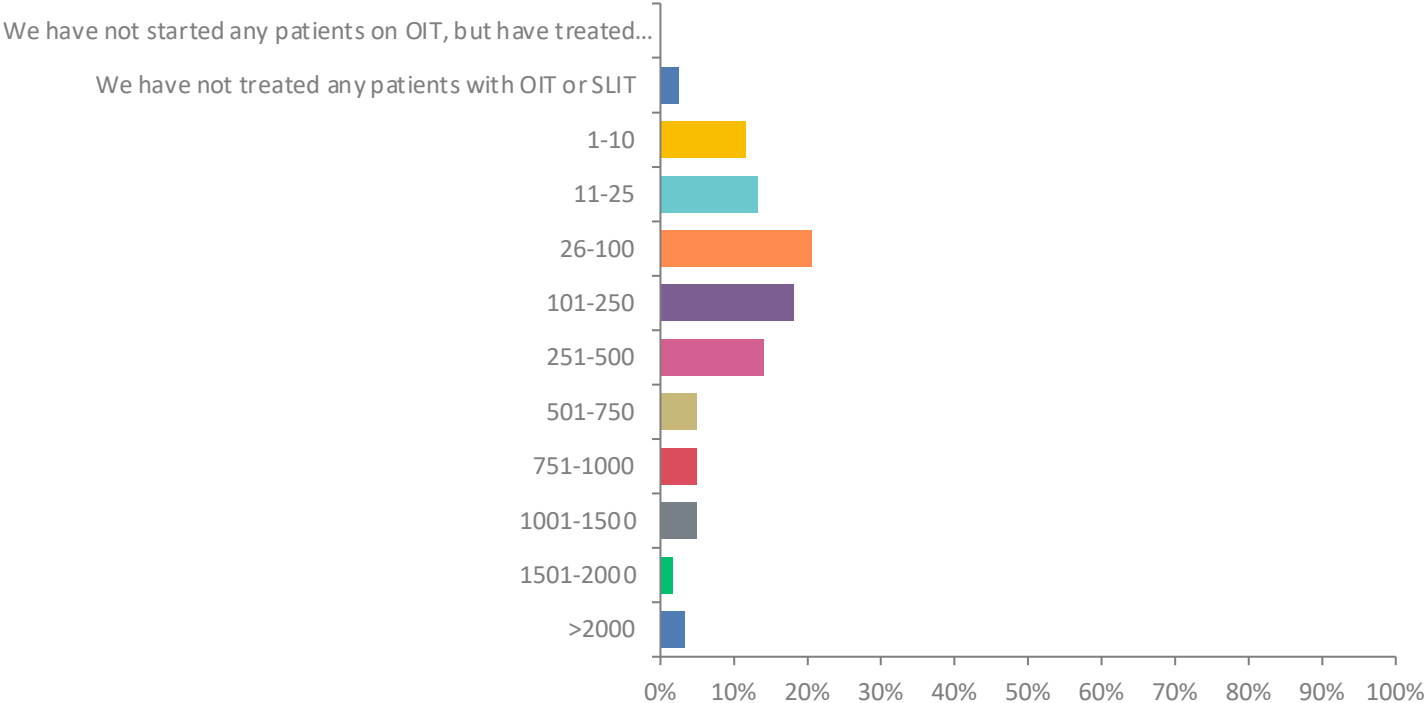


# FAST 2023 FOOD ALLERGY TREATMENT SURVEY

Sunday, February 16, 2025

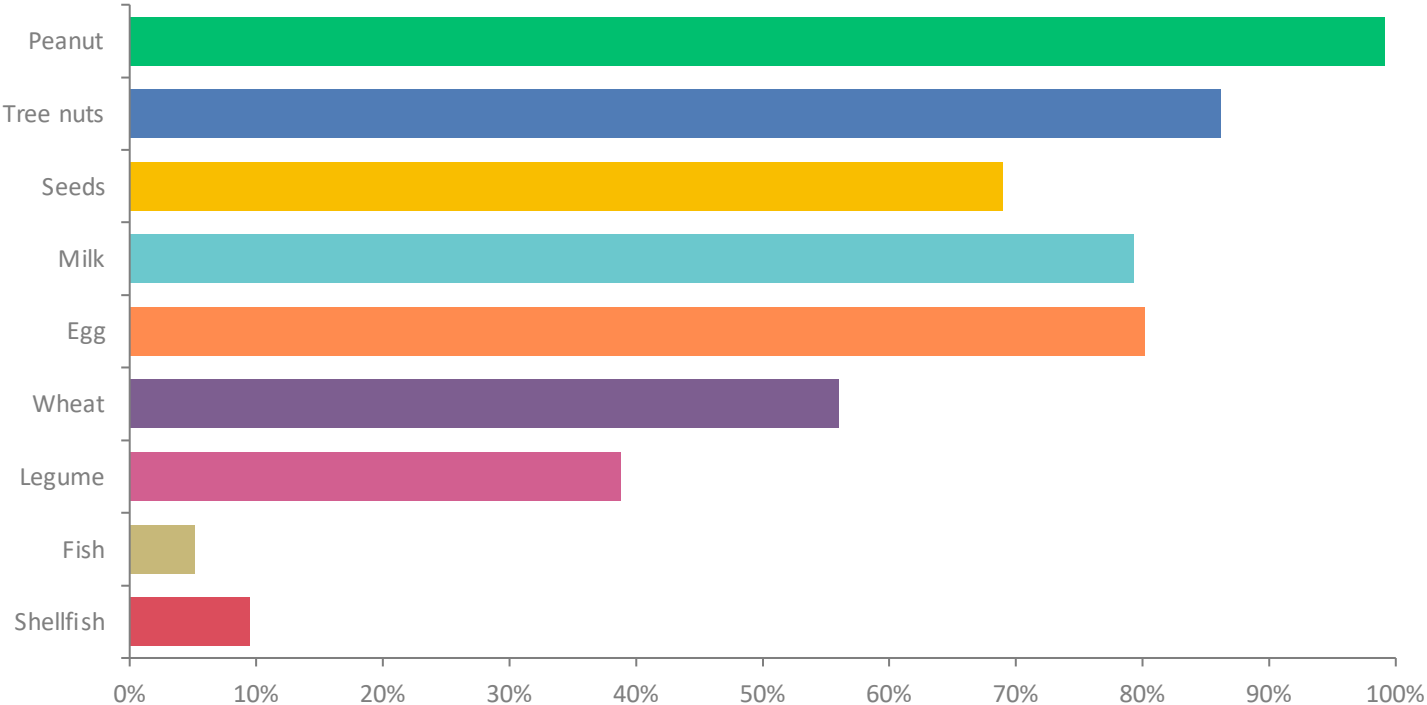
**Q3: Please estimate the number of patients your practice has STARTED on OIT. If you have not started any patients, enter zero and scroll to the end to submit the survey.**

Answered: 121 Skipped: 8



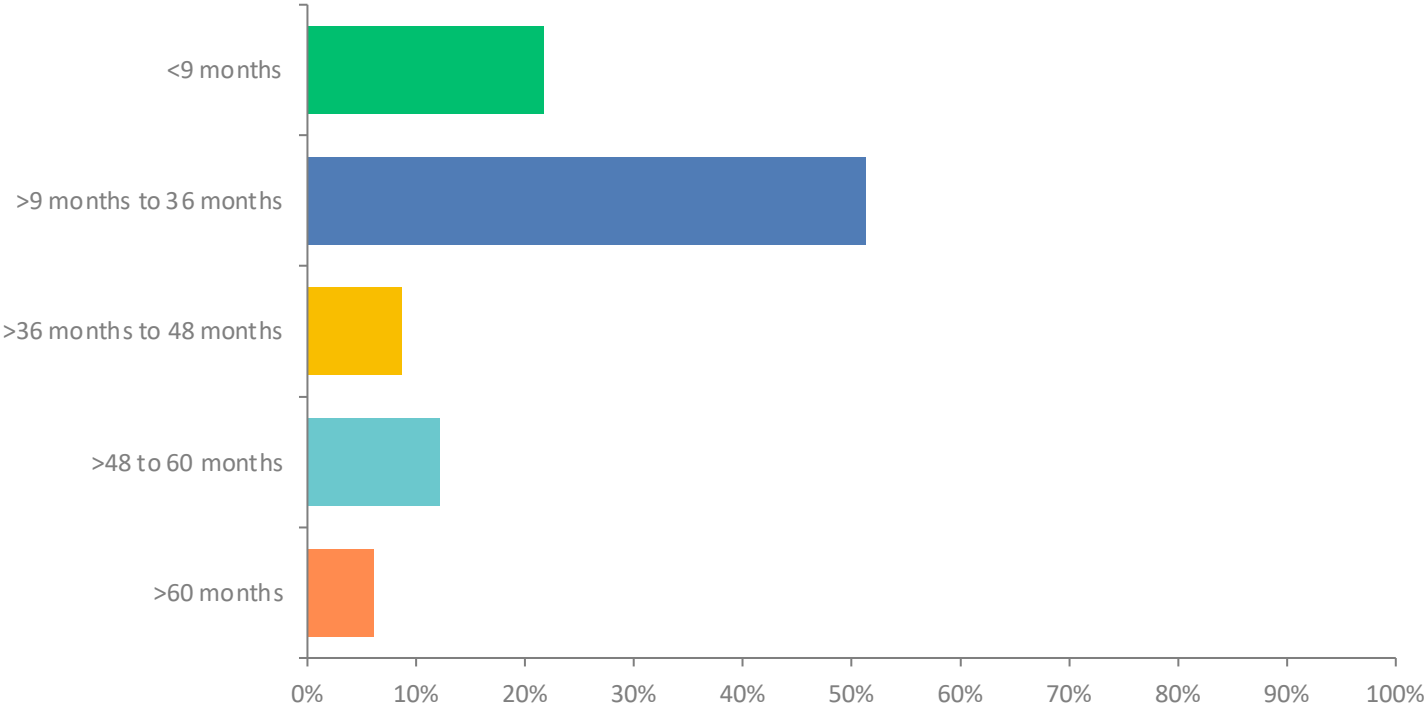
# Q4: List all of the food allergens that you have used for OIT.

Answered: 116 Skipped: 13



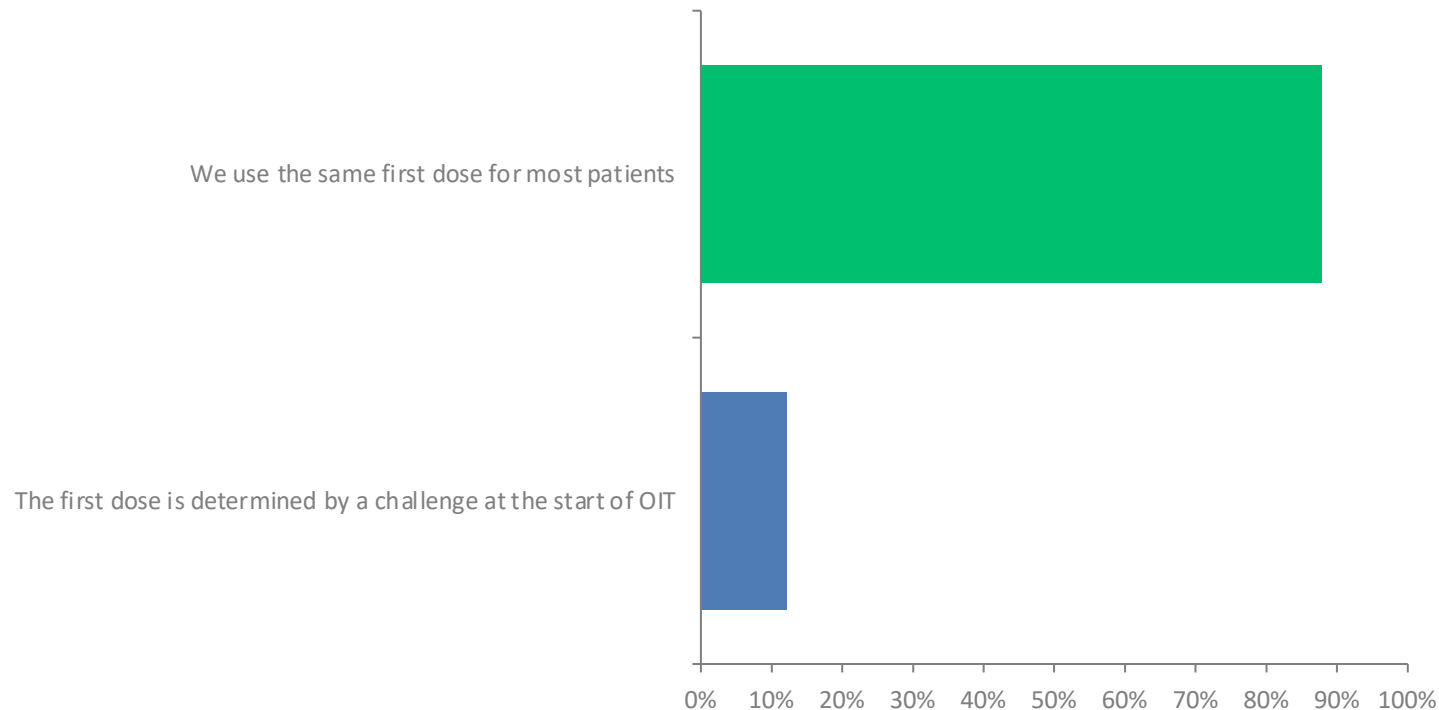
# Q5: OIT Starting age - the youngest age that you routinely accept for OIT.

Answered: 115 Skipped: 14



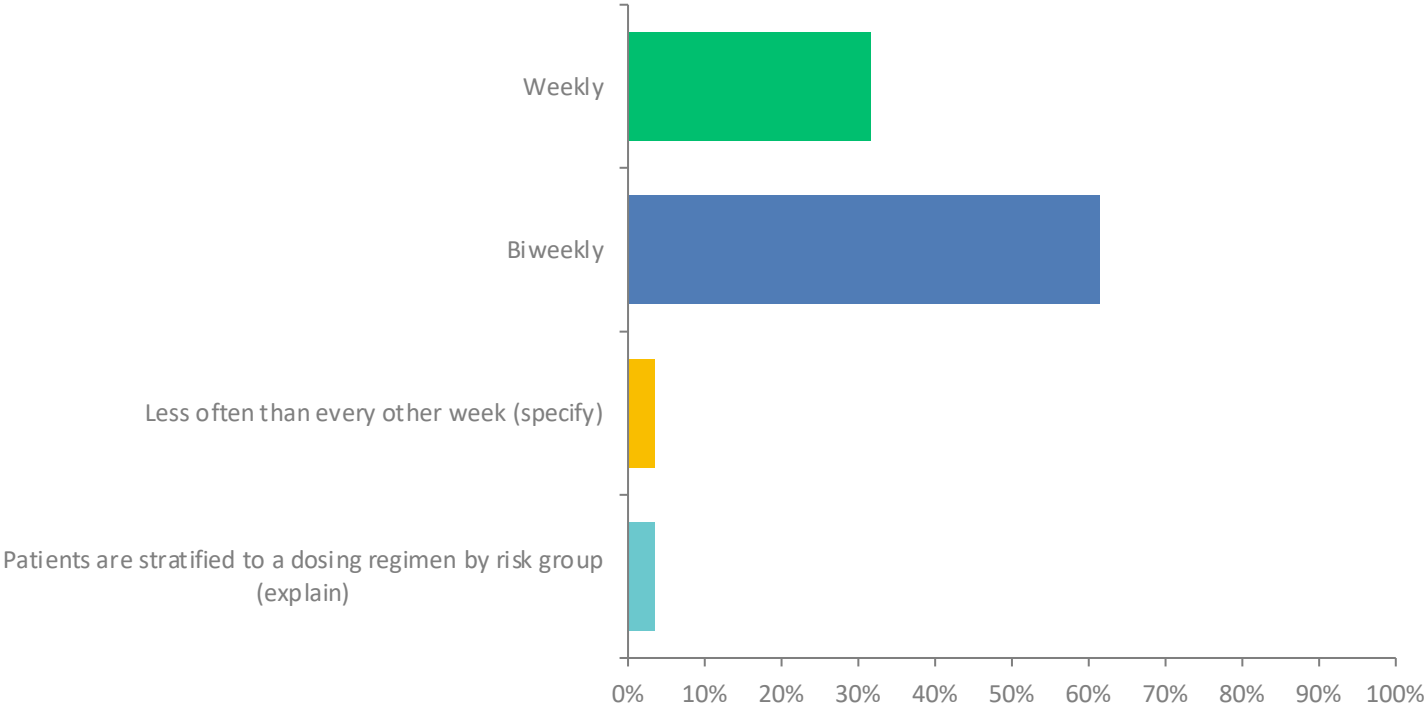
## Q6: OIT starting dose

Answered: 115 Skipped: 14



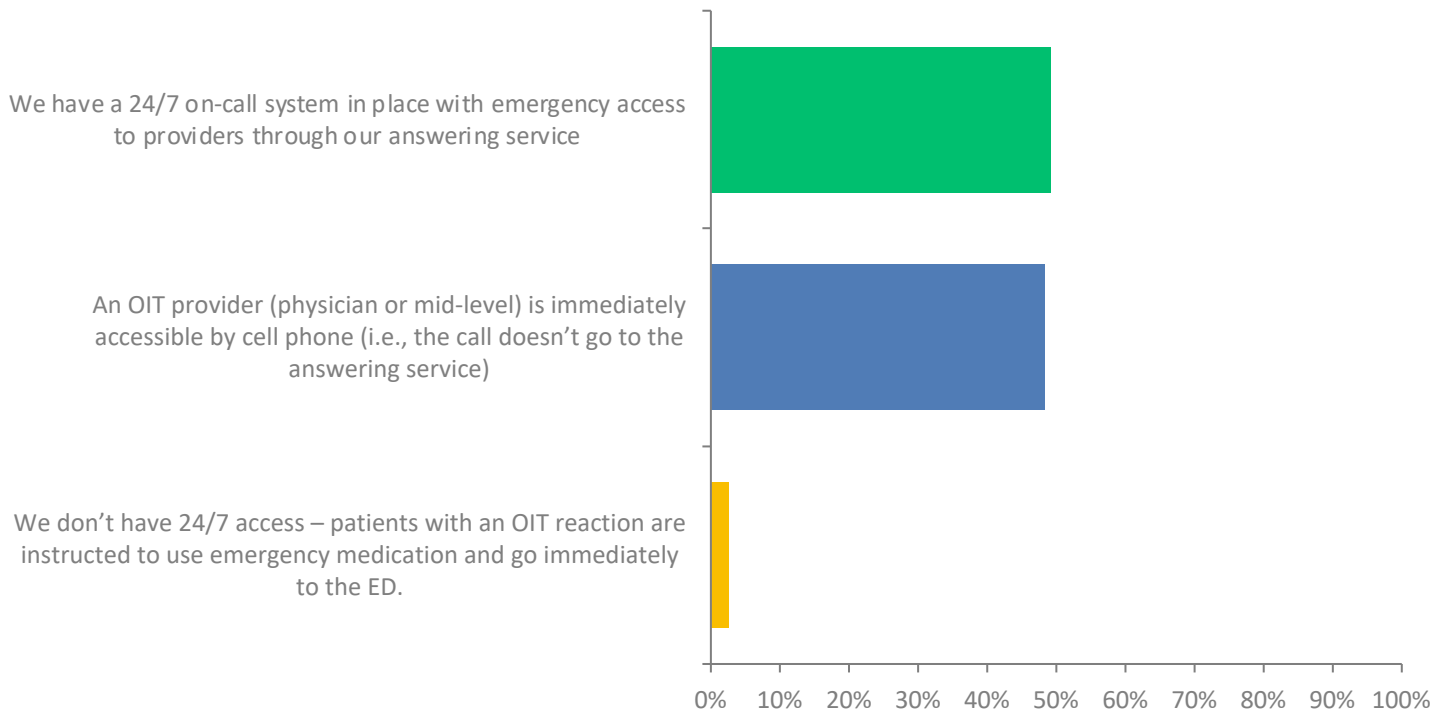
# Q7: Dose escalation frequency (the frequency used most commonly)

Answered: 114 Skipped: 15



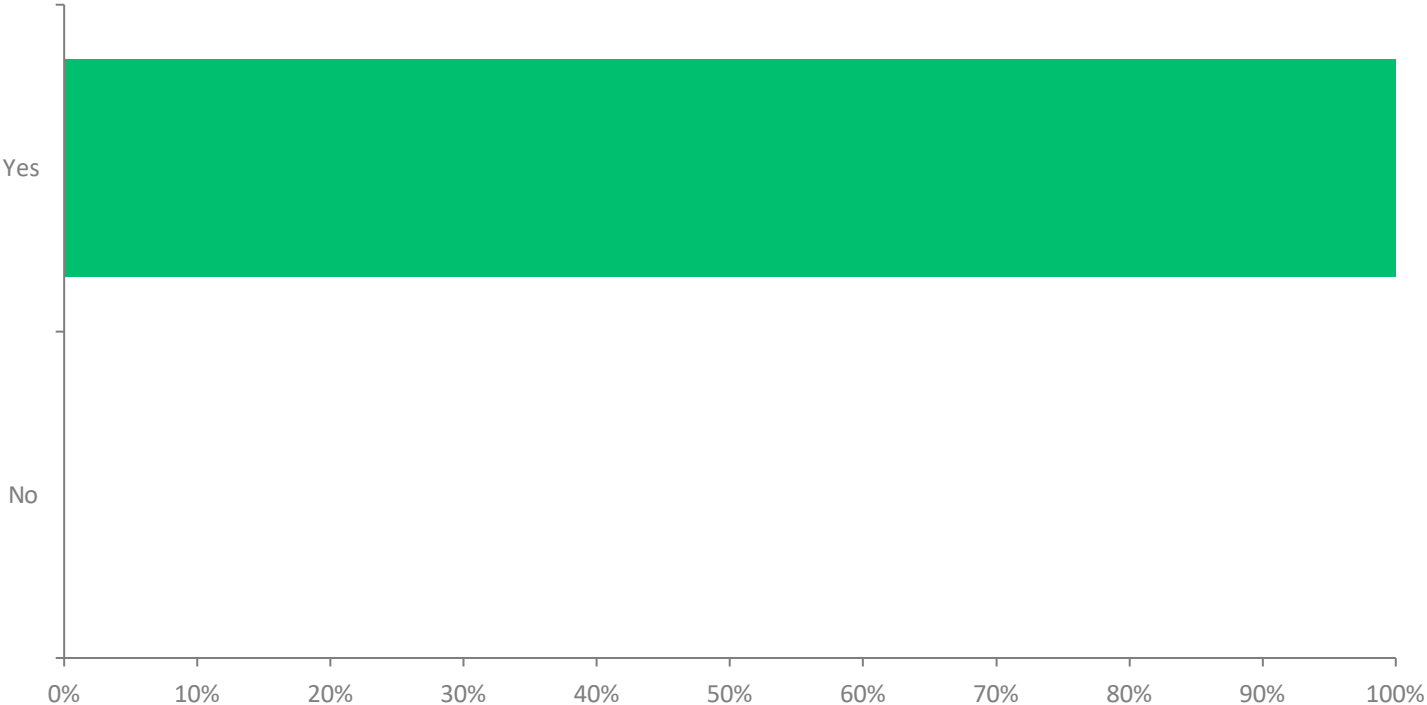
## Q8: How are patients with OIT reactions outside of office hours instructed to proceed?

