

Escalation

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History	Skin test	Immunocap	Component	Approach
Positive diagnostic history	➤ 7 mm	Class 3-6		Avoid/slow challenge-OIT (2x -14 step)
	3-6 mm	Class 1 and 2		Avoid/slow challenge-OIT (2x -14 step)
	0-2 mm	Class 0		Avoid/rapid challenge (10x – 4 step)
	Not done	Not done		Avoid/do work up
Suggestive or Unsure	➤ 7 mm	Class 3-6		Avoid/slow challenge-OIT (2x -14 step)
	3-6 mm	Class 1 and 2		Avoid/modified challenge-OIT (3x-7 step)
	0-2 mm	Class 0		Avoid/Rapid challenge
	Not done	Not done		Avoid/do work up
Negative	➤ 7 mm	Class 3-6		OK to consume/rapid challenge
	3-6 mm	Class 1 and 2		OK to consume/rapid challenge
	0-2 mm	Class 0		OK to consume
	Not done	Not done		OK to consume
No history of exposure	➤ 7 mm	Class 3-6		Avoid/slow challenge-OIT (2x -14 step)
	3-6 mm	Class 1 and 2		Avoid/modified challenge-OIT (3x-7 step)
	0-2 mm	Class 0		Avoid/Rapid challenge (10x - 4 step)
	Not done	Not done		Avoid/do work up

Challenge protocols in mg of peanuts for expected positive challenges

- 2x protocol – 14 step
- .25, .50, 1, 2, 4, 8, 16, 32, 64, 128, 256., 500, 1000, 2000, mg
- Occasionally we use a 1.5X protocol
- Occasionally a 2 up – 1 back protocol
- Occasionally a 1.25x protocol at home by TELEMED