**FAST 2022 Annual Meeting**

**Dallas, TX : June 17– 18, 2021**

**AGENDA**

**Friday –** 1:00 pm - Registration

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| 1:30 | Welcome |  | Speakers |
| 1:40 | Patient selection | * Diagnosis - history * Co-morbidities * Age * Adherence | Jean Ly  Tom Chacko |
| 2:00 | Goals of food allergy treatment | * All foods not created equal * Cross contamination definition * Bite proofing * Free eating * Discuss early and often | Doug Mack  Jeff Factor |
| 2:20 | Psychological considerations before/during OIT | * Patient selection * Family dynamics * Psychological support * Understanding family’s goals with treatment | Mohamed Yassin  Doug Mack |
| 2:40 | Q & A | Panel |  |
| 3:10 | Break | | |
| 3:30 | Diagnostic testing | * The difference between diagnosis for avoidance and diagnosis for OIT * Component testing * BAT explained * Oral food challenges (OFC) | Dari Siri  Panida Sriaroon |
| 3:50 | Office space | * Designing an OIT office * Adjusting an office for OIT * Video examples * Food preparation space * Updosing * Observations post dose * Accommodating OFC’s | Chad Mayer  Jim Baker |
| 4:10 | Office staff | * Scheduling and coordination * Food preparation for OIT and OFC * Updosing * Anaphylaxis readiness: list of supplies | Doug Jones  Hugh Windom |
| 4:30 | FAST online | * FASTOIT website * Wiki Allergies * OITAdvisors | Neetu Talreja  Witmer Group  Doanh Nguyen |
| 4:50 | Q&A | Panel |  |
| 5:30 | Adjourn | | |
| 6:00 | Cocktails | Dinner | Sleep |

**Saturday –** 7:00 am - Breakfast

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| 7:00 | Registration |  | Speakers |
| 7:30 | Welcome |  |  |
| 7:40 | OIT foods | * Sources * Preparation * Low and high doses * Liquids, capsules, semi solid (mashed potato) | Paul Detjen  Dena Pence |
| 8:00 | Cross reactive foods | * Tree nuts * Legumes * Multi-food OIT | Doug Jones  Hugh Windom |
| 8:20 | Uncommon foods | * Fin fish * Shellfish * Spices * Seeds | Atul Shah  Ruchir Agrawal |
| 8:40 | Long term foods | * Tips and tricks for food aversion * Dietary incorporation | Chad Mayer  Dena Pence |
| 9:00 | Panel: Escalation protocols | * Day one options – OFC vs fixed schedule * Escalation dosing increments and intervals * Low and slow (Blumchen) * Prolonged low dose (Ebisawa) * Multi-food modifications | Jim Baker  Paul Detjen  Marc Shaker  Richard Wasserman |
| 9:30 | SLIT and food ladders | * SLIT protocols * Practical aspects of SLIT * Transition to OIT * Food ladders | Hugh Windom |
| 9:50 | Q&A | Panel of prior speakers |  |
| 10:20 | Break | | |
| 10:40 | Panel: Maintenance protocols | * Bite proof * Sustained unresponsiveness * Reduce dosing frequency based on challenges, sIgE changes * Other models of reduced frequency * Aimmune data * Houston data | Jennifer Fergeson  Richard Wasserman  Doug Jones  Rubina Inamdar |
| 11:10 | Home dosing flexibility | * Small incremental updosing * 2/3 in office, 1/3 up week later at home * Common food equivalency * Transition to dietary incorporation of the OIT food | Jean Ly  Tom Chacko |
| 11:30 | Reaction management | * Early vs late in escalation * Triggered vs unknown | Mohamed Yassin  Mike Manning |
| 11:50 | Preventing reactions – sickness, travel, camp, etc | * Safety rules handout * Maintaining asthma control * Teens dosing alone * Compliance | Paul Detjen  Dari Siri |
| 12:10 | Q&A | Panel of prior speakers |  |
| 12:30 | Lunch | | |
| 1:00 | Open mike | * Ask Any Question |  |
| 1:30 | Measuring what we do | * Collecting outcome data * Quality of life assessments * EAACI COFAITH study * Dietician study | Jeff Factor  Rich Wasserman |
| 1:50 | Laboratory monitoring for outcome prediction | * Pre-procedure testing * Monitoring tests * Frequency of testing * Response to test results * Role of BAT | Atul Shah  Panida Sriaroon |
| 2:10 | The economics of treatment | * Coding * Cash * Hybrid | Tina Dominquez  Marcus Shaker |
| 2:40 | Q&A | Panel of prior speakers |  |
| 3:00 | Wrap up and Dismiss |  |  |