Answered: 114 Skipped: 15



# Q9: We treat peanut allergy using OIT

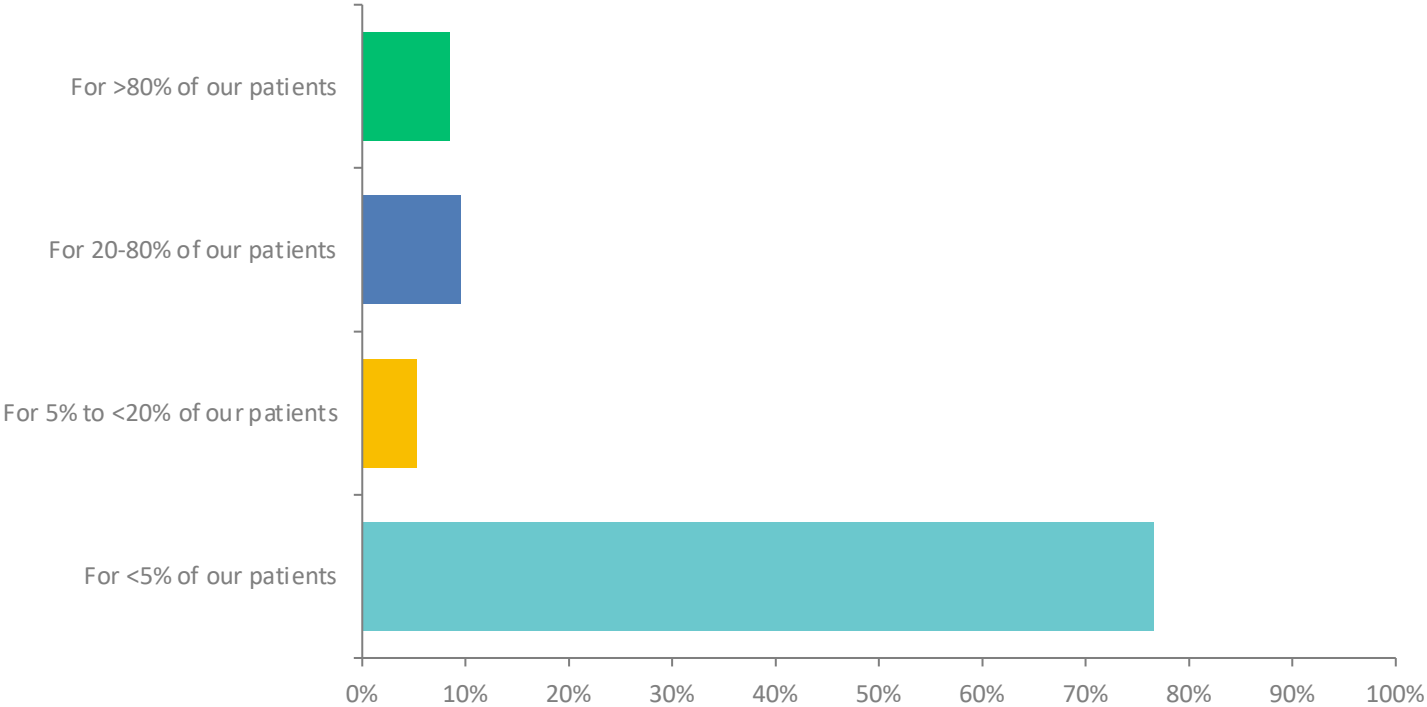
Answered: 115 Skipped: 14





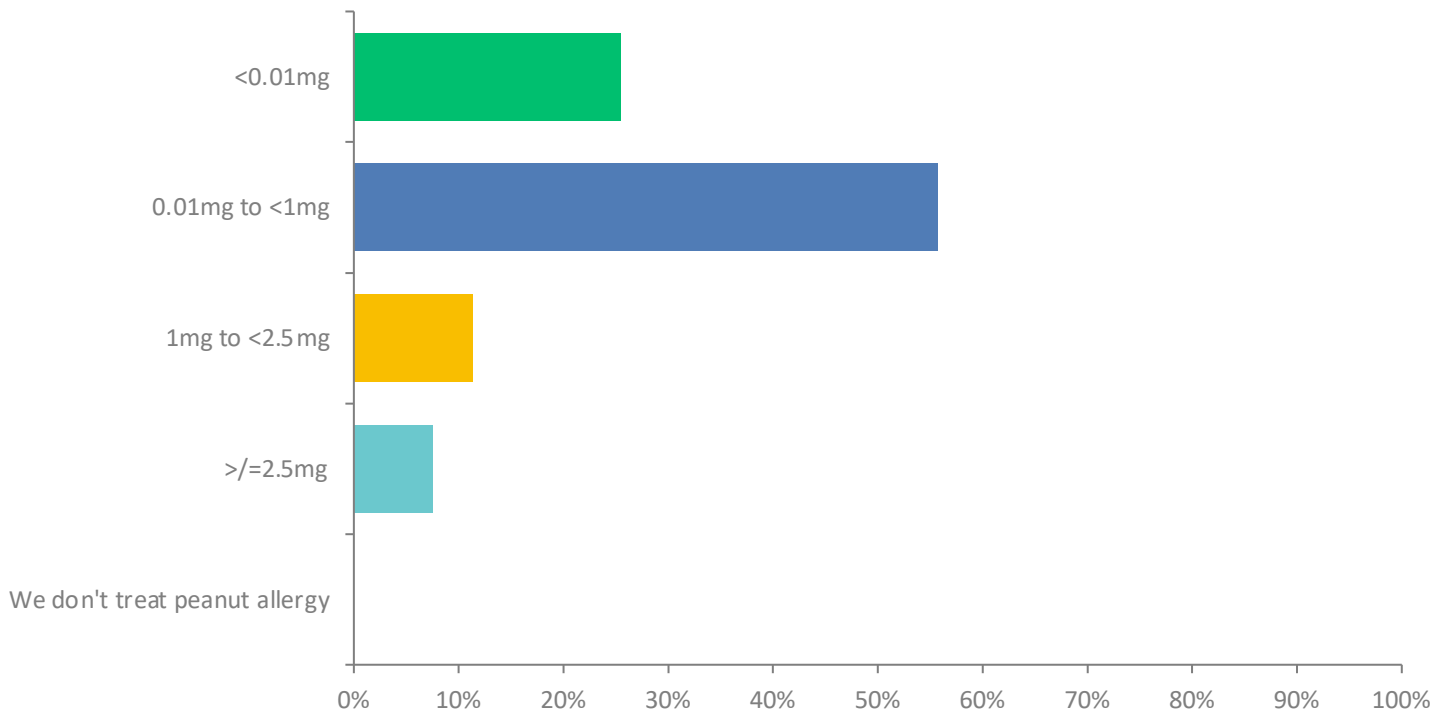
# Q10: We start with Palforzia

Answered: 94   Skipped: 35



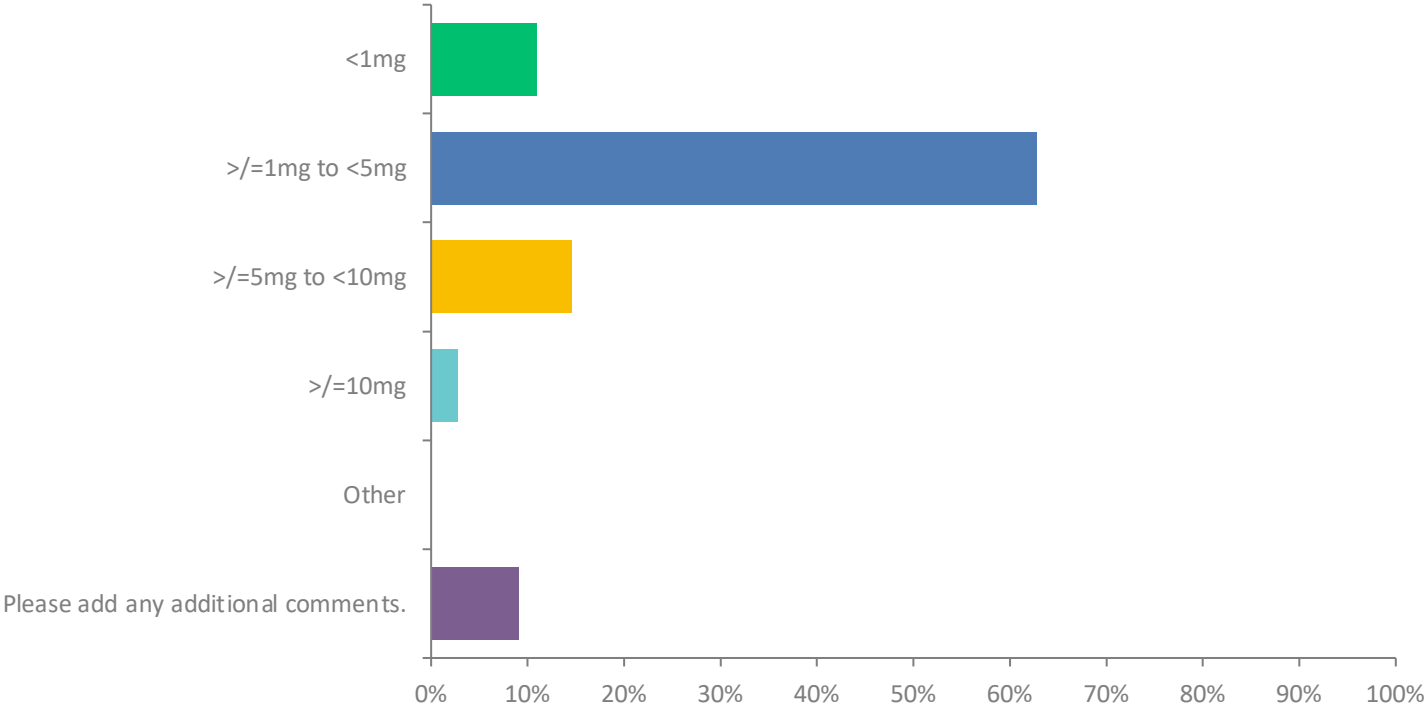
**Q11: Day One Peanut Starting Dose in mg of protein - please choose the option that you use most often. If you determine the start of OIT by an oral food challenge, please enter the challenge starting dose.**

Answered: 106 Skipped: 23



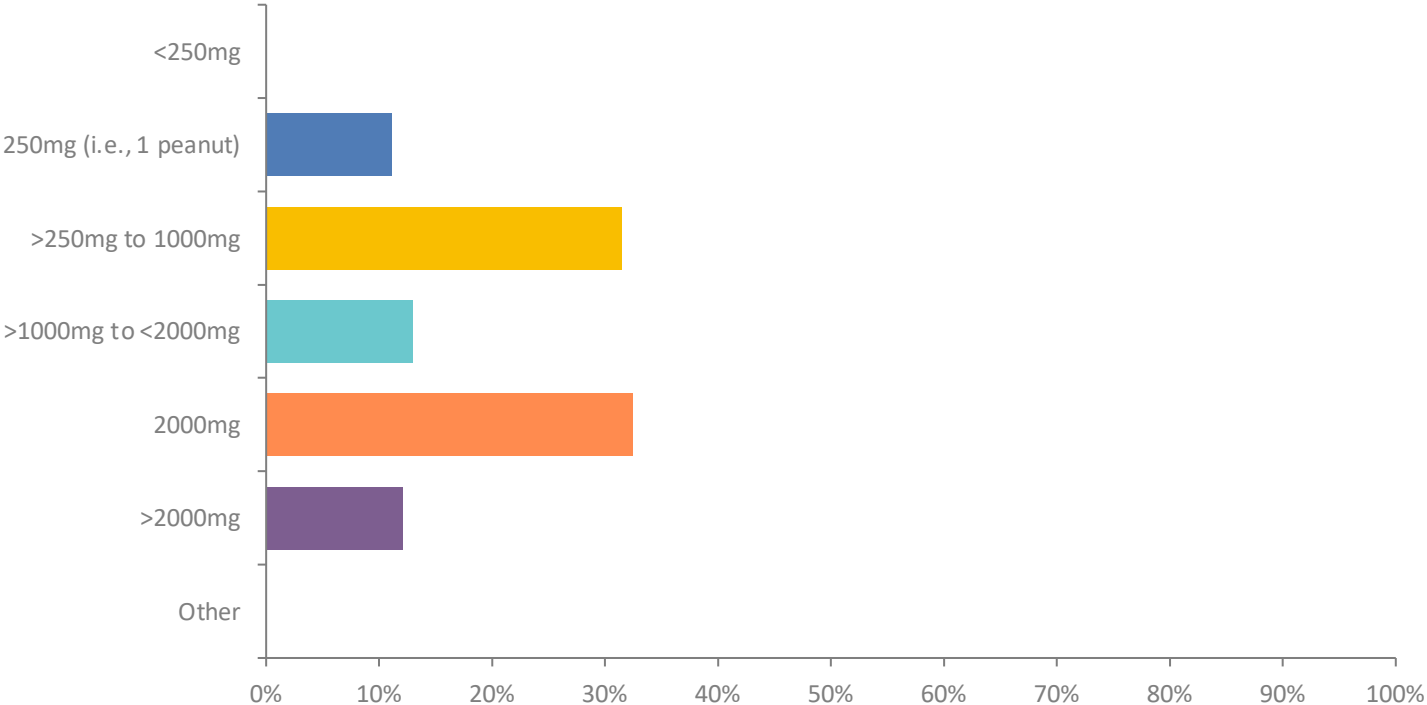
# Q12: Day One Peanut Planned Final Dose in mg of protein - please choose the option that you use most often.

Answered: 110 Skipped: 19



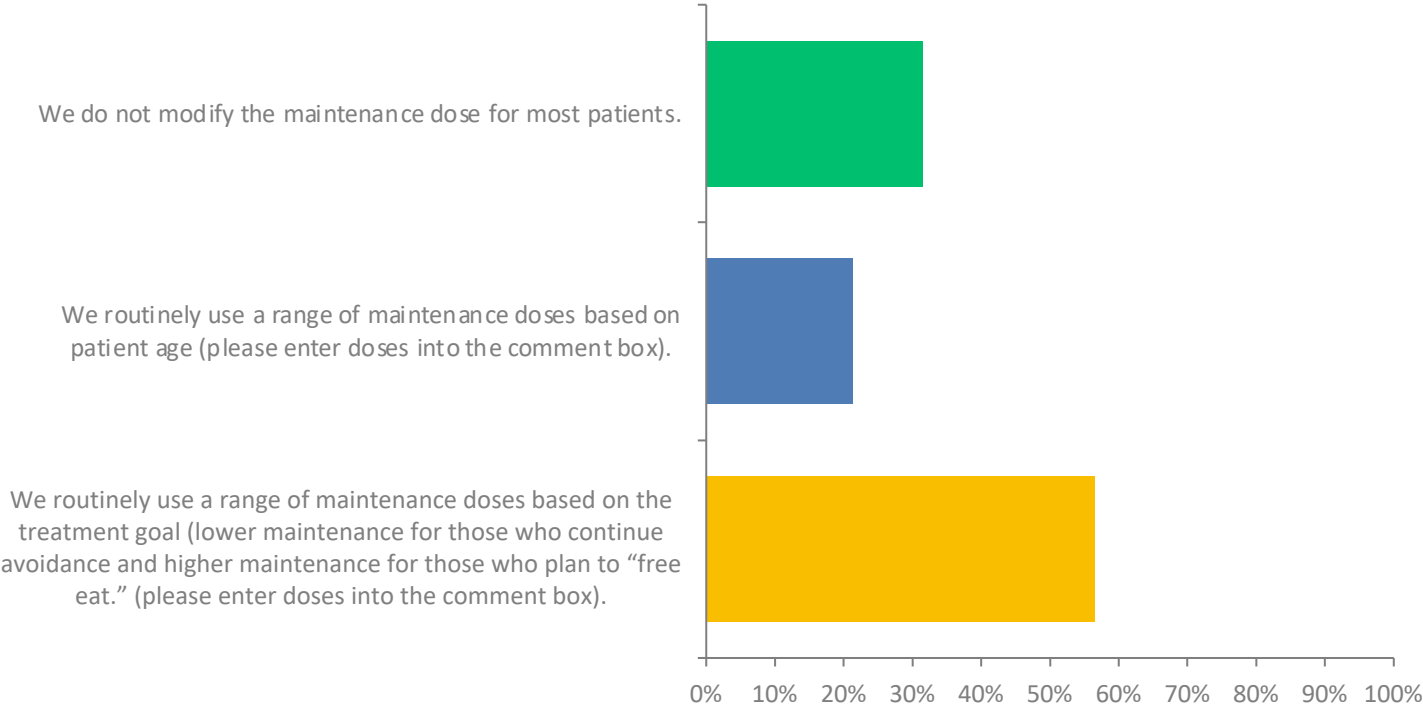
**Q13: Maintenance Dose for Peanut - for the purposes of this question, consider a standard peanut to weigh 1000mg and contain 250mg of peanut protein.**

Answered: 108 Skipped: 21



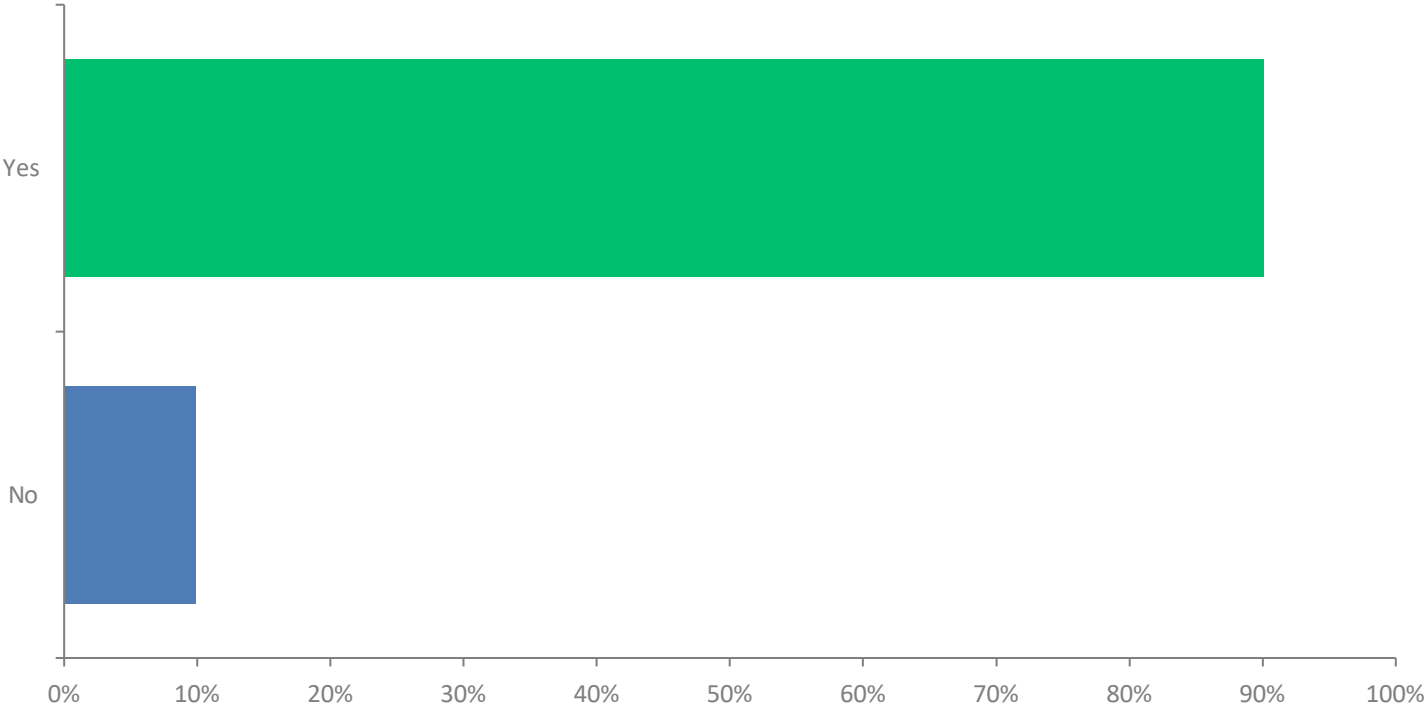
# Q14: Peanut maintenance dose modifications (Check all that apply)

