

# Escalation Protocols Panel

# Escalation Protocols – Office-Based

- Day one options
  - Fixed schedule
  - Challenge-based initiation
- “Standard Escalation”
  - Dosing increments
  - Weekly vs biweekly, other
  - Adjustments for high risk patients
- Low and slow (Blumchen)
- Prolonged low dose (Ebisawa)

## Escalation Protocols – Home-Based

- Spoons (graded, independent home escalation - Shaker)
- Home updosing during telemed visit
- 2/3 in office, 1/3 up a week later at home

# Sarasota Protocol - Windom

- Why – wanted to offer OIT via insurance
- How – give 2 doses at each OV, CPT – 95076 & 99213/4
- What – monthly visits to avoid setting off insurance alarms, allows 100% updose, 7-8 visits

# Sarasota Protocol - Windom

	Peanut/ flour	Dose	Peanut protein/dose (mg)
<b>Updose I</b>	Flour (glycerin)	0.7 ml 0.15 ml (0.8 > 0.9 ml)	3.5 (day 1 – 2 mg) 0.8 (4 > 4.5)
<b>Updose II</b>	Peanut	0.03 gm 0.01 gm (0.035 > 0.04 gm)	7.5 2.5 (8.8 > 10)
<b>Updose III</b>	“ “	0.07 gm 0.015 gm (0.08 > 0.09 gm)	18 3.8 (20 > 23)
<b>Updose IV</b>	“ “	0.16 gm 0.03 gm (0.18 > 0.2 gm)	40 7.5 (45 > 50)
<b>Updose V</b>	“ “	0.36 gm 0.06 gm (0.4 > 0.44 gm)	90 15 (100 > 110)
<b>Updose VI</b>	“ “	0.84 gm 0.1 gm (0.9 > 1 gm)	210 25 (225 > 250)
<b>Updose VII</b>	Maintenance (M), ~3 peanuts	1.8 gm 0.3 gm (2 > 2.2 > 2.4 > 2.65 > 3 gm)	450 75 (500 > 550 > 600 > 663 > 750)

# Sarasota Protocol - Windom

Date / Time	Peanut flour/Bamba	Dose	Peanut protein/dose (mg)
<b>Updose I</b>	Flour 10 mg/ml	1.3 ml 0.2 ml (1.4 > 1.6 ml)	6.5 (day 1 - 3.5 mg) 1 (7 > 8)
<b>Updose II</b>	Bamba	0.09 gm 0.02 gm (0.1 > 0.11 gm)	15 3.3 (17 > 18)
<b>Updose III</b>	“ “	0.2 gm 0.03 gm (0.22 > 0.24 gm)	33 5 (37 > 40)
<b>Updose IV</b>	“ “	0.45 gm 0.05 gm (0.48 > 0.53 gm)	75 8 (80 > 89)
<b>Updose V</b>	“ “	1 gm 0.1 gm (1.06 > 1.2 gm)	167 17 (177 > 200)
<b>Updose VI</b>	“ “	2.3 gm 0.2 gm (2.4 > 2.7 gm)	384 33 (401 > 451)
<b>Home stretch</b>	Maintenance (M), ~5 Bamba	Q week: 3, 3.3, 3.65 & 4 gm	501, 551, 610, & 668