

Pre-Day 1 Panel

Making The Confirmed Diagnosis

- Is a failed challenge required?
- Surrogate testing for “never eaten” patients
 - sIgE
 - sIgE/tIgE ratio
 - Component testing
 - Epitope testing
 - BAT testing
 - IgG food testing
 - IgG4 food testing

Pre-Day 1 Testing

- Screening for sensitization/allergy to foods other than the OIT food(s)
- How long before Day 1 do you permit OIT food testing
- sIgE, SPT
- Components, other serologies
- PFT
- CBC
- Vitamin D
- Aeroallergen testing

AIT Introduction

- Who introduces AIT?
- Are both OIT and SLIT discussed?
- What do you talk about?
 - Outcome – xx% of patients reach the target
 - Frequency of epinephrine use
 - Frequency of GI side effects
 - Time to maintenance
 - Duration of maintenance
 - Dosing frequency – escalation and maintenance
 - Other
- Are additional materials provided
 - Handout
 - FAQ
 - Video
- Who fields follow up questions?

Education on the AIT Process

- Who discussed the details of the OIT process?
 - Are details discussed pre-Day 1 or during the Day 1 visit?
- Dosing recommendations – timing, pre-feeding
 - Accommodating dosing to patient/family schedules
- Food preparation

AIT Adverse Events and Outcomes

- Epinephrine use
- GI side effects – ELORS
- Eczema exacerbation
- Activity limitations
- Time of dosing
- Menses
- Seasonal allergies
- Co-morbid conditions
 - Asthma
 - Allergic rhinitis
 - Eczema

Shared Decision Making

- OIT vs Avoidance
- SLIT vs Avoidance
- OIT vs SLIT
- Shared Decision Making Aids