

# **FAST 2021 Annual Meeting**

## **DFW Airport Hyatt Regency (near Terminal C)**

**June 18 – 19, 2021**

### **Friday, June 18 – Fundamentals of OIT**

Registration begins at 1:00 and the meeting at 1:30.

The fundamentals of OIT will be presented to help prepare the novice practitioner to return home and confidently offer food OIT in their clinic. These comprehensive sessions will provide experienced clinicians with information that will reinforce their current practices and suggest modifications that will help them improve their processes. Topics will include:

- Office preparation
- Patient selection
- Time out – OIT is not for everyone
- Protocols
- Food sources
- Office and Home activities
- Managing reactions

We'll end Friday with a cocktail hour at 6 pm and a networking dinner buffet at 7 pm.

### **Saturday, June 19 – Advances in Food OIT**

Following breakfast, included in your hotel stay, sessions will begin at 8:00 AM. Some of the topics include:

- Food sources: formulating low doses and conversions
- Infant & toddler OIT
- Multi-food OIT
- Trouble shooting panel discussions
  - o ELORS management
  - o Reactions in escalation and maintenance
  - o Maintenance regimens
  - o Expanding the scope of OIT options (eliciting dose challenges, ultra-low dose)
- Protocol standardization
- Food chemistry
- Uncommon foods
- The use of biologics
- Parent and child anxiety
- Quality of life: before, during, and after OIT
- Sustained unresponsiveness
- Future of OIT (inviting representatives from AAAAI, ACAAI, and FARE)

We'll finish up by 3 pm Saturday, so you can get from the airport hotel to your late afternoon/evening flight home.