Answered: 108 Skipped: 21



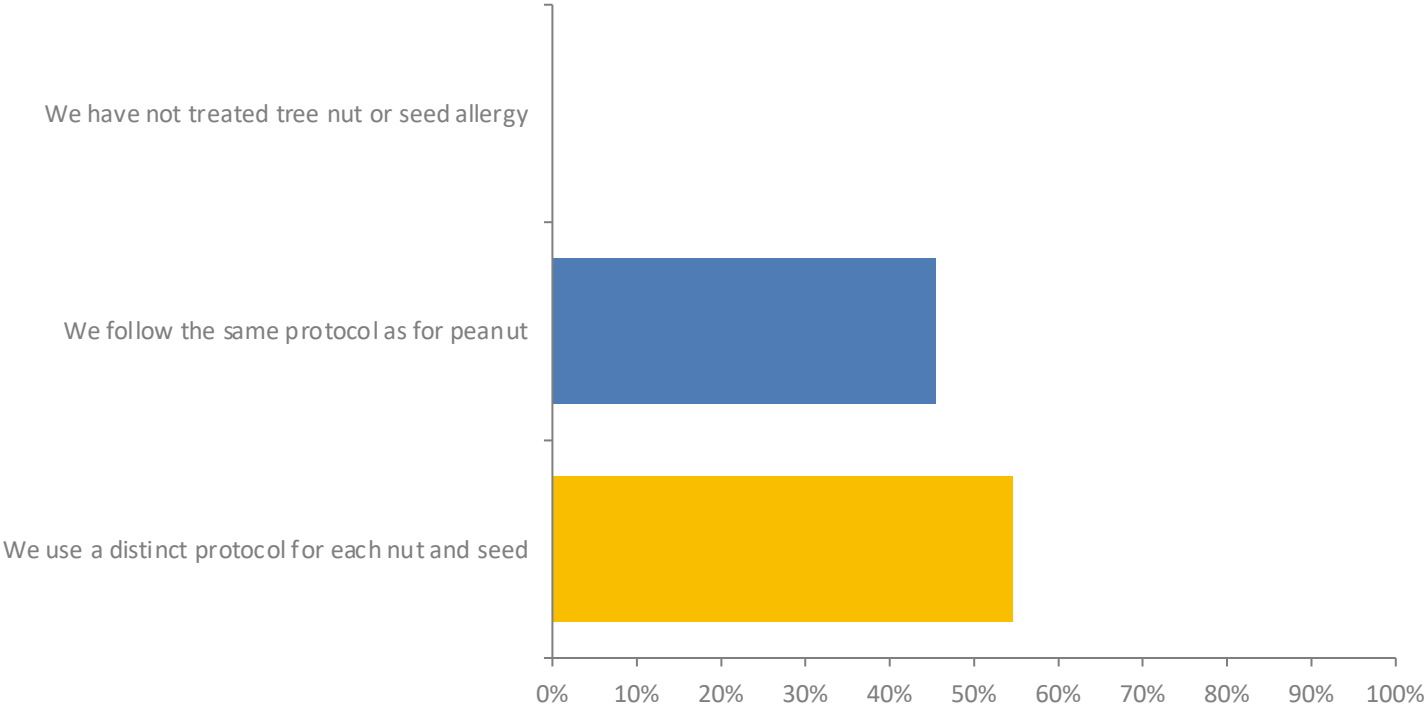
# Q15: We treat tree nut or seed allergy with OIT

Answered: 111 Skipped: 18



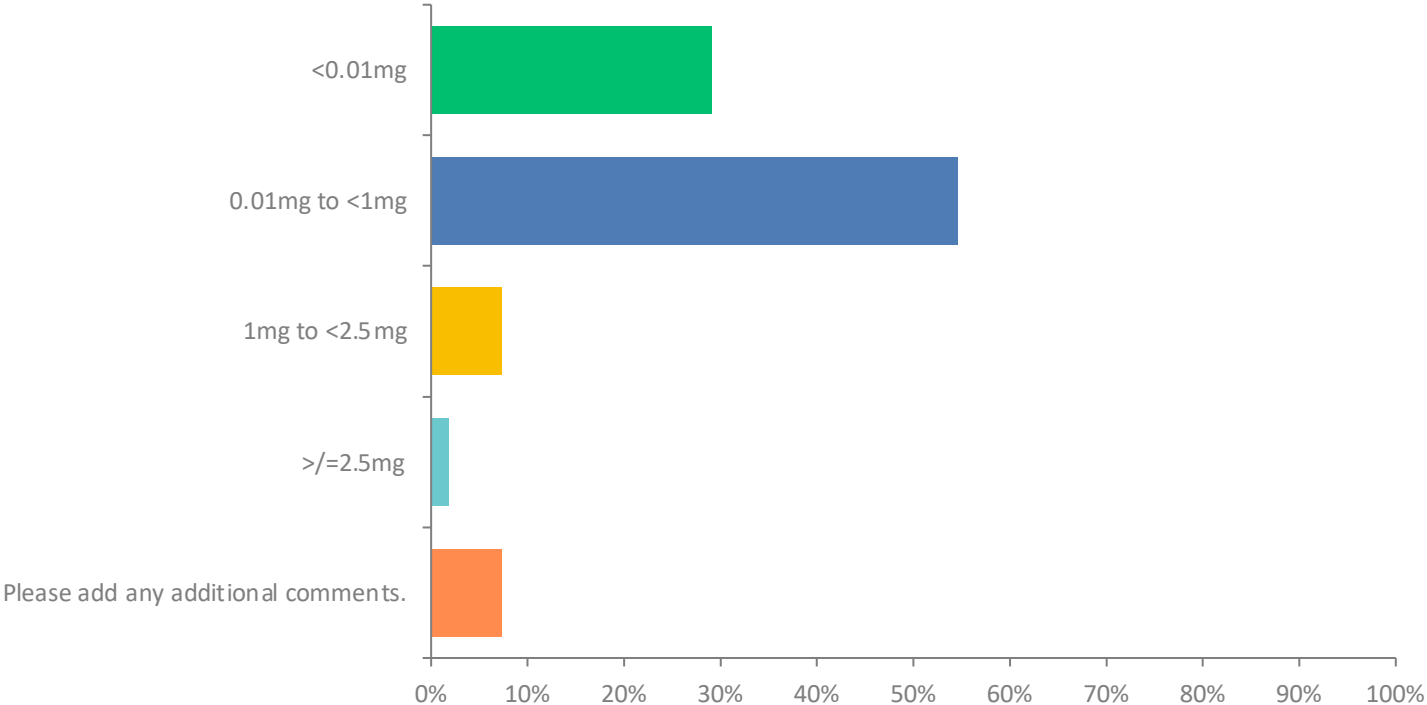
# Q16: Tree nut and seed procedures

Answered: 99   Skipped: 30



# Q17: Day One Tree nut/Seed Starting Dose in mg of protein - please choose the option that you use most often.

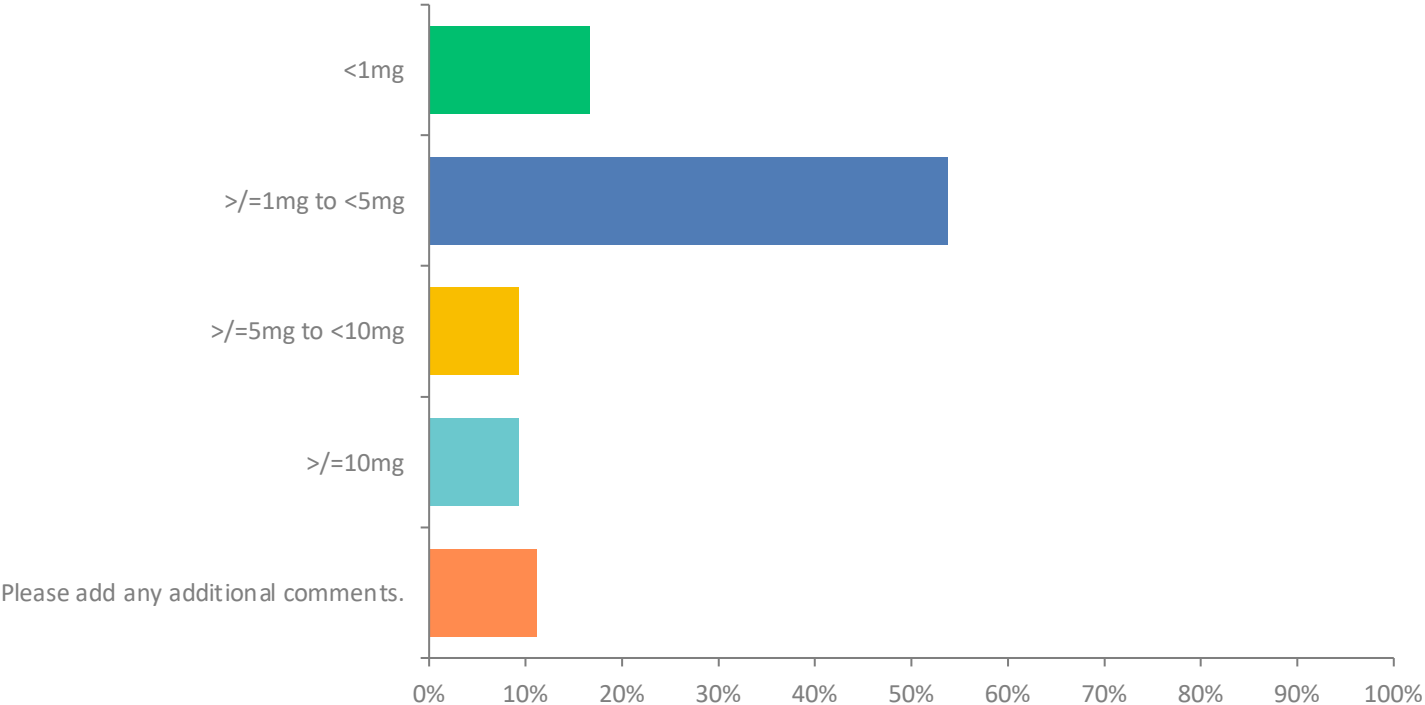
Answered: 55 Skipped: 74





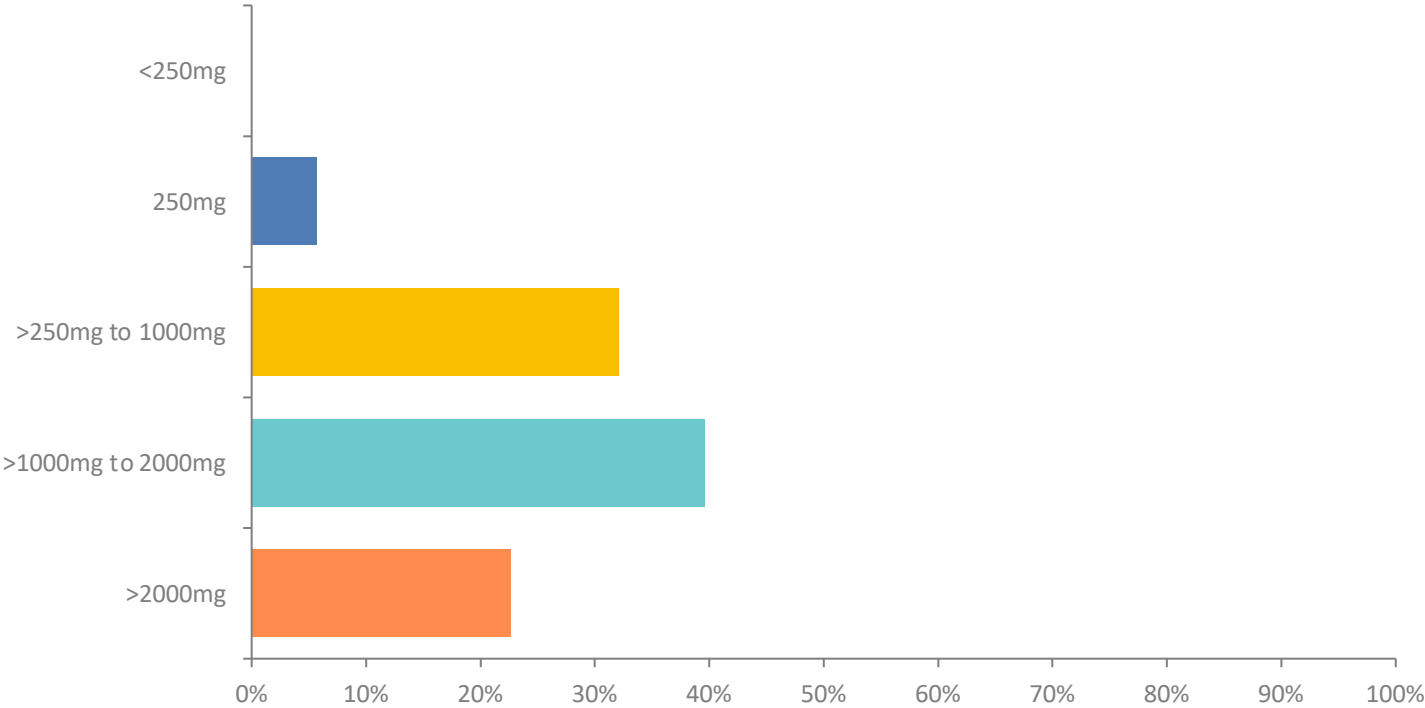
**Q18: Day One Tree nut/Seed final dose in mg of protein - please choose the option that you use most often.**

Answered: 54 Skipped: 75



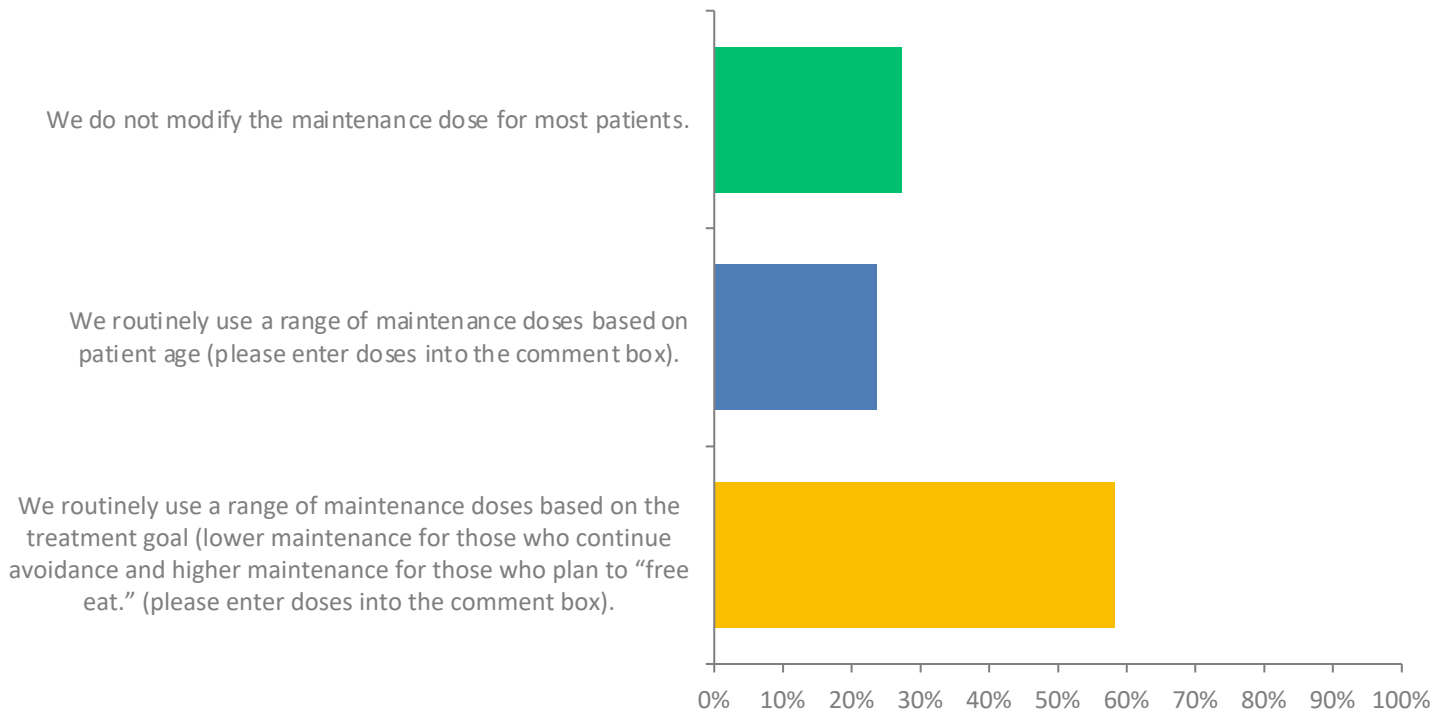
**Q19: Maintenance Dose for Tree nuts/Seeds - because the protein contents of the different nuts/seeds varies, this question refers only to nut/seed protein.**

Answered: 53 Skipped: 76



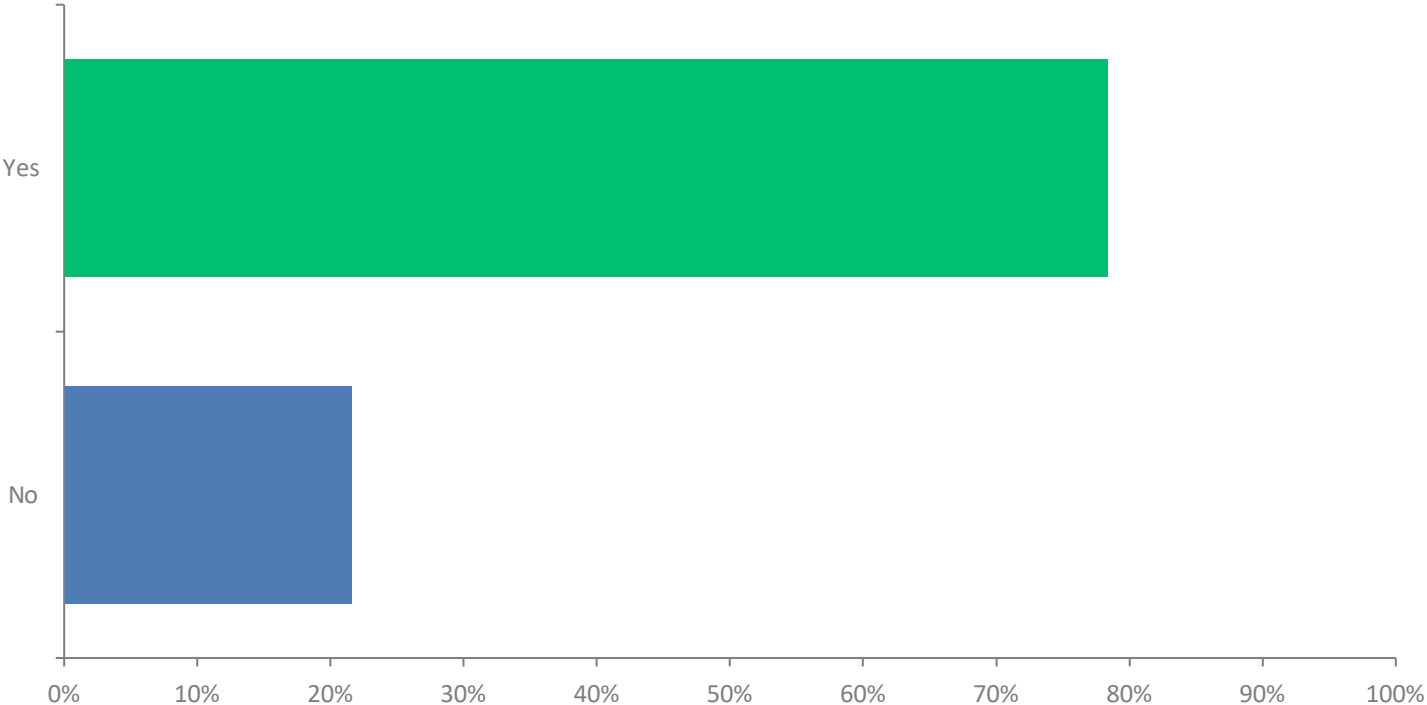
## Q20: Tree nuts and seeds maintenance dose modifications (Check all that apply)

Answered: 55 Skipped: 74



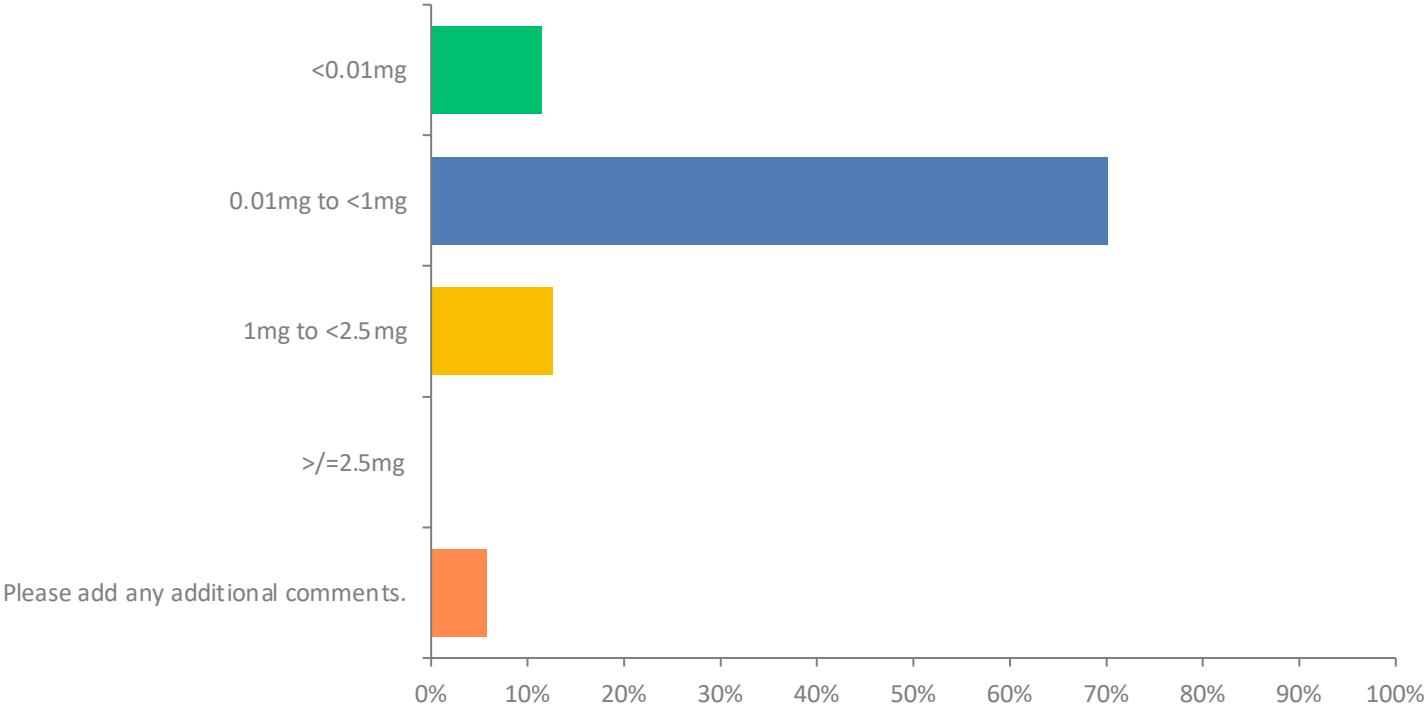
# Q21: We have treated milk allergy with OIT

