**FAST 2022 Annual Meeting**

**Dallas, TX : June 17– 18, 2021**

**AGENDA**

**Friday –** 1:00 pm - Registration

|  |  |  |  |
| --- | --- | --- | --- |
| 1:30 | Welcome |  | Speakers  |
| 1:40 | Patient selection | * Diagnosis - history
* Co-morbidities
* Age
* Adherence
 | Jean LyTom Chacko |
| 2:00 | Goals of food allergy treatment | * All foods not created equal
* Cross contamination definition
* Bite proofing
* Free eating
* Discuss early and often
 | Doug MackJeff Factor |
| 2:20 | Psychological considerations before/during OIT | * Patient selection
* Family dynamics
* Psychological support
* Understanding family’s goals with treatment
 | Mohamed YassinDoug Mack |
| 2:40 | Q & A | Panel |  |
| 3:10 | Break |
| 3:30 | Diagnostic testing | * The difference between diagnosis for avoidance and diagnosis for OIT
* Component testing
* BAT explained
* Oral food challenges (OFC)
 | Dari SiriPanida Sriaroon |
| 3:50 | Office space  | * Designing an OIT office
* Adjusting an office for OIT
* Video examples
* Food preparation space
* Updosing
* Observations post dose
* Accommodating OFC’s
 | Chad MayerJim Baker |
| 4:10 | Office staff | * Scheduling and coordination
* Food preparation for OIT and OFC
* Updosing
* Anaphylaxis readiness: list of supplies
 | Doug JonesHugh Windom |
| 4:30 | FAST online | * FASTOIT website
* Wiki Allergies
* OITAdvisors
 | Neetu Talreja Witmer GroupDoanh Nguyen |
| 4:50 | Q&A  | Panel |  |
| 5:30 | Adjourn |
| 6:00 | Cocktails  | Dinner | Sleep |

**Saturday –** 7:00 am - Breakfast

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| 7:00 | Registration |  | Speakers |
| 7:30 | Welcome |  |  |
| 7:40 | OIT foods  | * Sources
* Preparation
* Low and high doses
* Liquids, capsules, semi solid (mashed potato)
 | Paul DetjenDena Pence |
| 8:00 | Cross reactive foods | * Tree nuts
* Legumes
* Multi-food OIT
 | Doug JonesHugh Windom  |
| 8:20 | Uncommon foods | * Fin fish
* Shellfish
* Spices
* Seeds
 | Atul ShahRuchir Agrawal |
| 8:40 | Long term foods | * Tips and tricks for food aversion
* Dietary incorporation
 | Chad MayerDena Pence |
| 9:00 | Panel: Escalation protocols | * Day one options – OFC vs fixed schedule
* Escalation dosing increments and intervals
* Low and slow (Blumchen)
* Prolonged low dose (Ebisawa)
* Multi-food modifications
 | Jim BakerPaul DetjenMarc ShakerRichard Wasserman |
| 9:30 | SLIT and food ladders | * SLIT protocols
* Practical aspects of SLIT
* Transition to OIT
* Food ladders
 | Hugh Windom  |
| 9:50 | Q&A | Panel of prior speakers |  |
| 10:20 | Break |
| 10:40 | Panel: Maintenance protocols | * Bite proof
* Sustained unresponsiveness
* Reduce dosing frequency based on challenges, sIgE changes
* Other models of reduced frequency
* Aimmune data
* Houston data
 | Jennifer FergesonRichard WassermanDoug JonesRubina Inamdar |
| 11:10 | Home dosing flexibility | * Small incremental updosing
* 2/3 in office, 1/3 up week later at home
* Common food equivalency
* Transition to dietary incorporation of the OIT food
 | Jean LyTom Chacko |
| 11:30 | Reaction management | * Early vs late in escalation
* Triggered vs unknown
 | Mohamed YassinMike Manning |
| 11:50 | Preventing reactions – sickness, travel, camp, etc | * Safety rules handout
* Maintaining asthma control
* Teens dosing alone
* Compliance
 | Paul DetjenDari Siri |
| 12:10 | Q&A | Panel of prior speakers |  |
| 12:30  | Lunch |
| 1:00 | Open mike | * Ask Any Question
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| 1:30 | Measuring what we do | * Collecting outcome data
* Quality of life assessments
* EAACI COFAITH study
* Dietician study
 | Jeff FactorRich Wasserman |
| 1:50 | Laboratory monitoring for outcome prediction | * Pre-procedure testing
* Monitoring tests
* Frequency of testing
* Response to test results
* Role of BAT
 | Atul ShahPanida Sriaroon |
| 2:10 | The economics of treatment | * Coding
* Cash
* Hybrid
 | Tina DominquezMarcus Shaker |
| 2:40 | Q&A | Panel of prior speakers |  |
| 3:00 | Wrap up and Dismiss |  |  |