Answered: 111 Skipped: 18



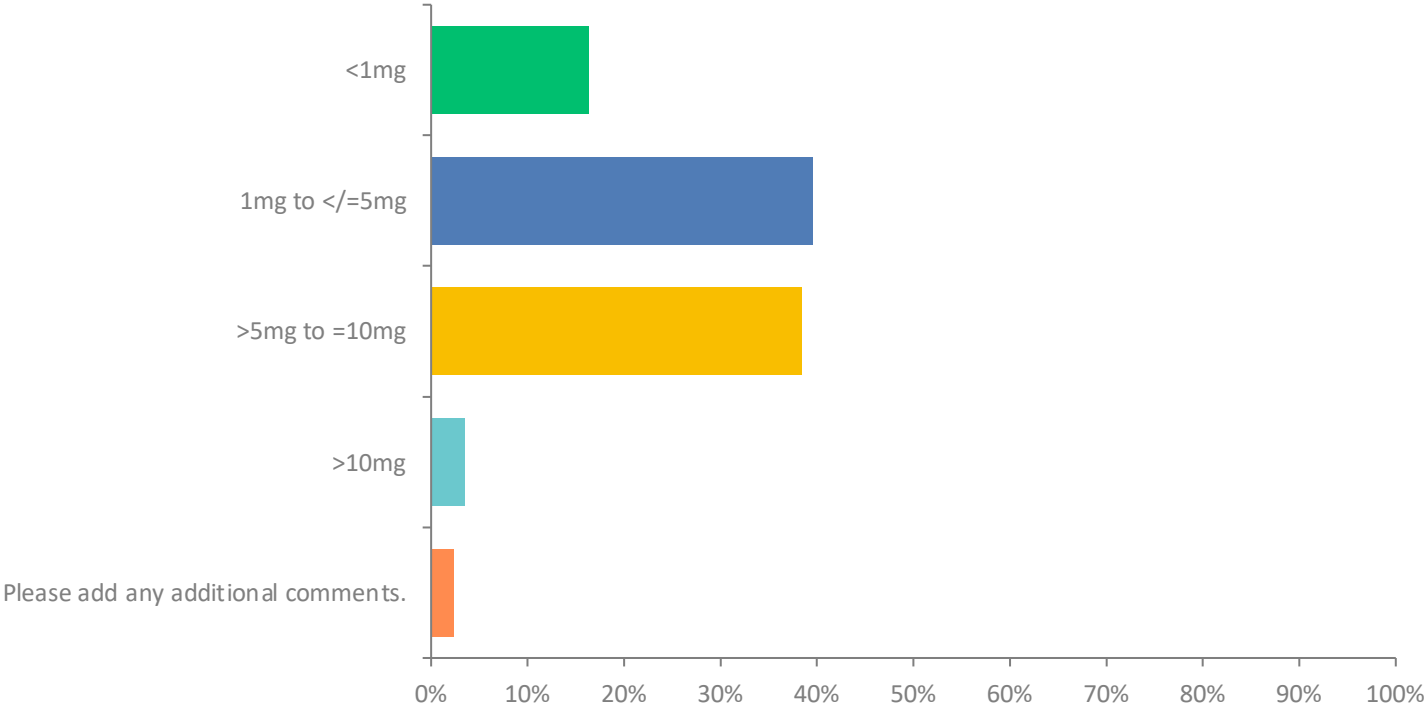
# Q22: Day One Milk Starting Dose in mg of protein - please choose the option that you use most often.

Answered: 87 Skipped: 42



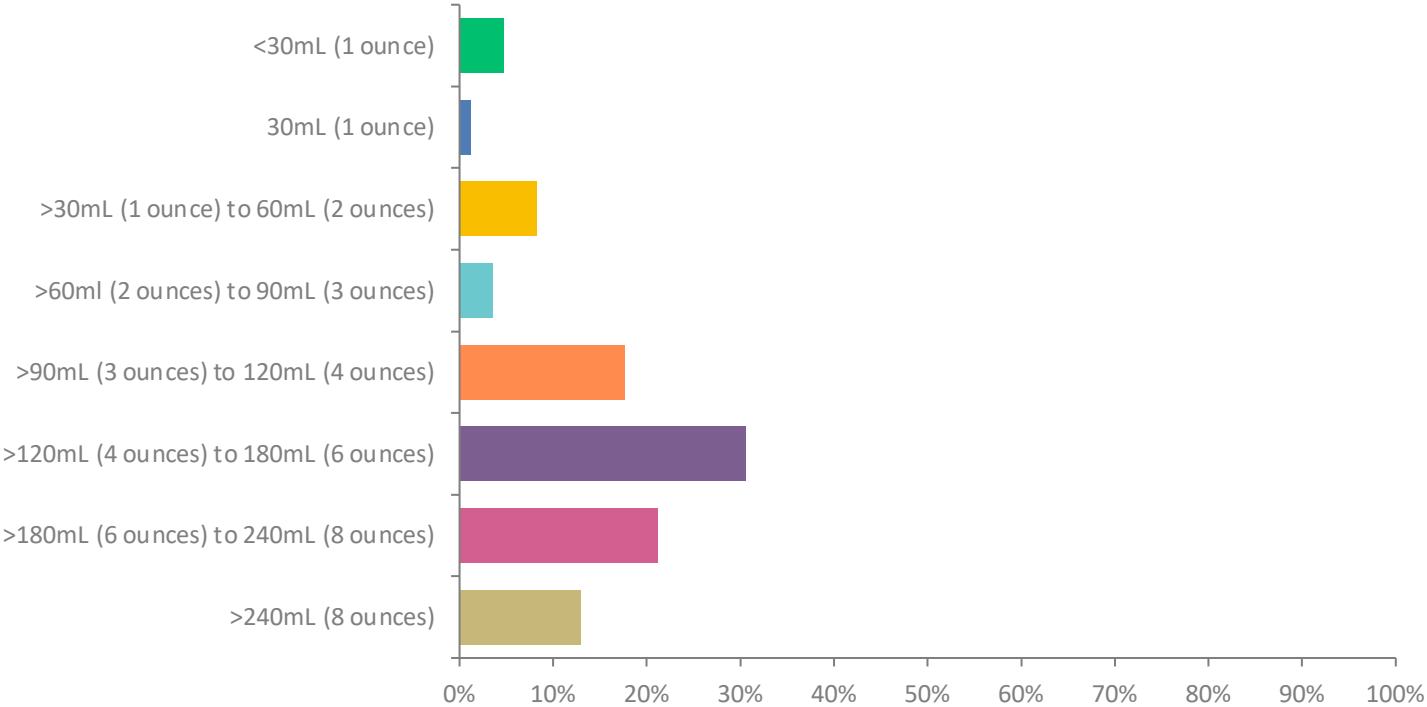
# Q23: Day One Milk Final Dose in mg of protein - please choose the option that you use most often.

Answered: 86 Skipped: 43



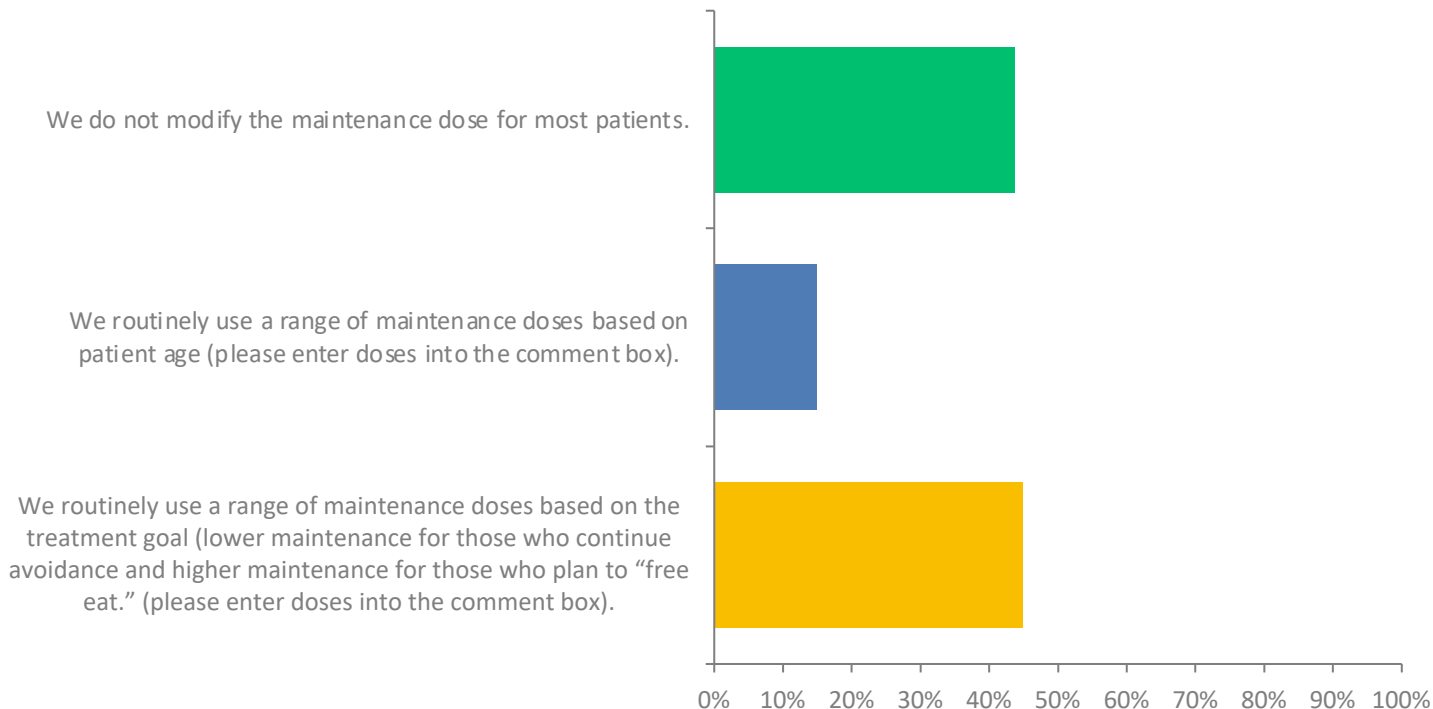
# Q24: Maintenance Dose for Milk

Answered: 85   Skipped: 44



## Q25: Milk maintenance dose modifications (Check all that apply)

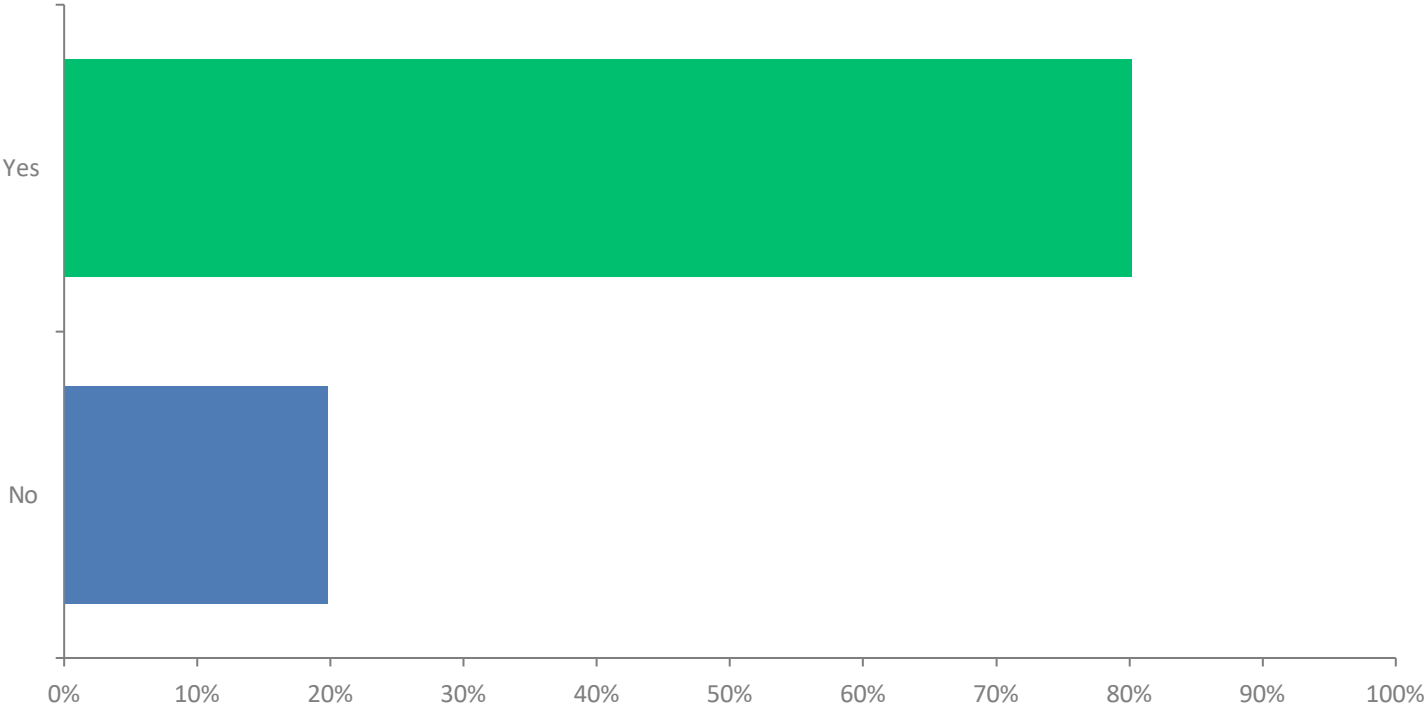
Answered: 87 Skipped: 42





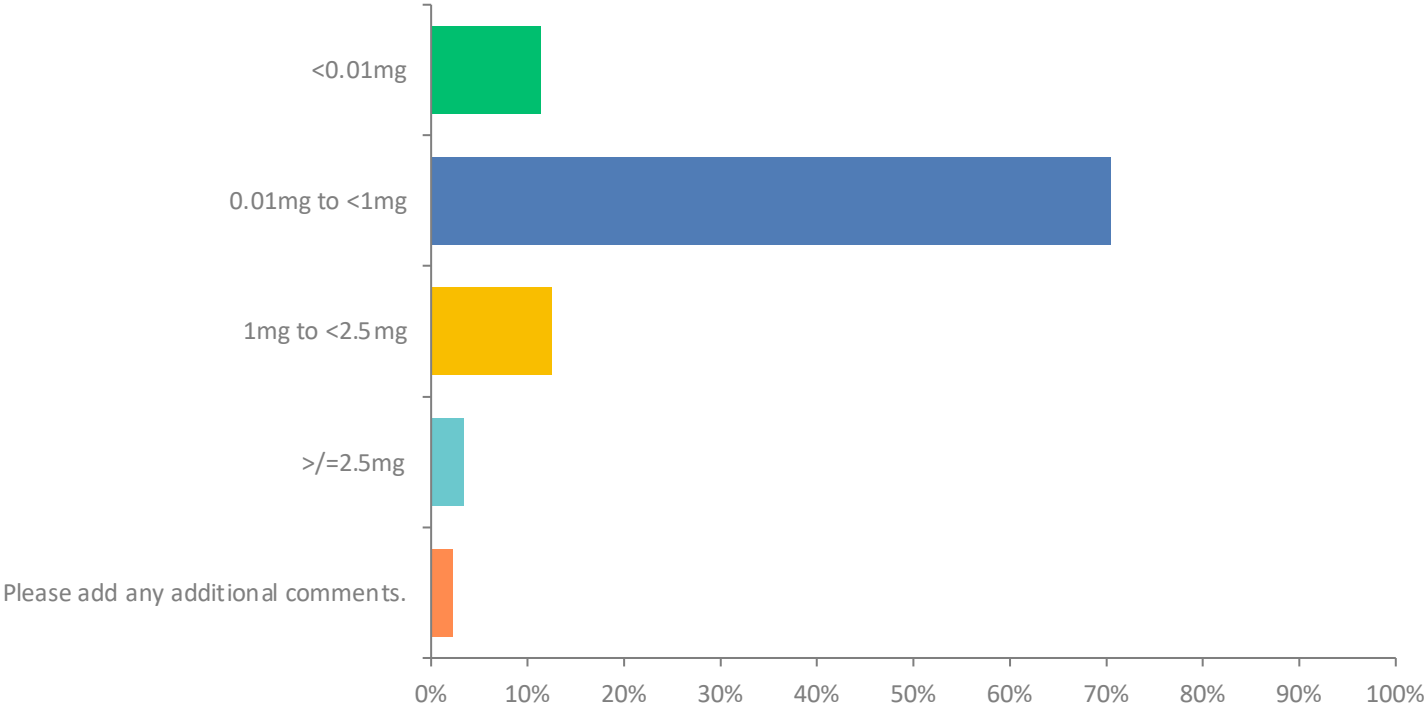
# Q26: We have treated egg allergy with OIT

Answered: 111 Skipped: 18



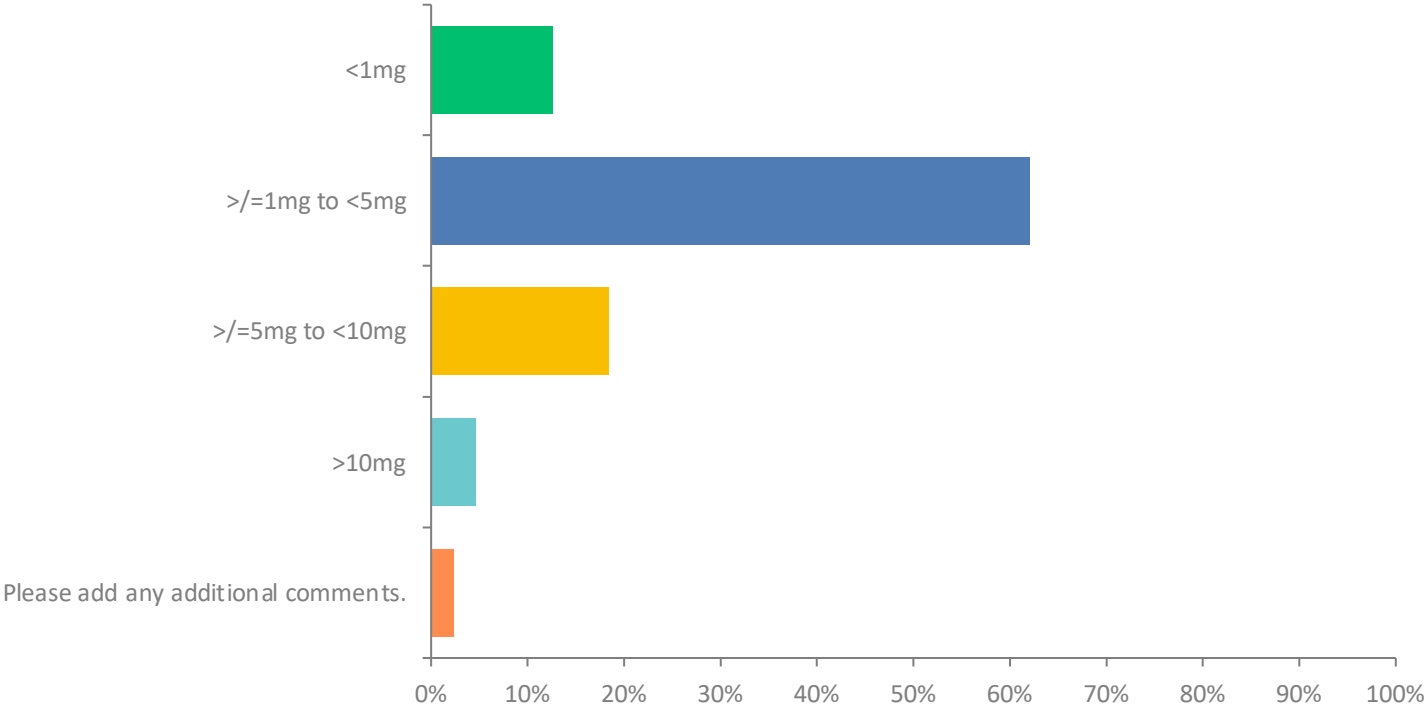
# Q27: Day One Egg Starting Dose in mg of protein - please choose the option that you use most often

Answered: 88 Skipped: 41



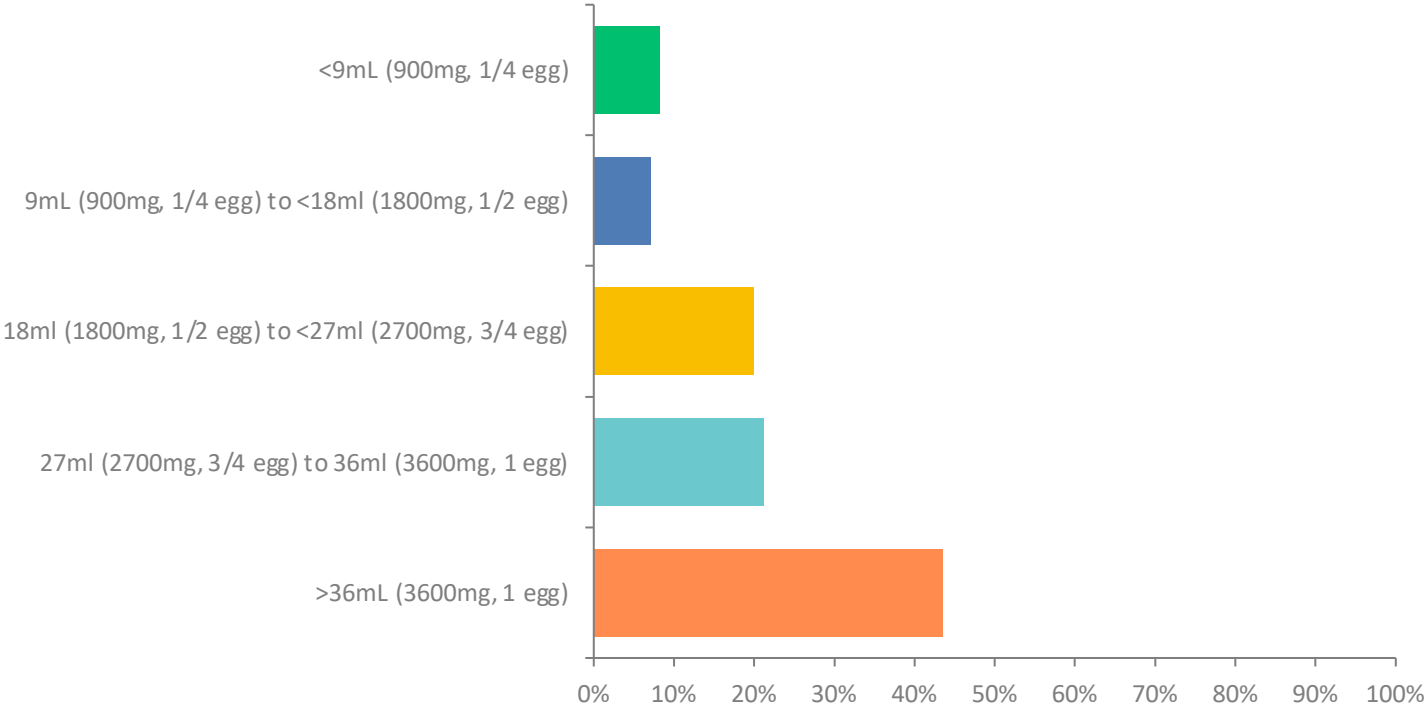
# Q28: Day One Egg Final Dose in mg of protein - please choose the option that you use most often

Answered: 87 Skipped: 42



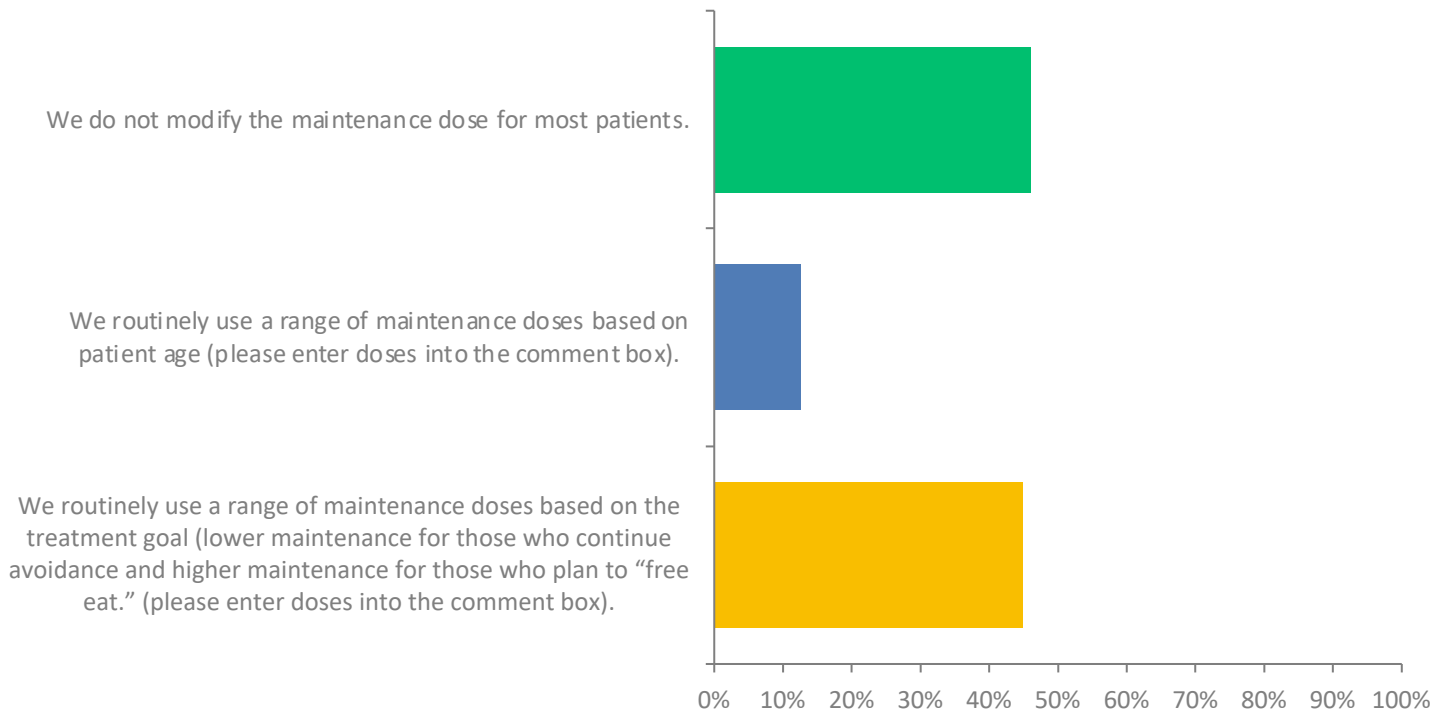
# Q29: Maintenance Dose for Egg

Answered: 85 Skipped: 44



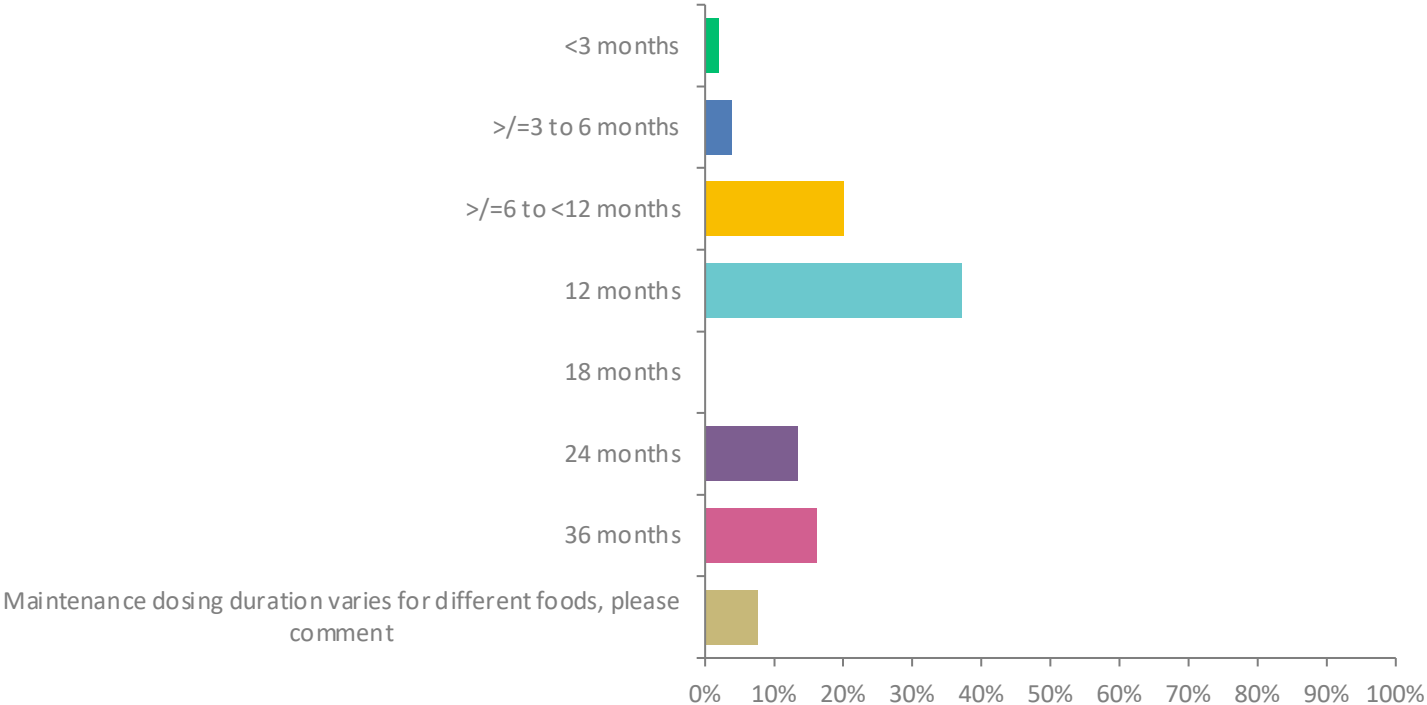
## Q30: Egg maintenance dose modifications (Check all that apply)

Answered: 87 Skipped: 42



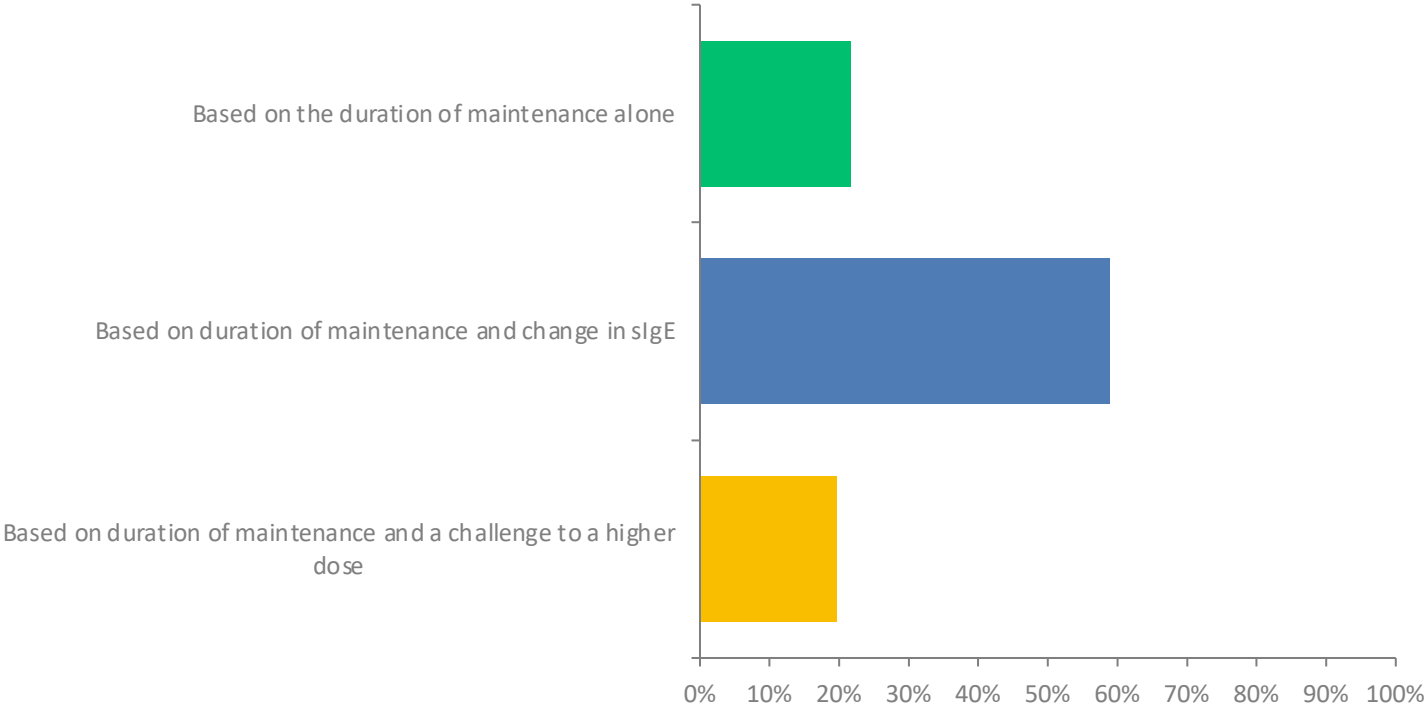
**Q31: Maintenance Duration - i.e., the minimum time taking the post-escalation dose before consideration of less frequent than daily dosing.**

Answered: 105 Skipped: 24



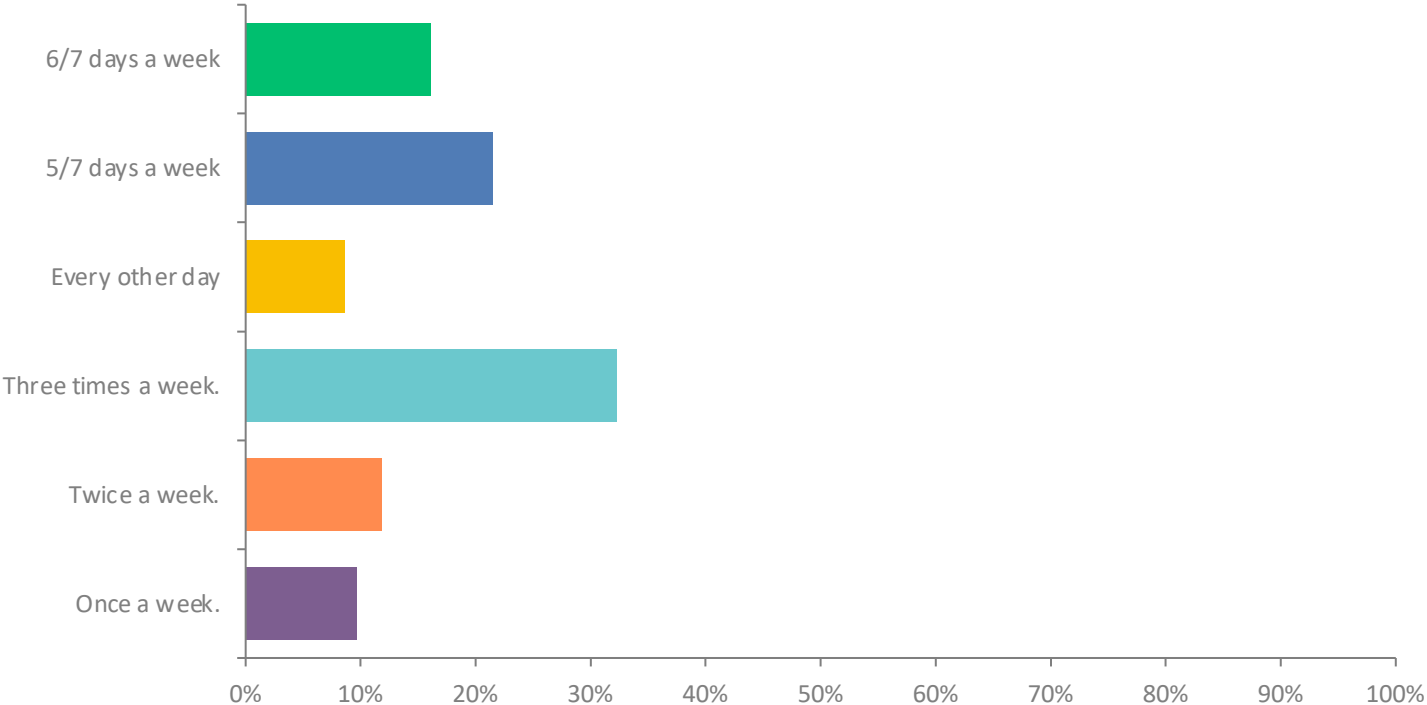
# Q32: Dose frequency modifications are made

Answered: 102 Skipped: 27



# Q33: Maintenance Dosing - Indicate the lowest dosing frequency that you permit prior to a sustained unresponsiveness challenge

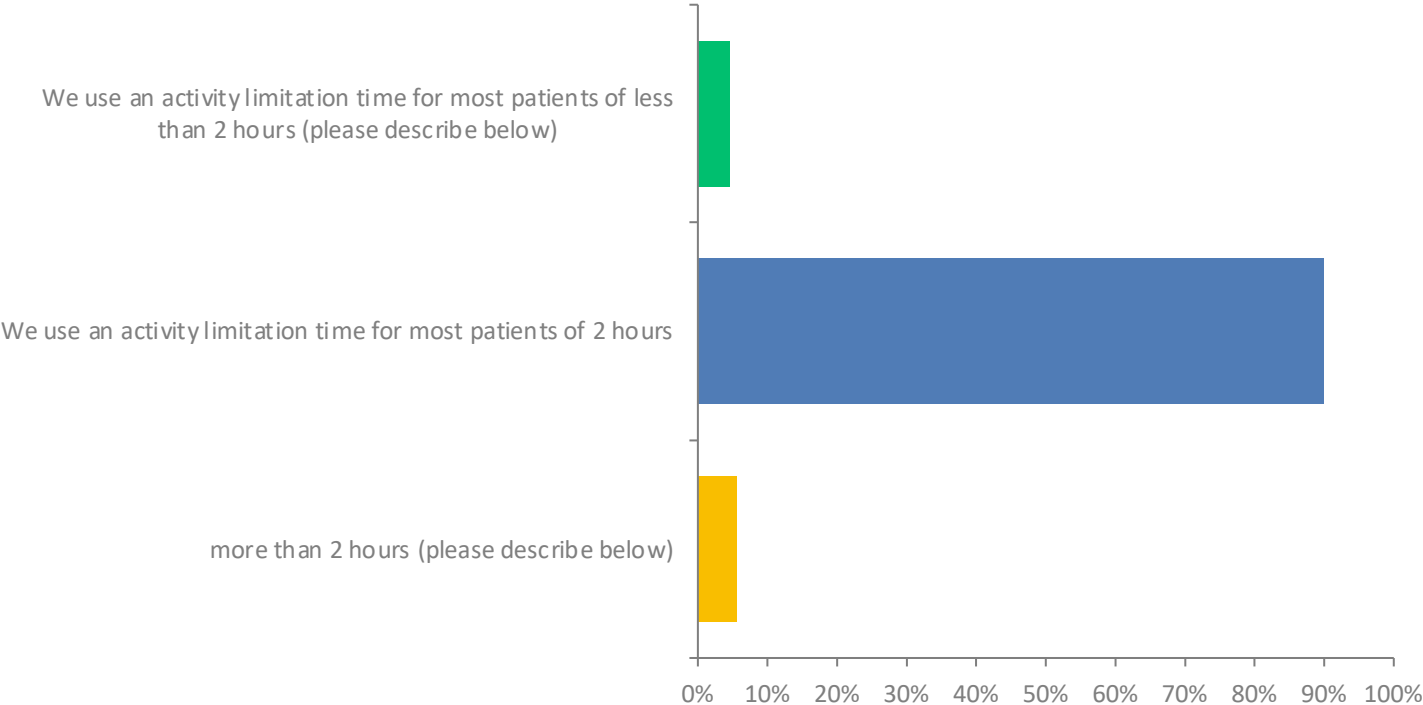
Answered: 93   Skipped: 36





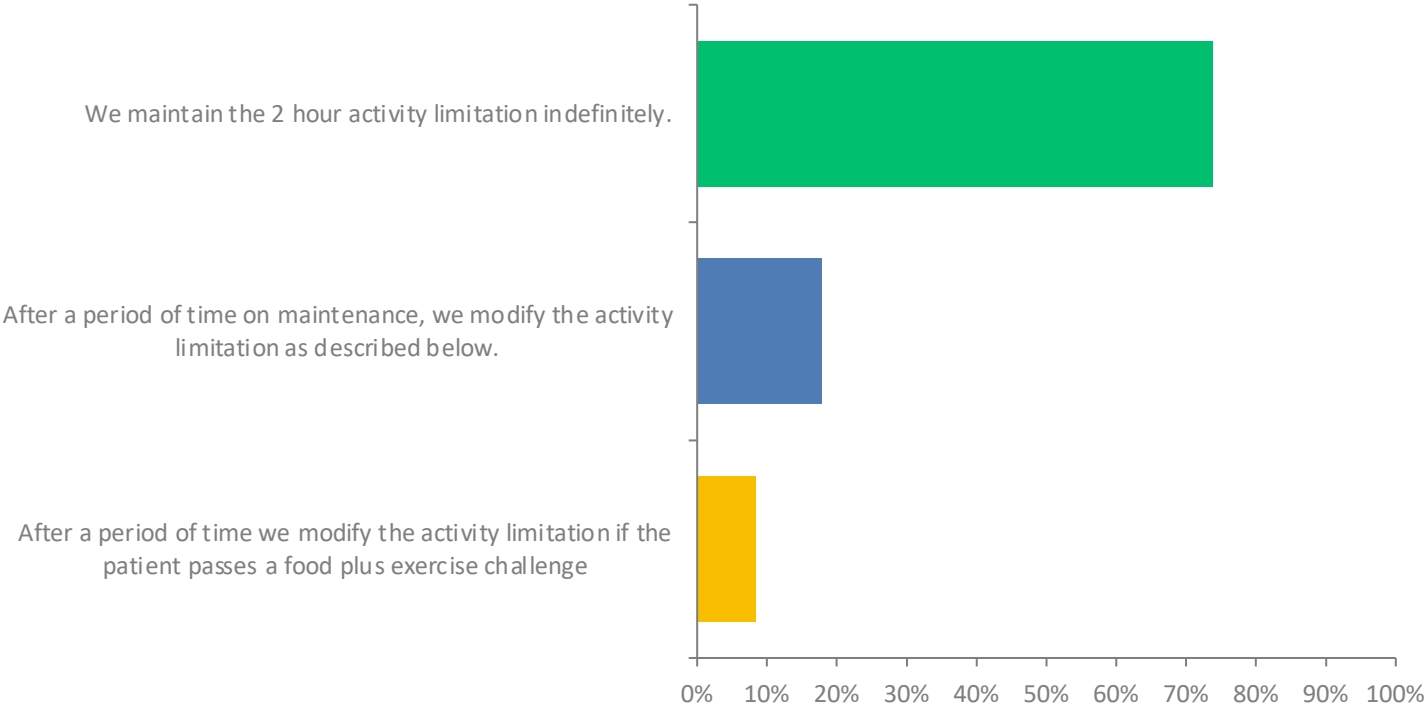
# Q34: Post-dose activity limitation for most maintenance patients is

Answered: 109 Skipped: 20



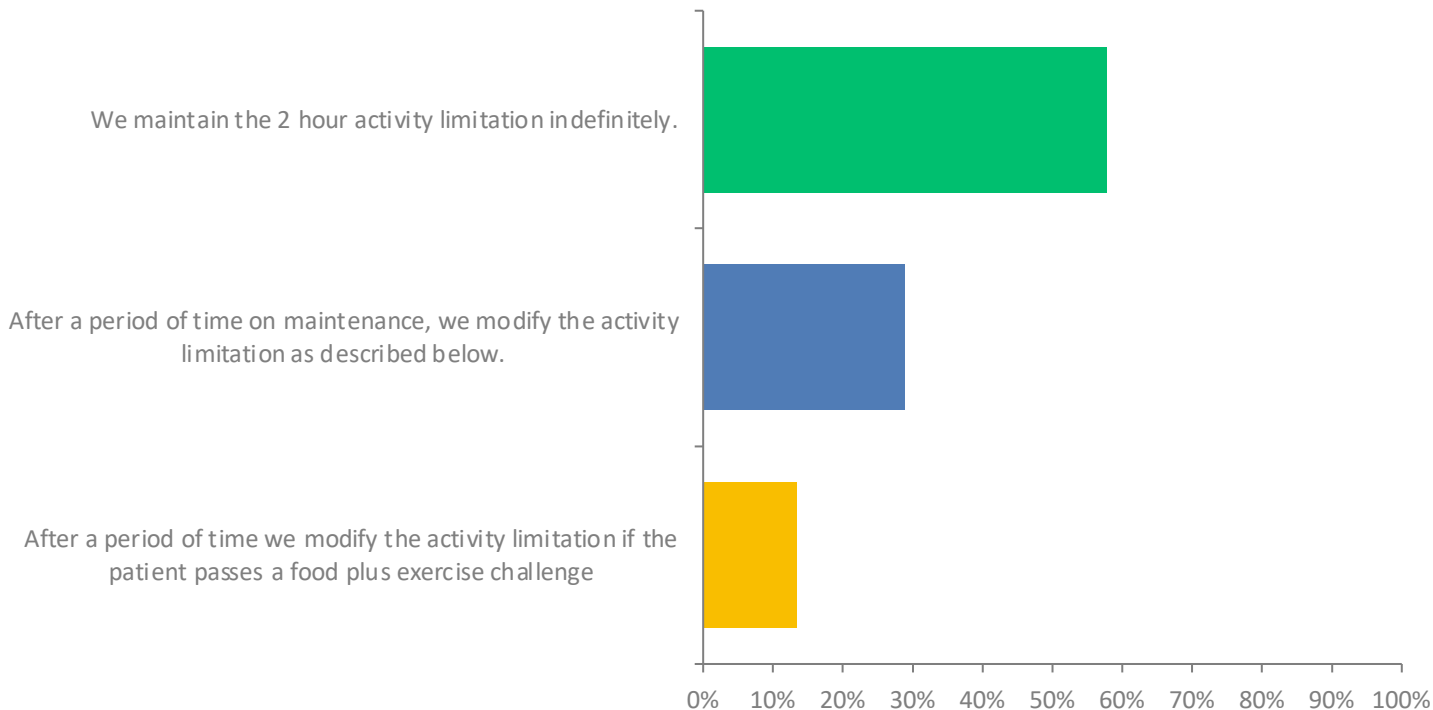
# Q35: For maintenance patients who are avoiding their food allergen, we modify the 2 hour activity limitation after OIT dosing

Answered: 107 Skipped: 22



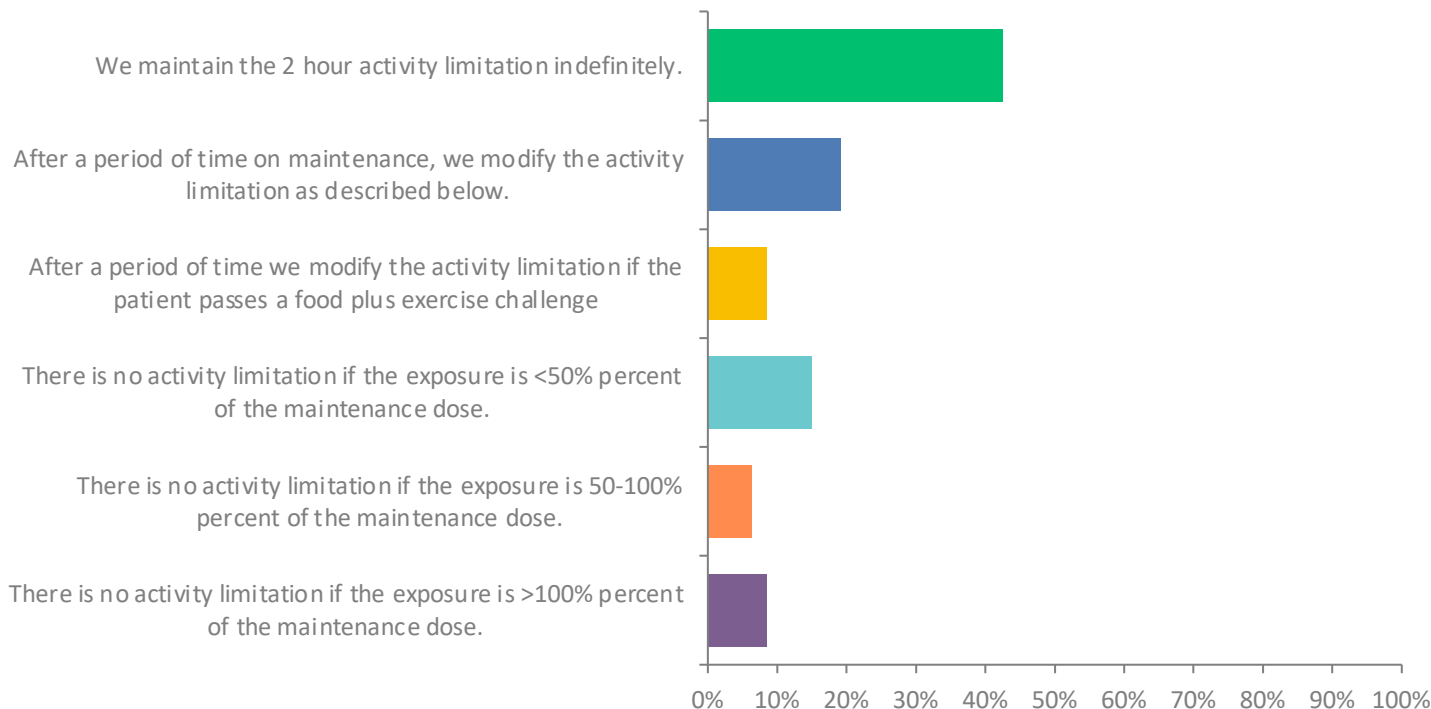
## Q36: For maintenance patients who are "free eating" their allergenic food, we modify the 2 hour activity limitation after OIT dosing as follows:

Answered: 97 Skipped: 32



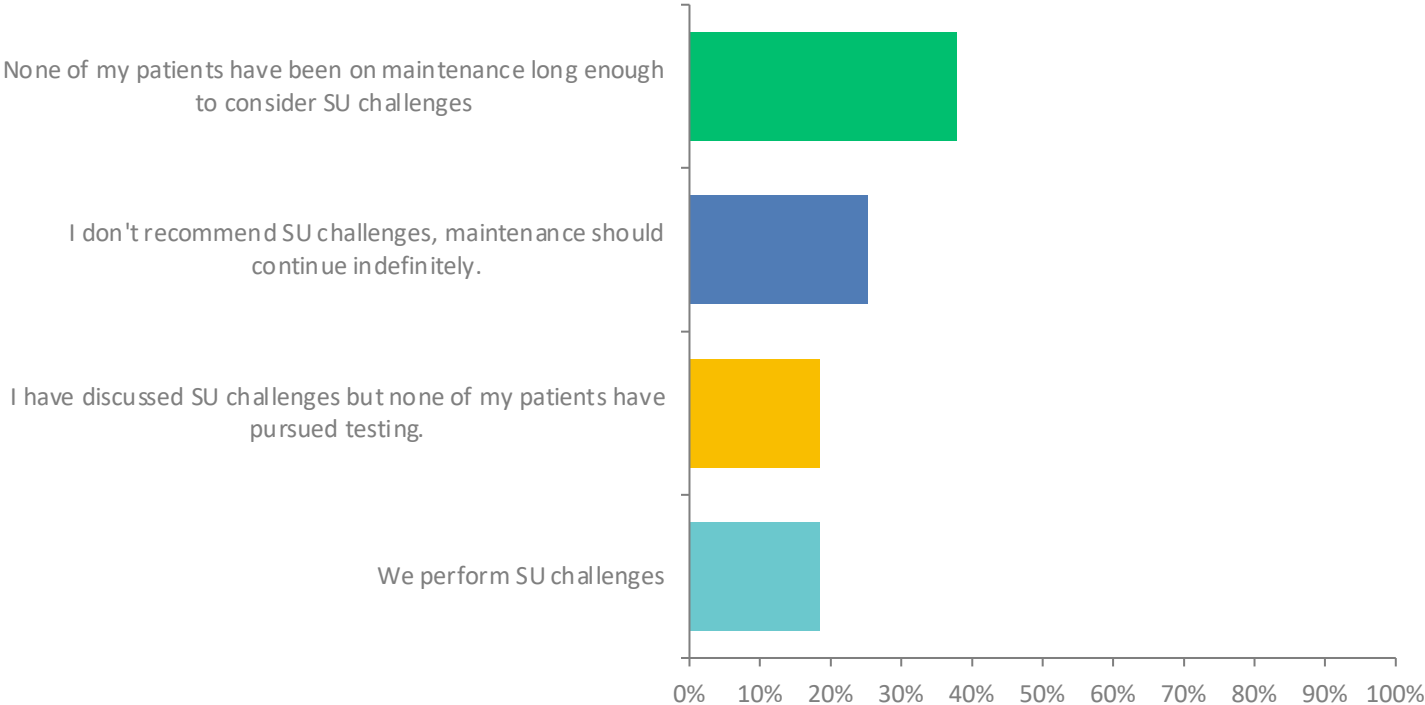
### Q37: For maintenance patients who are "free eating" their allergenic food, we modify the 2 hour activity limitation after consuming the food as part of the regular diet:

Answered: 94 Skipped: 35



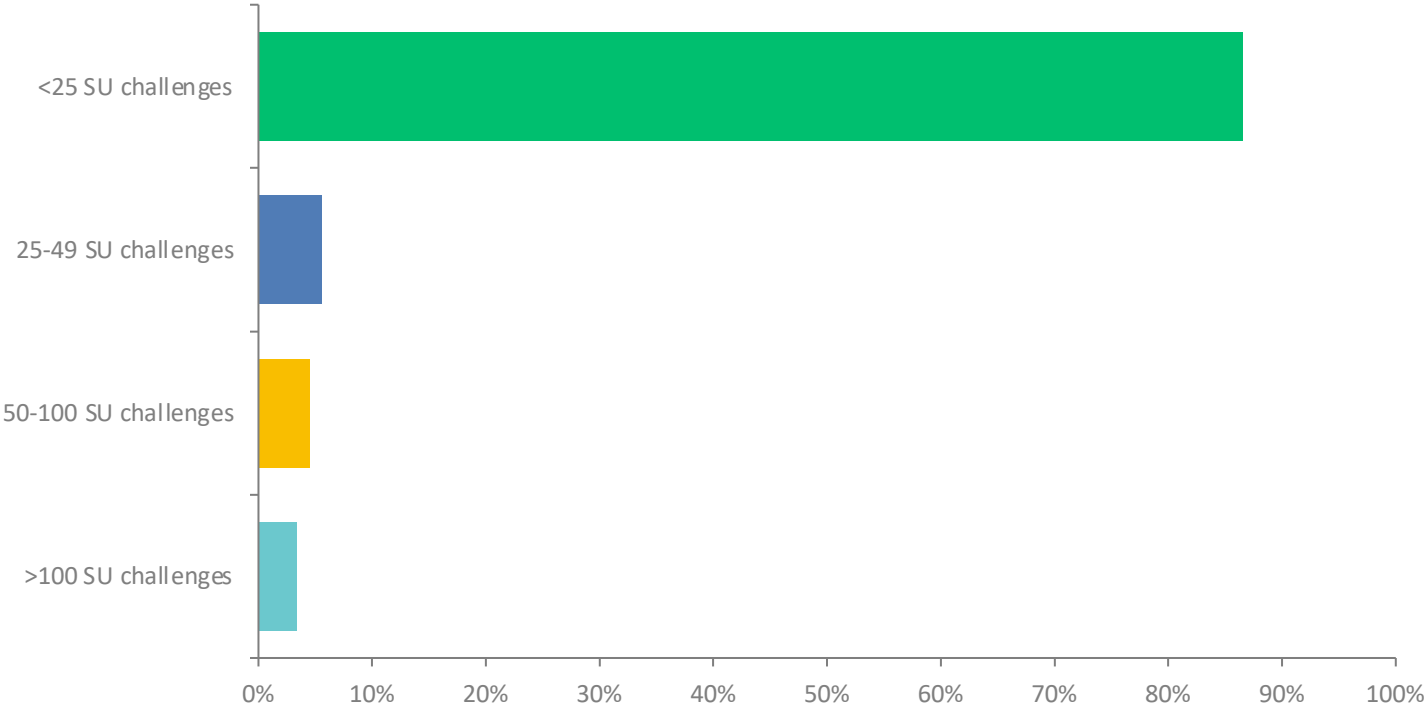
# Q38: Sustained Unresponsiveness (SU)

Answered: 103 Skipped: 26



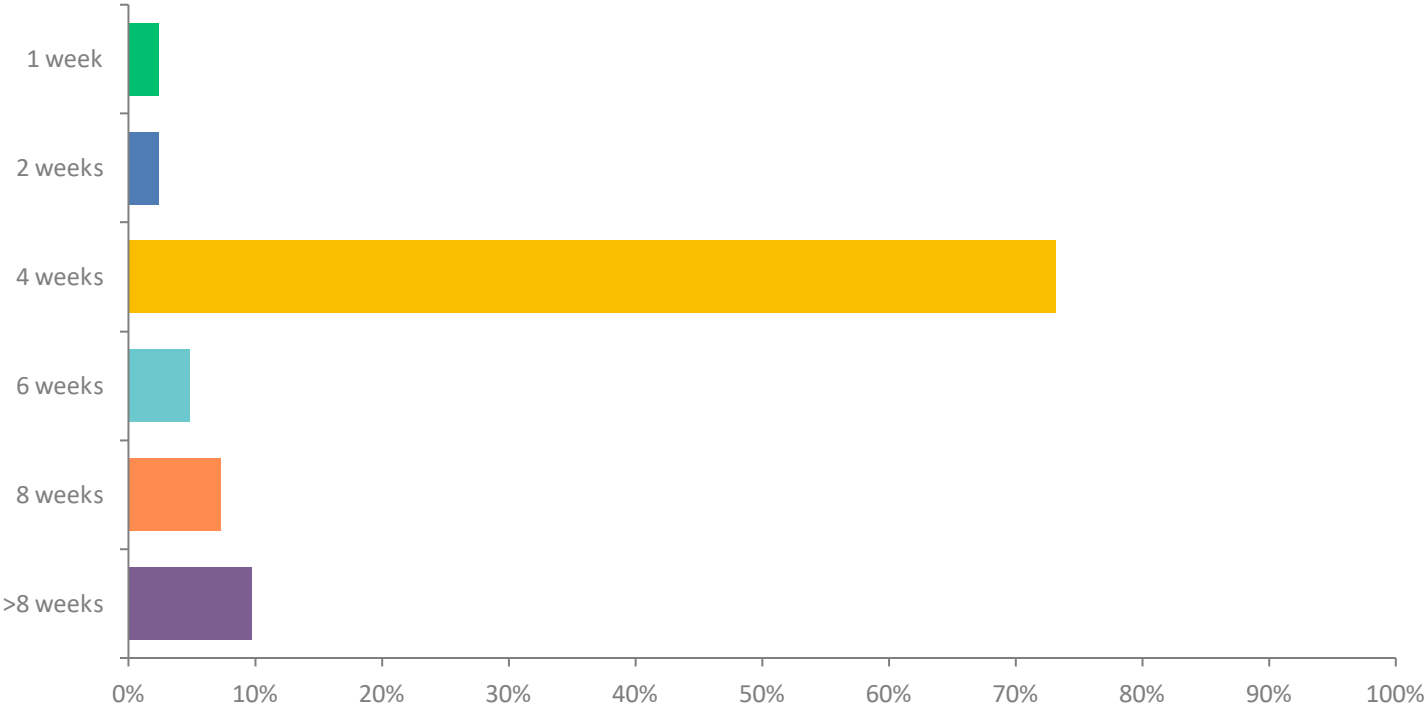
# Q39: We have performed

Answered: 89   Skipped: 40



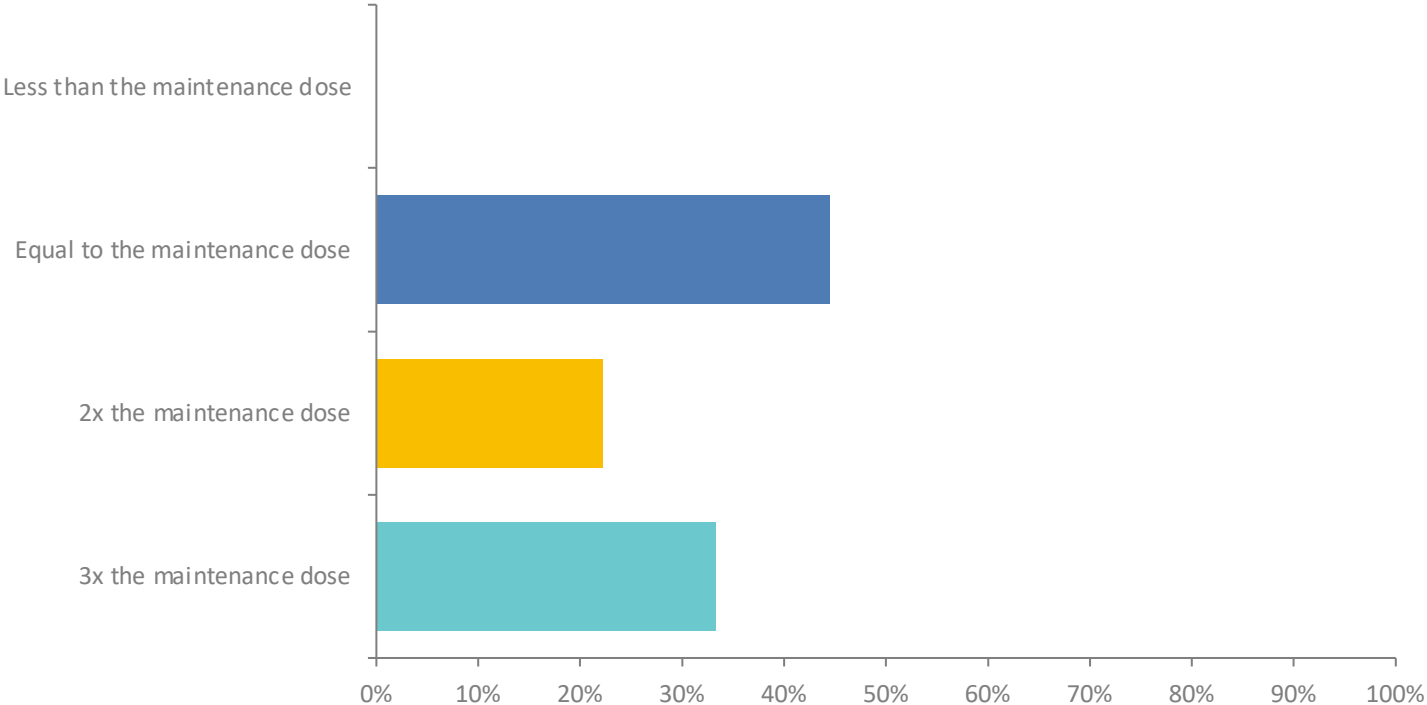
# Q41: Sustained unresponsiveness challenges – duration of avoidance prior to challenge

Answered: 41 Skipped: 88



# Q42: Final dose of OIT food used for sustained unresponsiveness challenge

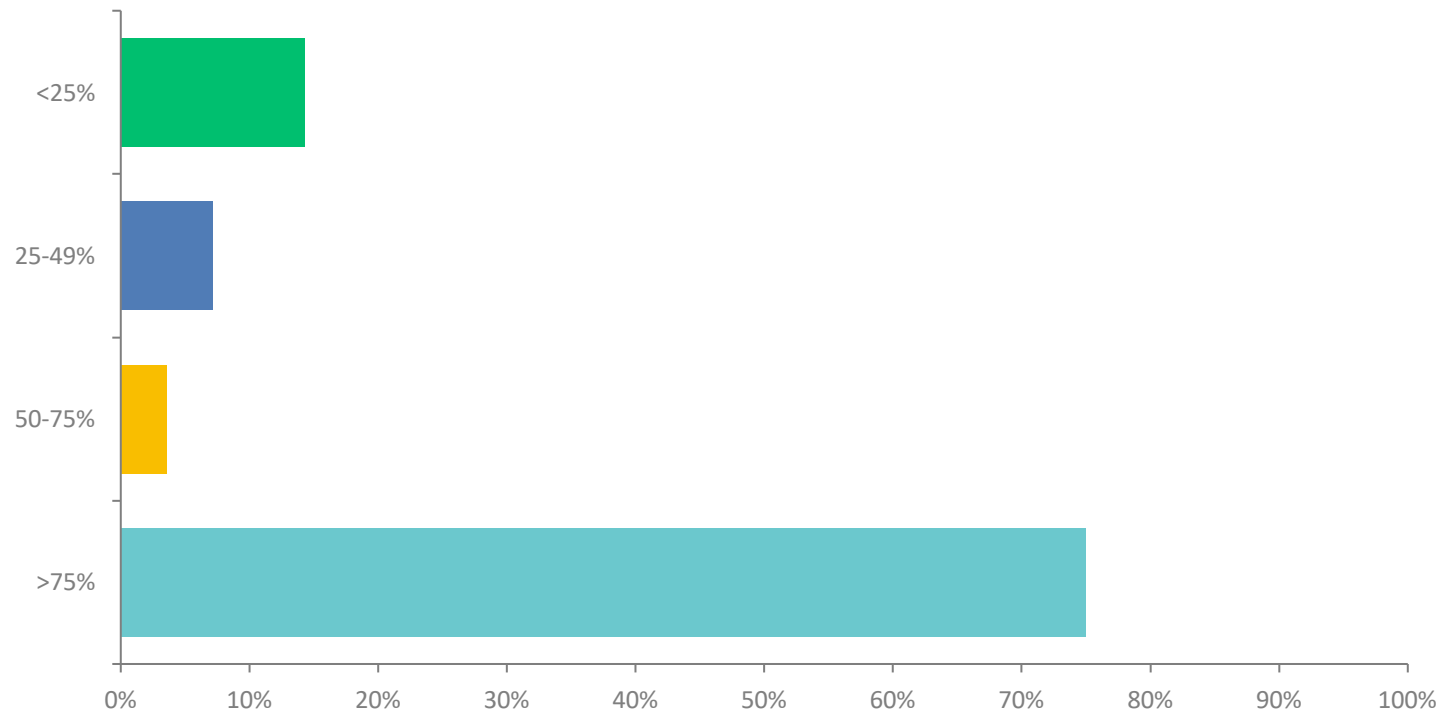
Answered: 36 Skipped: 93





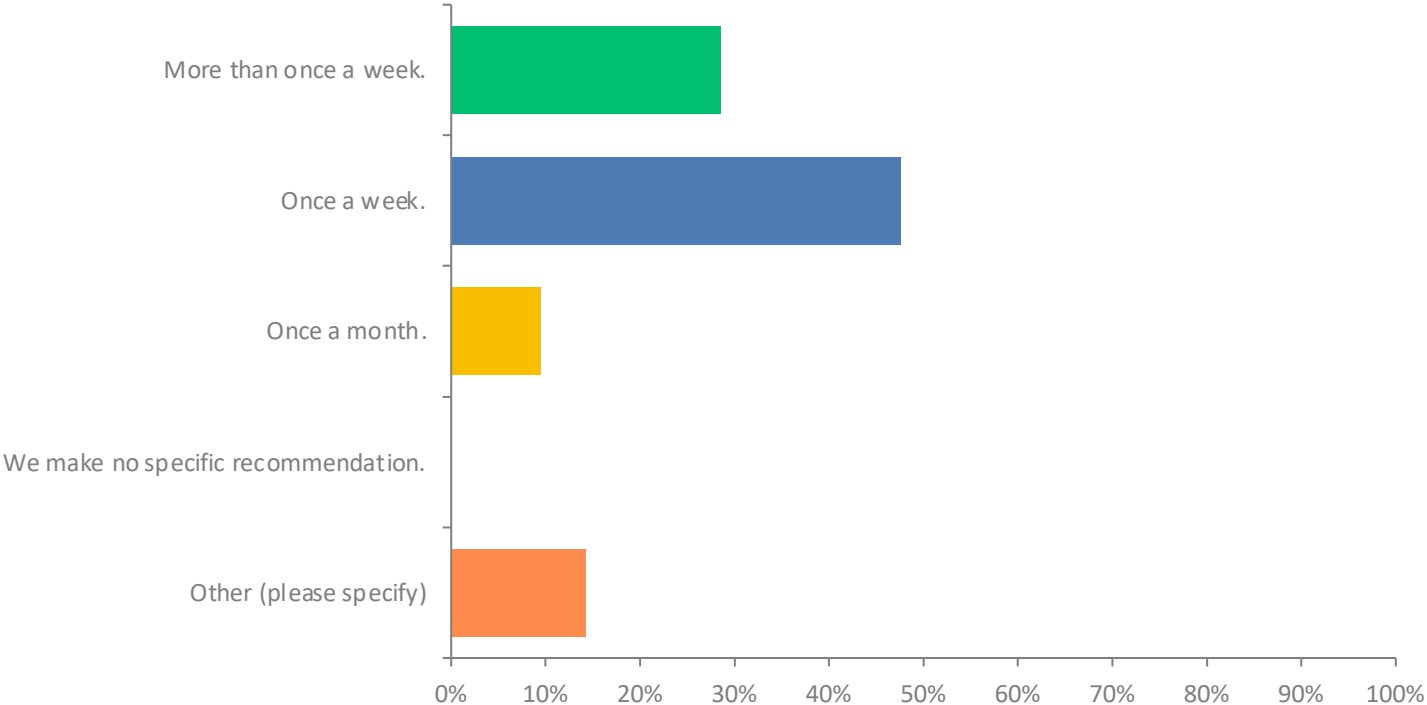
# Q43: Sustained unresponsive challenge outcomes (pass rate)

Answered: 28 Skipped: 101



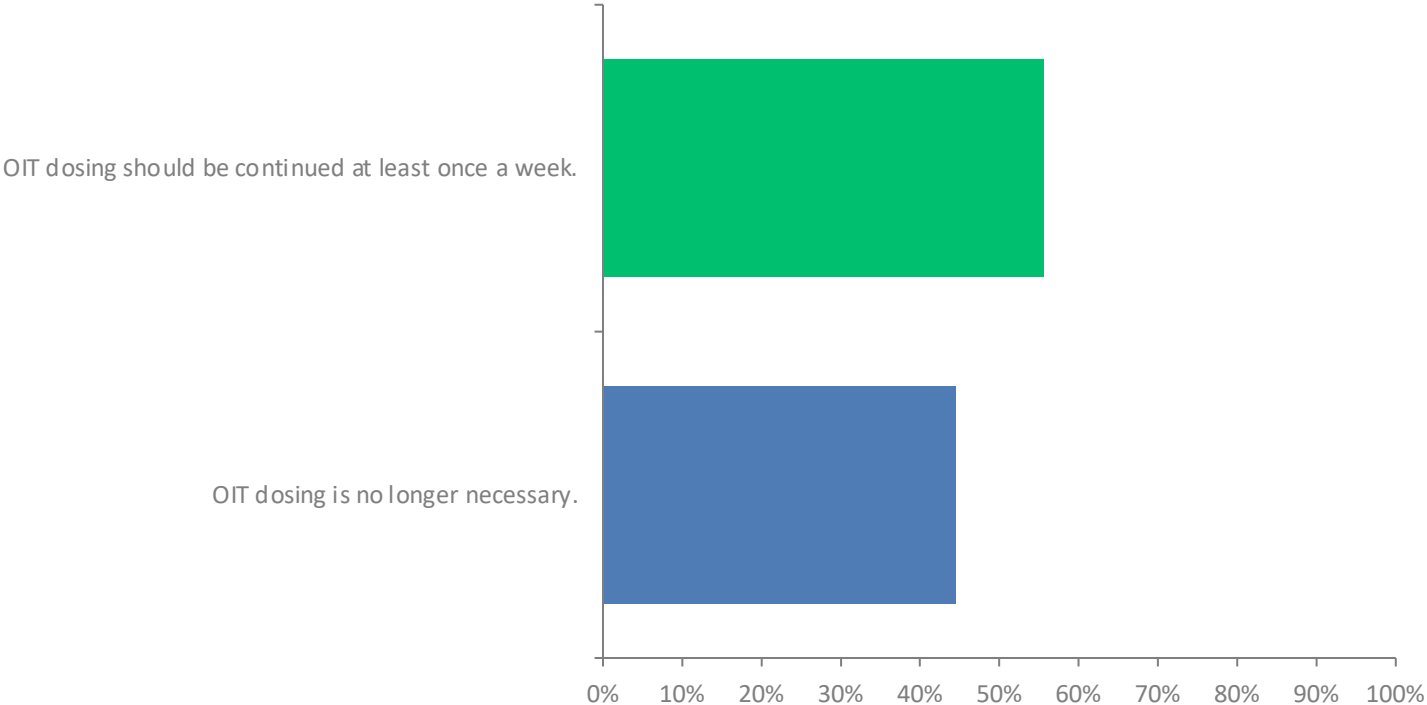
# Q44: If the food will be avoided (e.g., taste aversion) after passing an SU challenge, the OIT food should be eaten

Answered: 21 Skipped: 108



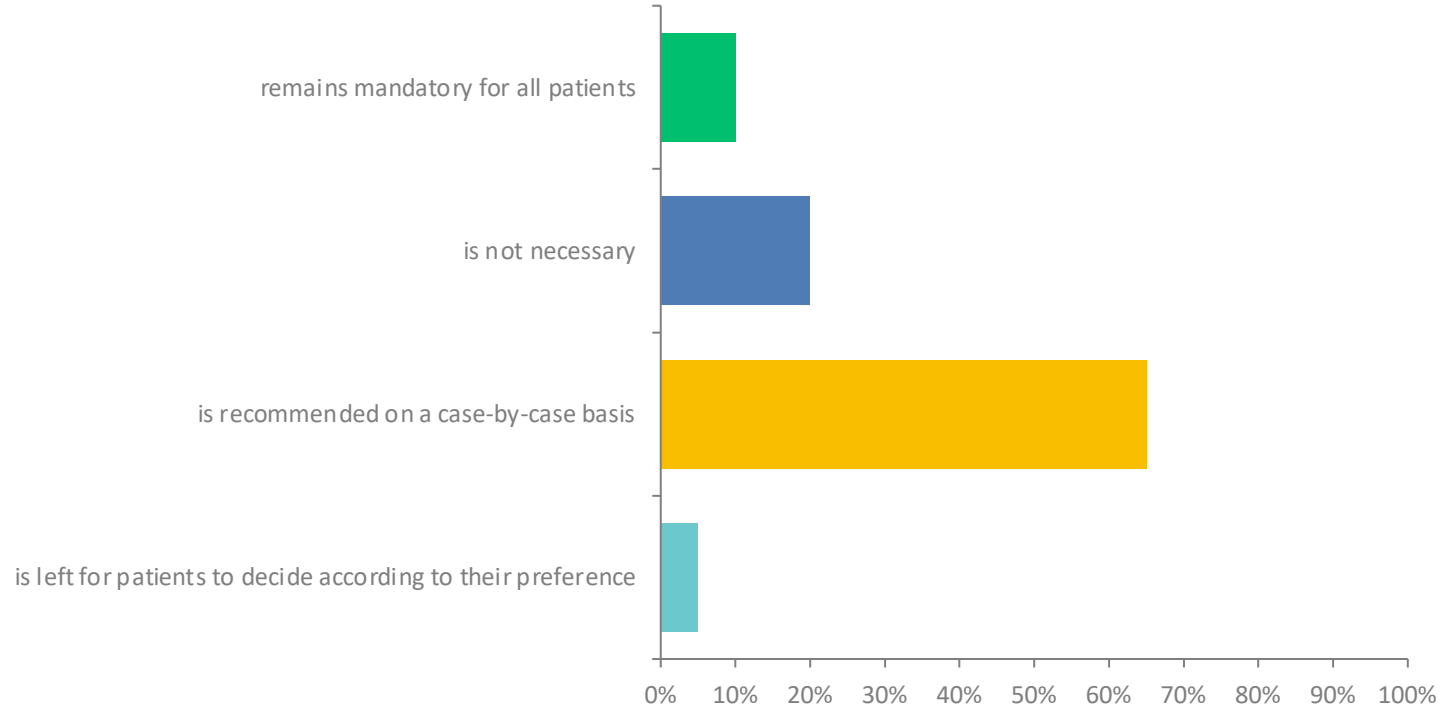
# Q45: If the food will be regularly incorporated into the diet after passing an SU challenge:

Answered: 18 Skipped: 111



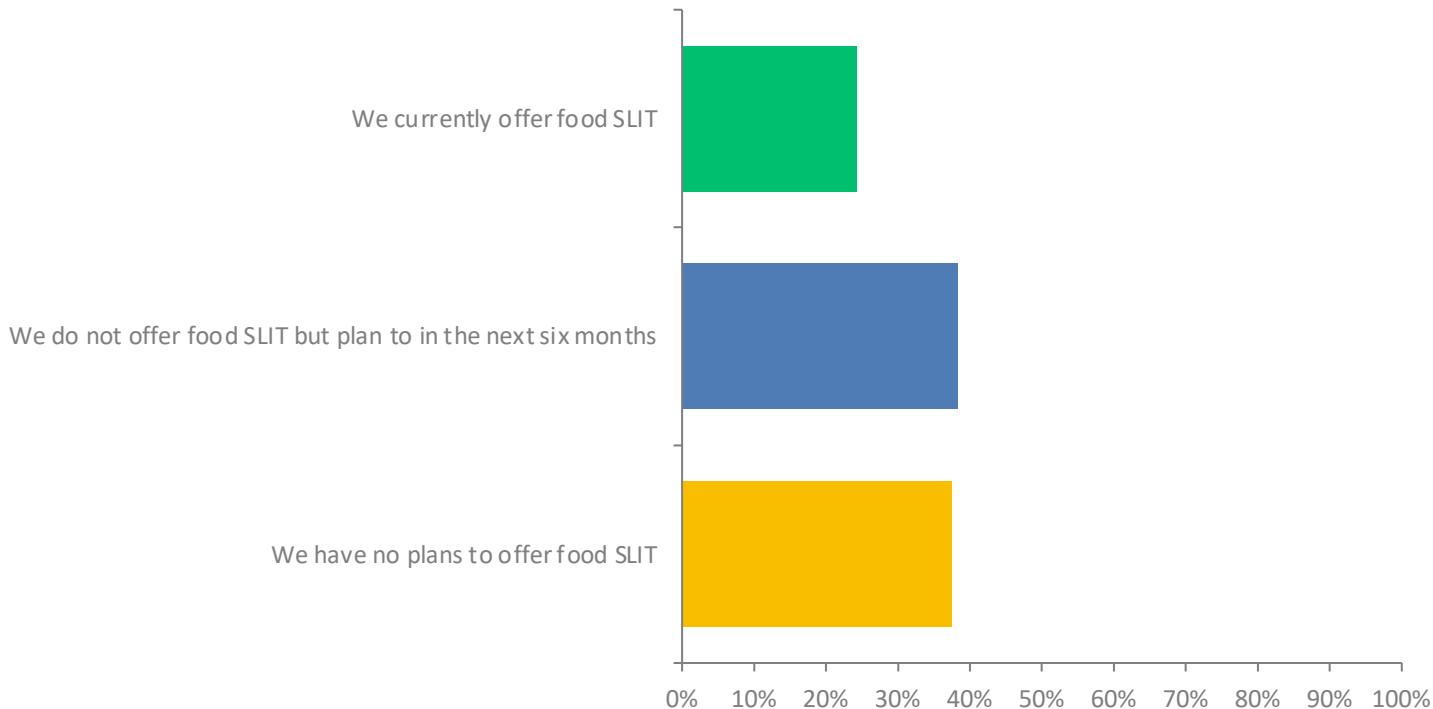
## Q46: After passing a sustained unresponsiveness challenge, carrying epinephrine

Answered: 20 Skipped: 109



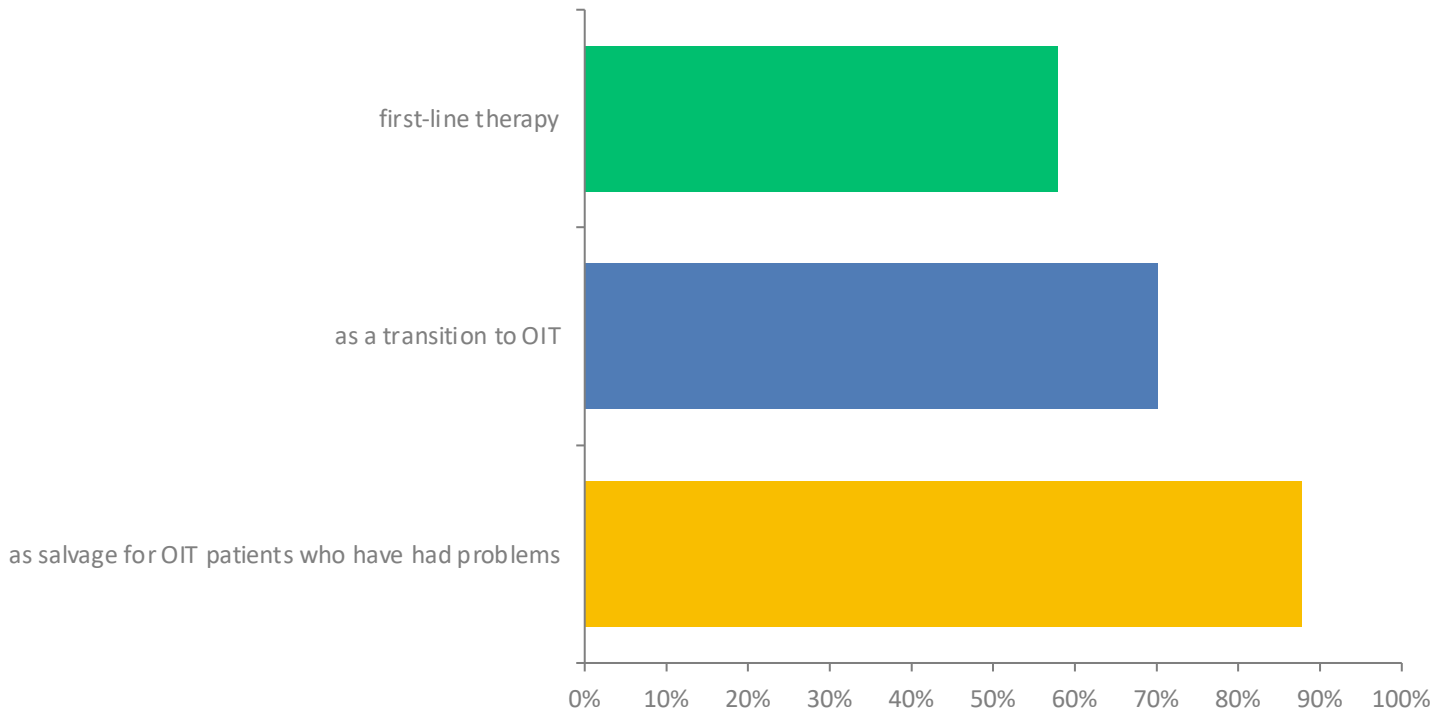
## Q47: Food SLIT

Answered: 107 Skipped: 22



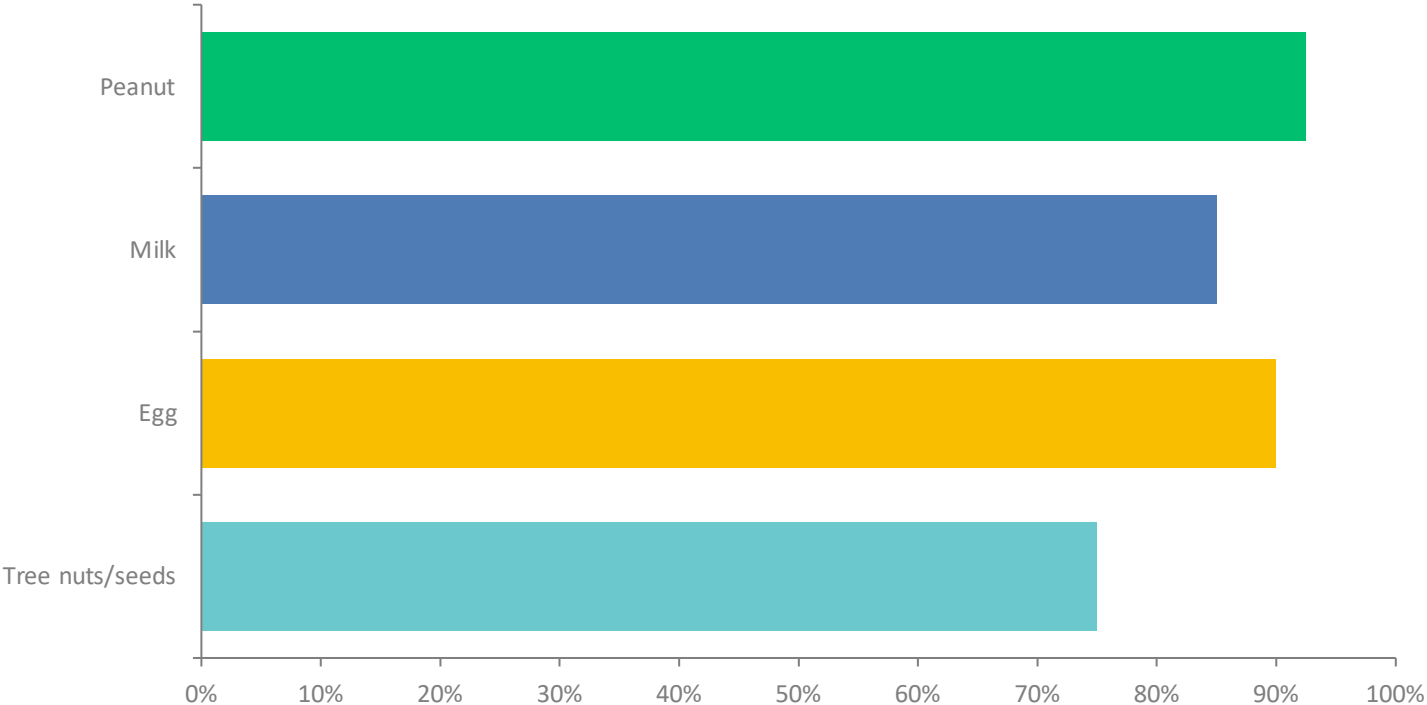
## Q48: In our practice, indications for food SLIT (now or when we start in the next six months) include:

Answered: 57 Skipped: 72



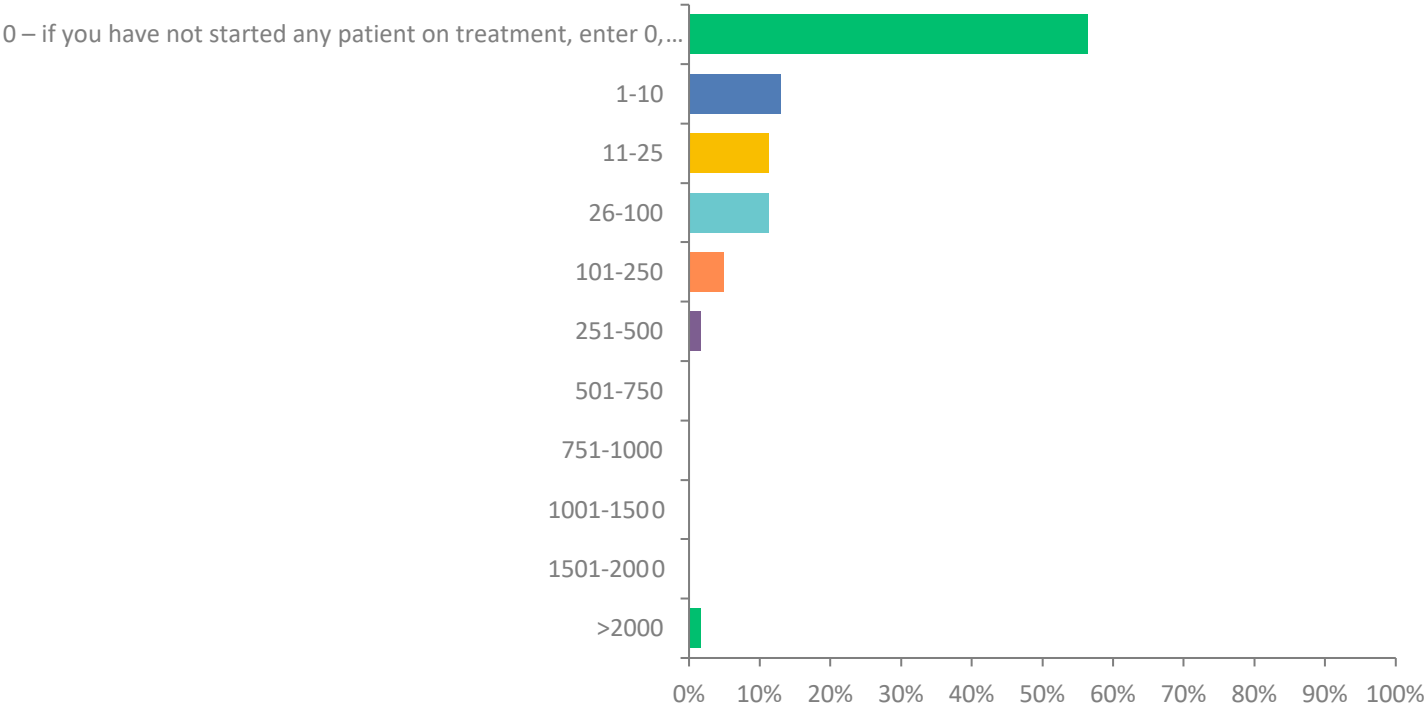
# Q49: We offer SLIT for the following food (check all that apply):

Answered: 40 Skipped: 89



# Q50: Enter the estimated number of patients started on food SLIT (total for the practice)

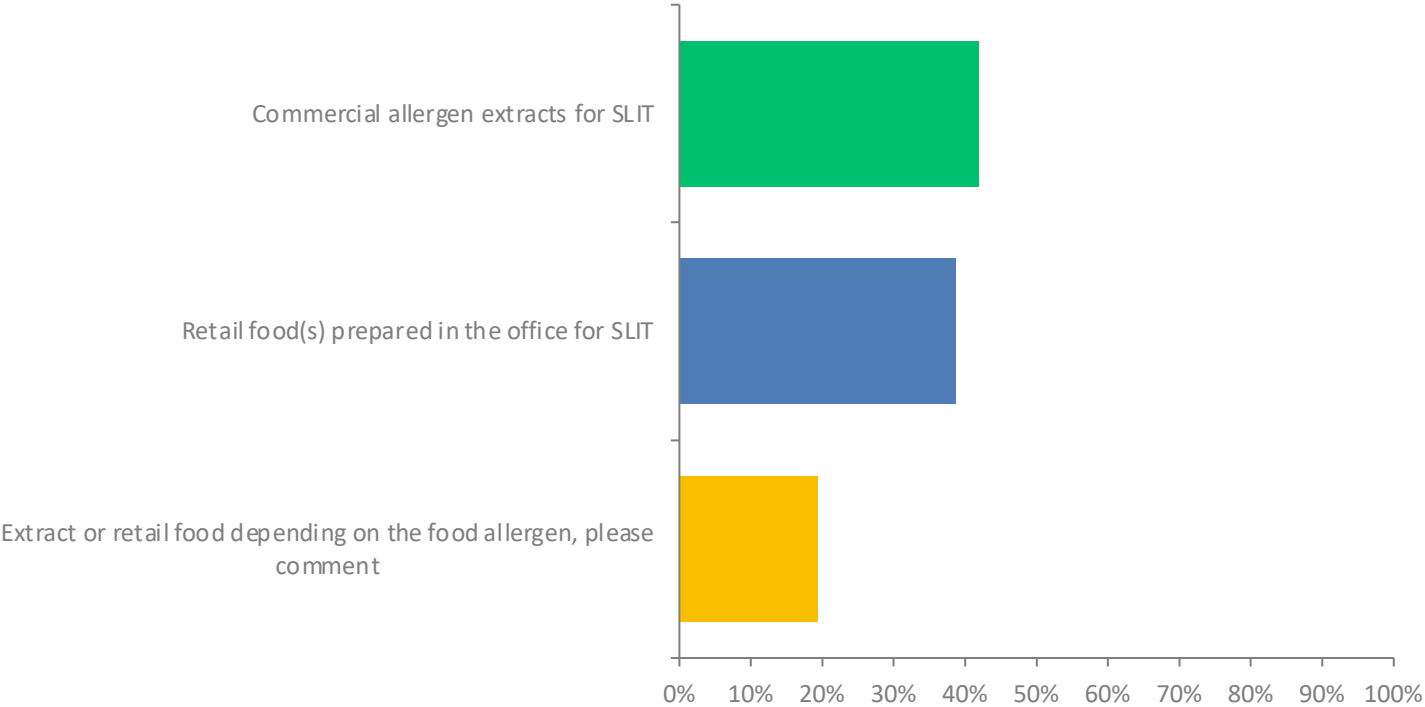
Answered: 62 Skipped: 67





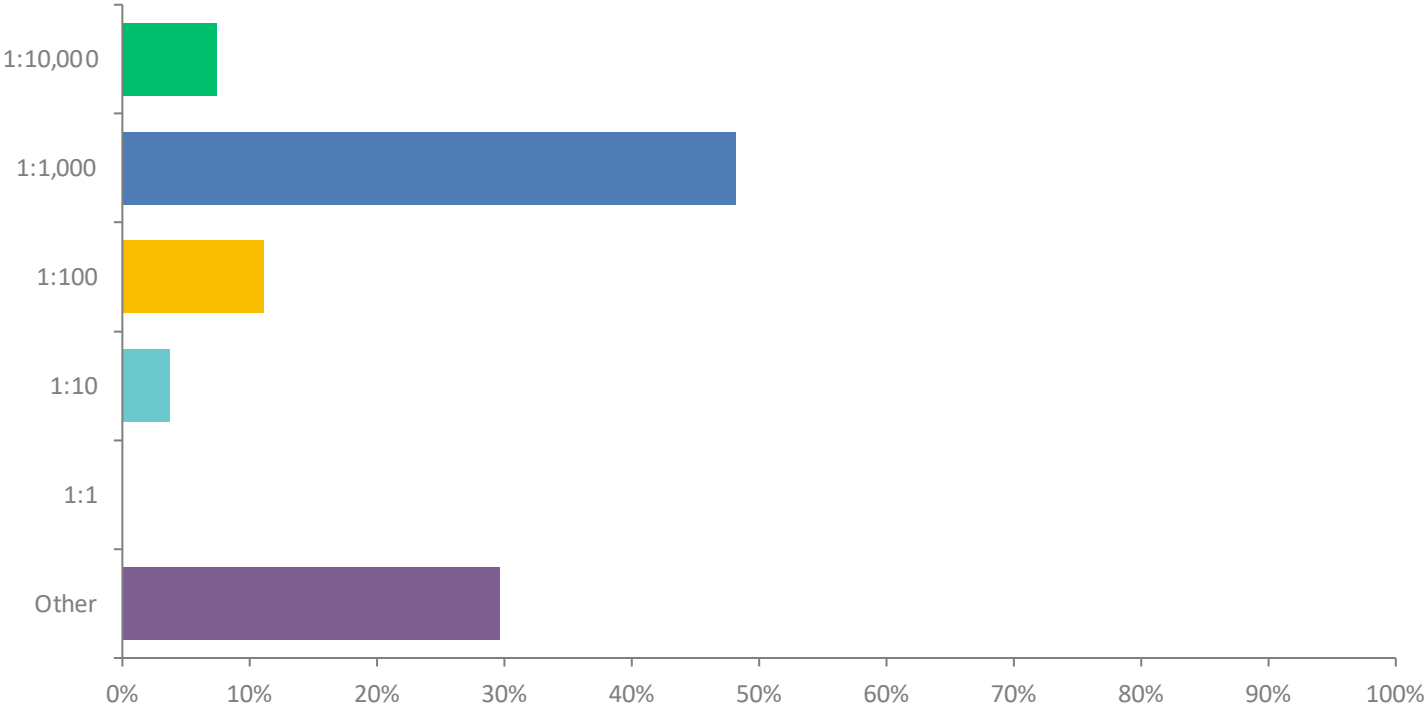
# Q51: We use

Answered: 31 Skipped: 98



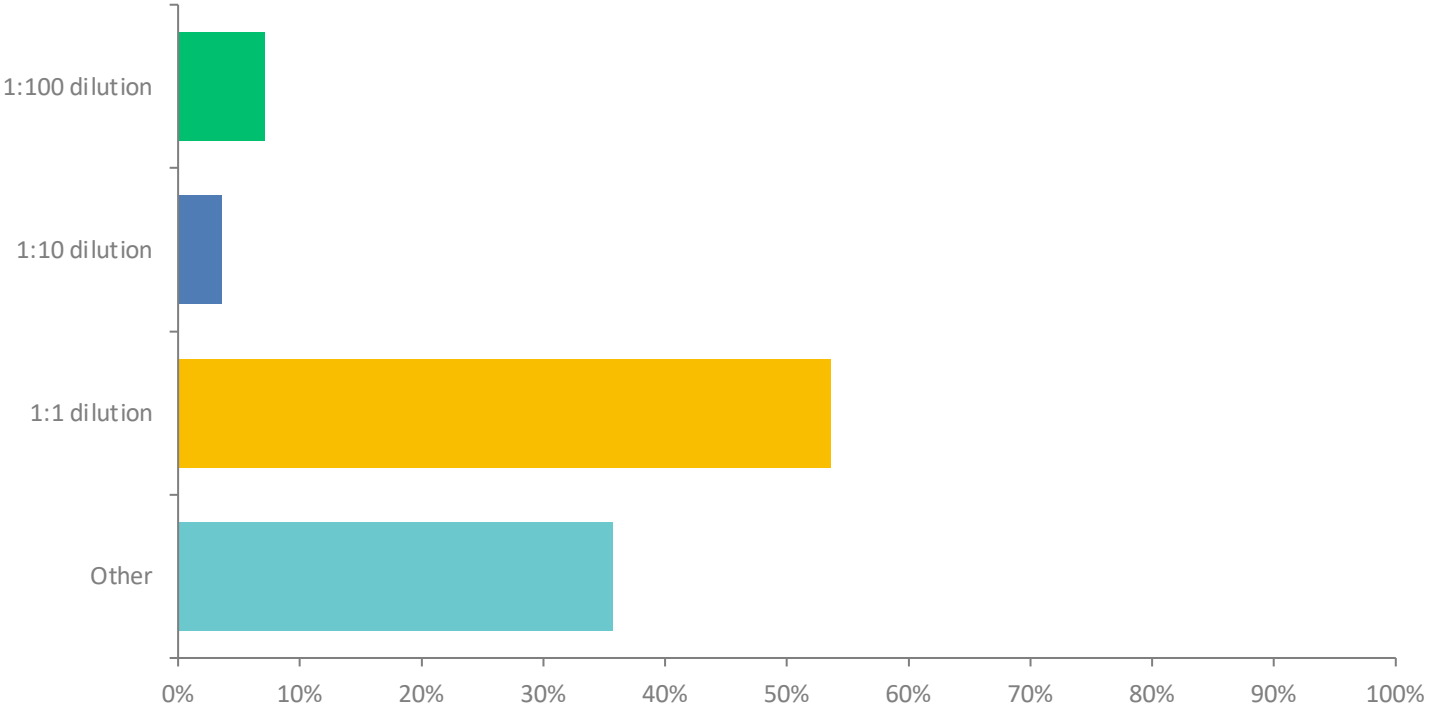
# Q52: If you use commercial allergen extracts, what dilution do you use for your SLIT starting dose

Answered: 27 Skipped: 102



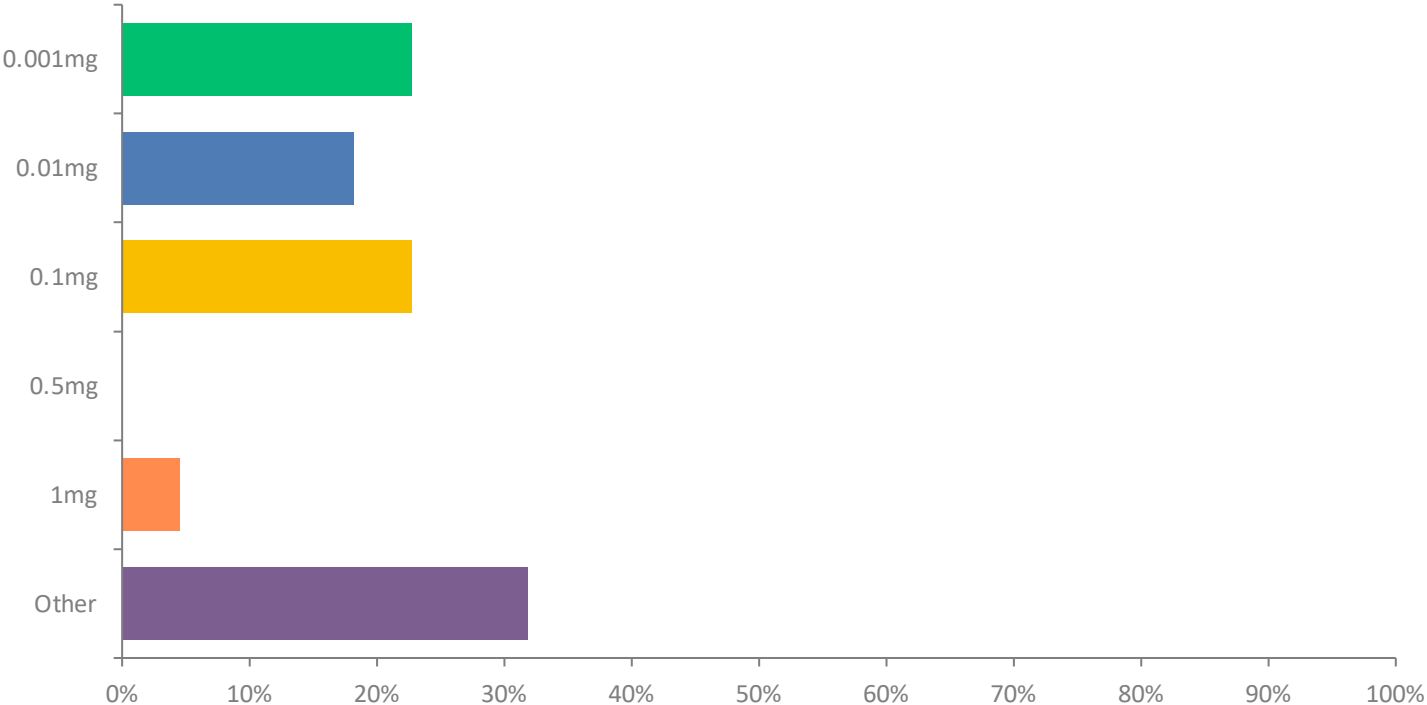
# Q53: If you use commercial allergen extracts, what dilution do you use for your SLIT maintenance dose

Answered: 28 Skipped: 101



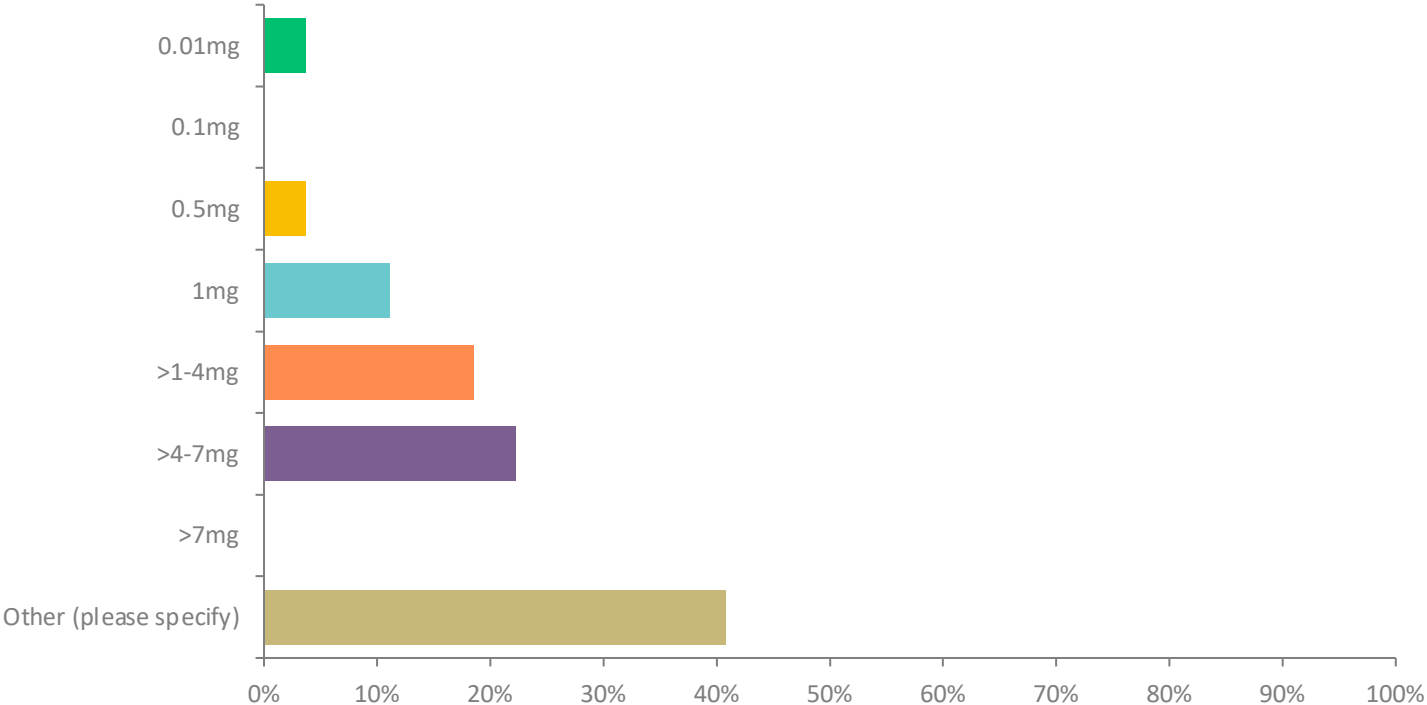
# Q54: If you use retail food for SLIT, what is your starting dose in mg of protein

Answered: 22 Skipped: 107



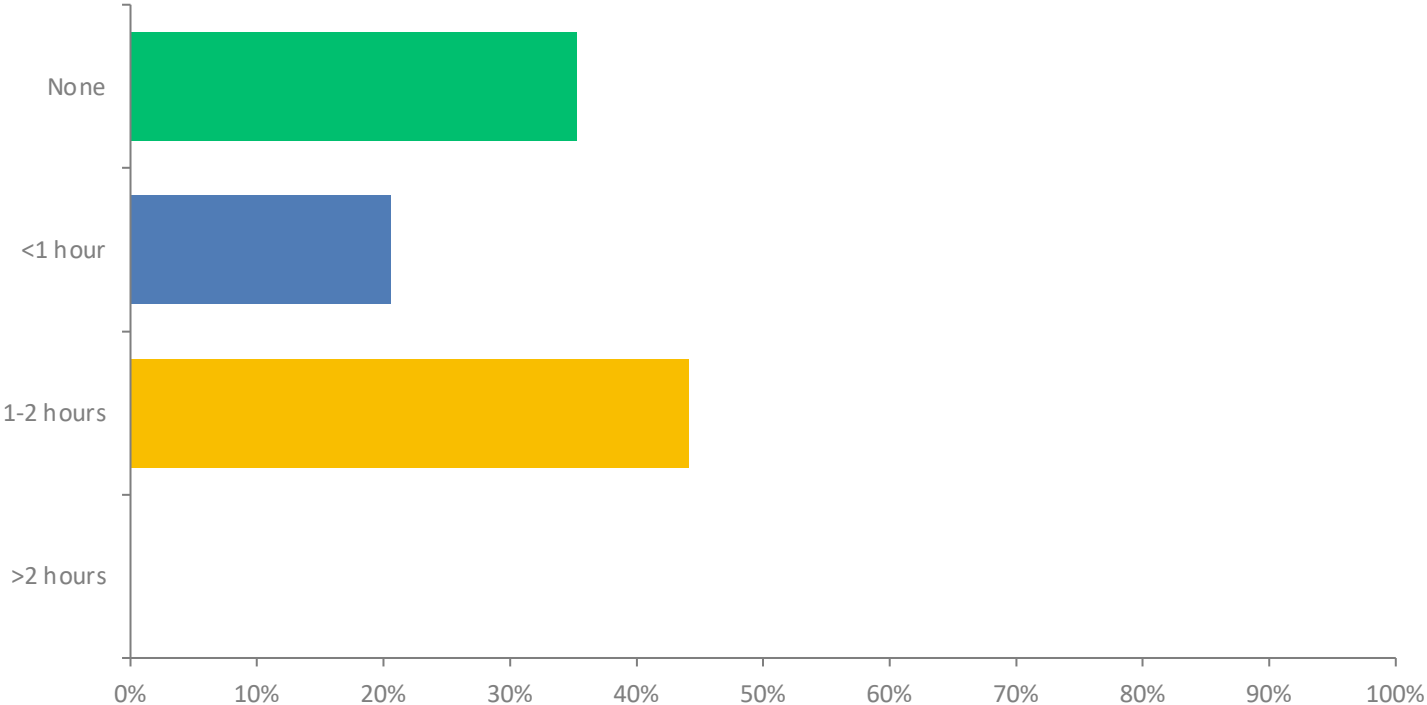
# Q55: If you use retail food for SLIT, what is your maintenance dose in mg of protein

Answered: 27 Skipped: 102



# Q56: What is the exercise limitation post-SLIT dose

Answered: 34 Skipped: 95



# Q57: Other than exercise limitations, are there other limitations for SLIT patients?

Answered: 29 Skipped: 100

